



CAYM Education Trusts

Siddhant College of Pharmacy

A/P Sudumbare, Talegaon –Chakan Road, Tal: Maval, Dist: Pune -412109

Phone: 02114-661947, Email: siddhantcollegeofpharmacy@yahoo.in, Website: www.siddhantcop.in

5.1.3. Capacity building and skills enhancement initiatives taken by the institution include the following.



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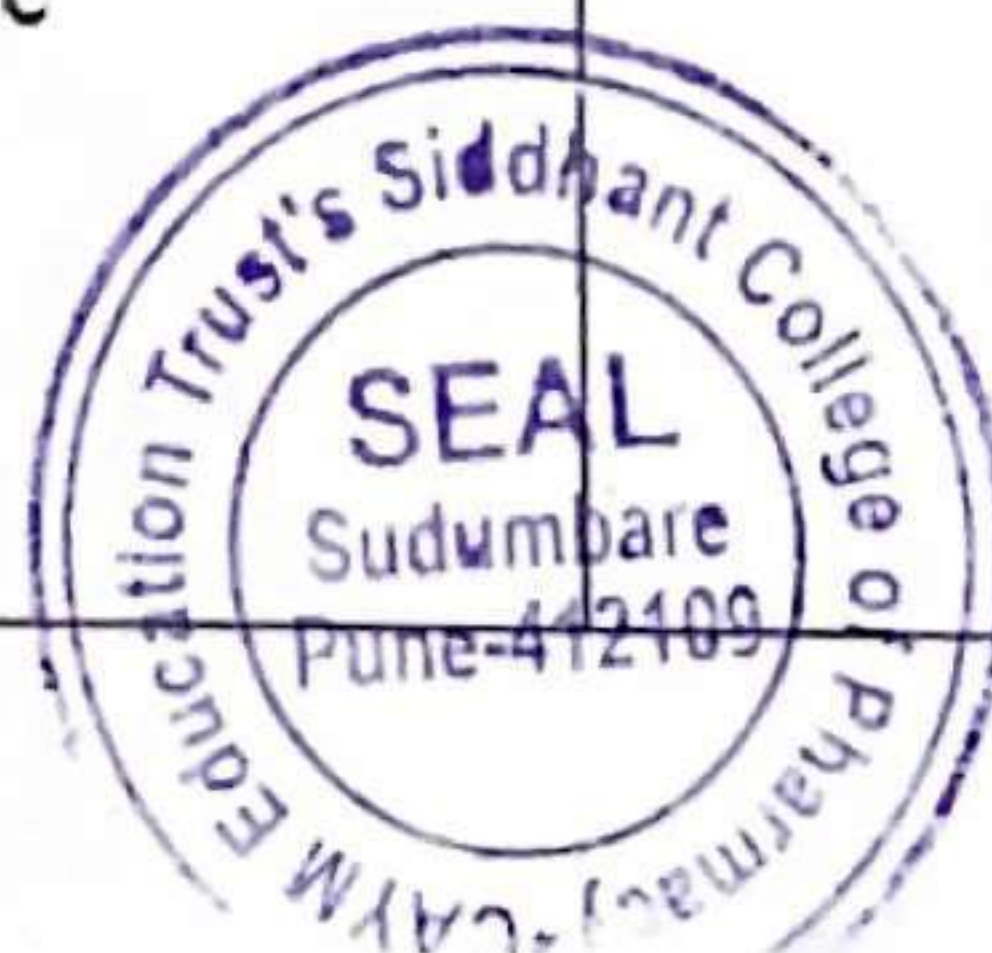
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**Capacity Building and Skills enhancement Initiatives taken by the
Intuitions include the following.**

SR NO.	Capacity Building skills.	Name of the capacity enhancement program	Date of Implementation	Number of Students Enrolled
1)	Soft Skill	1. TIS Course in management and soft Skill Development	10 th Jan- 10 th may 2022	64
2)	Language and communication skill.	1. Language Lab Software used for communication.	3 rd Jan – 4 th March 2022	102
3)	Life Skill (Yoga, Physical Fitness, Health and hygiene)	1. Employability skills under "Connect with Work".	2 nd -4 th march 2022	111
		2. Yog Sadhana and Health	10/01/2022	67
		3. Sun Salutation	14/01/2022	50
		4. Webinar on Managing Mental Health of Employees	08/03/2022	37
		5. Swachhata Pandharwada	1 st – 15 th August 2021	100
		6. Seminar on Awareness Programme on Women Health and Hygiene	19/04/2022	75
4)	ICT/ Computing Skill	1. Enterprise Resource Planning (Vmedulife) 2. You tube 3. Assignments via Vmedulife 4. Zoom Links 5. Google Classroom 6. Spell quiz 7. Google Forms 8. EX- Pharmacology software 9. Mentimeter 10. Facebook 11. Online Courses 12. Quizzizz 13. Wordpress 14. Plagiarism checker software 15. Screencast- O- Matic 16. Youtube Channel 17. Animoto, Canava 18. Free Cam	July 2021- August 2022	262





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1. SOFT SKILL

TISS Course in Management & Soft Skills Development

DATE: 10th January 2022 to 10th May 2022

VENUE: Siddhant College of Pharmacy, Pune.

NUMBER OF STUDENT PRESENT: 64

OBJECTIVE:

1. Challenge to demonstrate models that focus on skilling people with varying educational qualifications
2. Increasing the Employability of University students by imparting knowledge and skills, through cutting edge teaching and learning methods

SUMMARY:

Siddhant College of Pharmacy, Pune organized a Orientation session on 'TISS Course in Management & Soft Skills Development' from 10th January 2022 at 11.00am for the Final year B.Pharm Students. The college collaborated with Tata Institute of Social Science for conducting Skill Development Courses for the students of Final Year Degree Students. Tata Institute of Social Sciences (TISS) has embarked on an innovative skill development programme for University students.



❖ **CERTIFICATE IN MANAGEMENT & SOFT SKILLS:**

All students enrolled for NUSSD will gain competency in following areas -
(Compulsory Foundation Courses for professional competencies):

SN	Name of the Course	Theory Hrs	Practical	Total Hrs
1	Youth Leadership & People Skills (Effective Communication, Time Management & Stress Management, SWOT Analysis & Mind Mapping)	36	14	50
2	Financial Literacy	35	-	35
3	Digital Literacy	34		34
4	English Communication	43	-	43
5	Legal Literacy	12		12
6	Working with Communities	12	14	26
	Total	172	28	200

❖ **Schedule of Course -**

Sr.NO	SESSION NAME	TRAINER NAME	COMPLETION STATUS
1	Youth Leadership & People Skills (Effective Communication, Time Management & Stress Management, SWOT Analysis & Mind Mapping)	Mrs. Spina Pal 36	Complete
2	Financial Literacy	Mr. Abhishek Mishra 35	Complete
3	Digital Literacy	Dr. Richa Handa 34	Complete
4	English Communication	Mr. Lalit Sharma 43	Complete
5	Legal Literacy	Mrs. Suchismita Bhargava 12	Complete
6	Working with Communities	Mrs. Spina Pal 12	Complete



The list of the 64 students of the college got certification under these courses.

Sr.No	Students Name	Sr.No	Students Name
1	Adling Madhura Shankar	33	Kharat Pranali Nilesh
2	Agarkar Rajashri Suresh	34	Kumbhar Nishigandha Shivaji
3	Ansari Shabnam Ashraf	35	Mahajan Shubhangi Shantaram
4	Badhale Amruta Kundan	36	Moikar Vaishnavi Arjun
5	Bele Sunita Suresh	37	Mule Snehal Ravan
6	Bhapkar Rohit Trimbak	38	Nagalapur Pooja Prabhu
7	Bhakta Yadnesh Pradip	39	Nagtilak Swapnali Ganpat
8	Bhor Sayali Adinath	40	Naik Apurva Anil
9	Botre Shubham Vijay	41	Narwane Ravi Maheshwar
10	Botre Sourav Kaluram	42	Pangare Rutuja Sanjay
11	Botre Suraj Anil	43	Patil Rujula Dinesh
12	Choudhare Santoh Sanjay	44	Patole Karishma Santosh
13	Chavhan Vaibhav Vitthal	45	Patted Pradnya Girish
14	Chikkale Shoaib Isub	46	Pawar Dnyaneshwar Anil
15	Desai Akshay Ashok	47	Rakshe Sampada Kundalik
16	Dherange Dhananjay Machhindra	48	Shaiwale Akshata Abhijit
17	Dherange Vitthal Popat	49	Sonawne Prajcta Dadasaheb
18	Dhumal Rushali Chandrakant	50	Tamboli Abdulkarim Rafik
19	Dhuppe Shivani Dattatray	51	Wajage Neha Jitendra
20	Dongare Nishani Bharai	52	Yeiwande Monit Jitendra
21	Gaikwad Shubham Rajendra	53	Chaturvedi Divya P
22	Garade Rutuja Arun	54	Dhotre Suraj Shivaji
23	Gore Apurva Vishwas	55	Gade Omkar Gajanan
24	Gorhe Adinath Shubhash	56	Pandey Dhiraj Anil
25	Harde Manoj Bhaskar	57	Patel Abdul Faizan Mohd R
26	Jadhav Chetan Subhash	58	Prajapati Yogita D
27	Kaduskar Pratik Vishwas	59	Shinde Pushkraj Rajendra
28	Karale Pooja Tanaji	60	Wakchoure Roshan B
29	Kashid Rutvij Rajendra	61	Abhishek Swami
30	Katekar Omkar Laxmikant	62	Kadam Suraj
31	Katore Aditi Ashok	63	Kumbhar Adarsh
32	Katore Pradnya Rajaram	64	Patel Jayesh





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SIDDHANT COLLEGE OF PHARMACY

A/P Sudumbare, Talegaon - Chakan Road,
Tal - Maval Dist - Pune 412109

NAAC ACCREDITED, APPROVED BY AICTE, PCI AND AFFILIATED BY SPPU



**ADD ON CERTIFICATE COURSE IN
"MANAGEMENT AND SOFT SKILLS
DEVELOPMENT"**

(Duration of course 200 Hrs)

Course Content

- English communication
- Financial Literacy
- Digital Literacy
- Legal Literacy
- Working with communities.
- Youth Leadership & people skills

Start from 10 Jan 2022

Registration fees 500/-only



K. Srinu
Senior Programme
& Placement officer

CO-ORDINATOR

Ms. Pooja Jadhav
(TPC Co-ordinator)

CO-ORDINATOR

Ms. Trupti Kajale
(TPC Co-ordinator)

Moderator

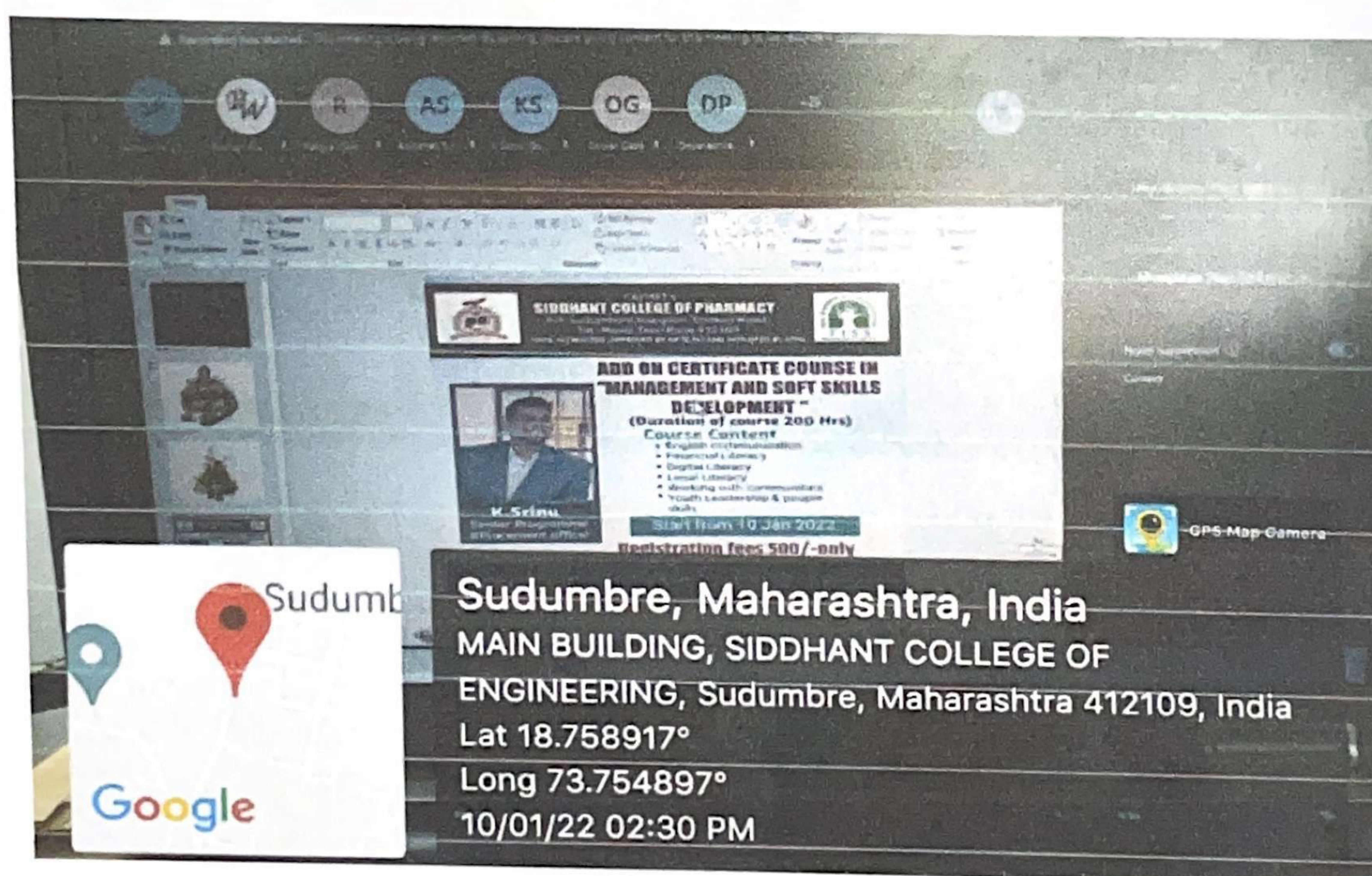
Dr. Swati Deshmukh
(HOD-UG)

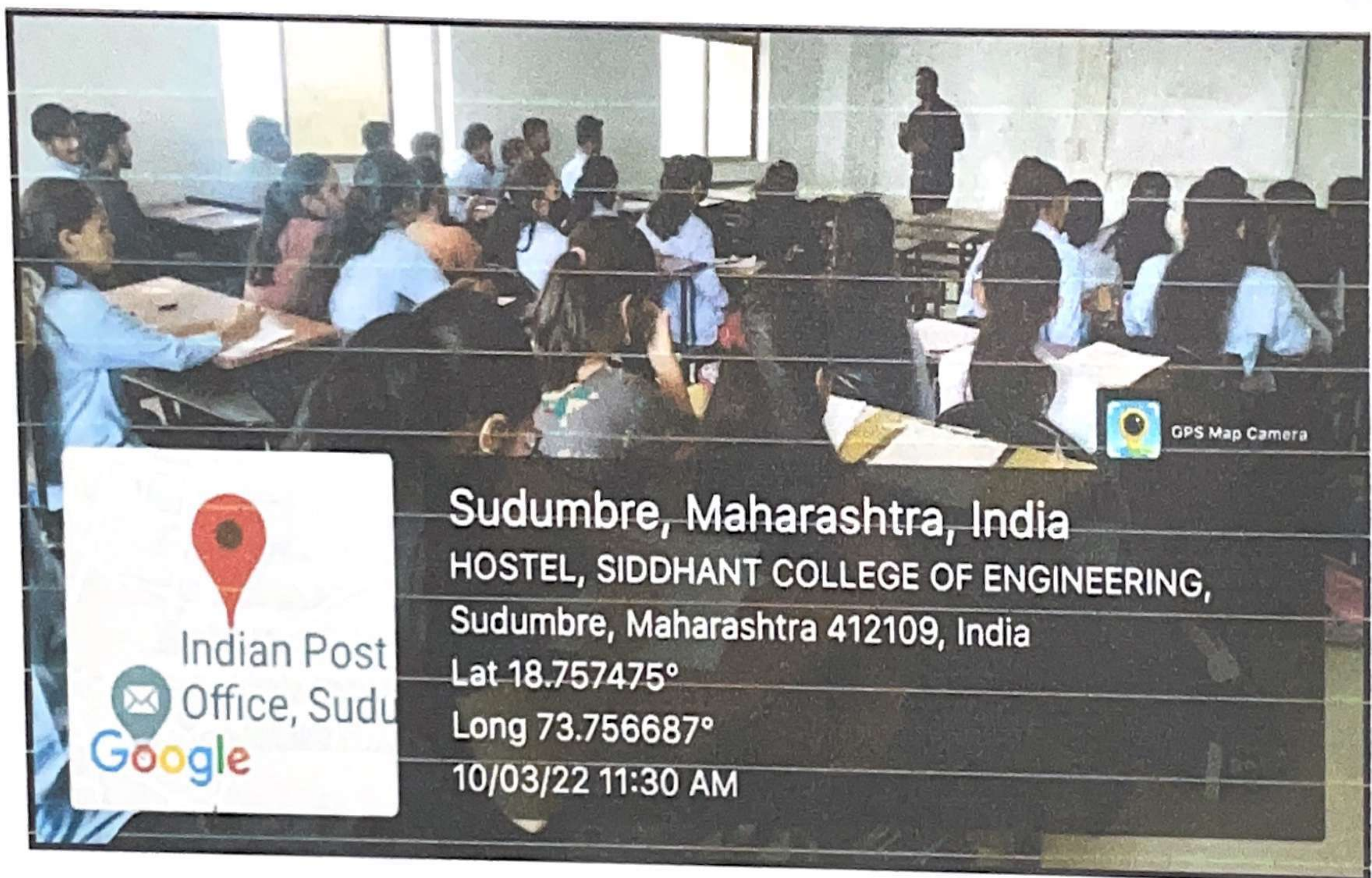
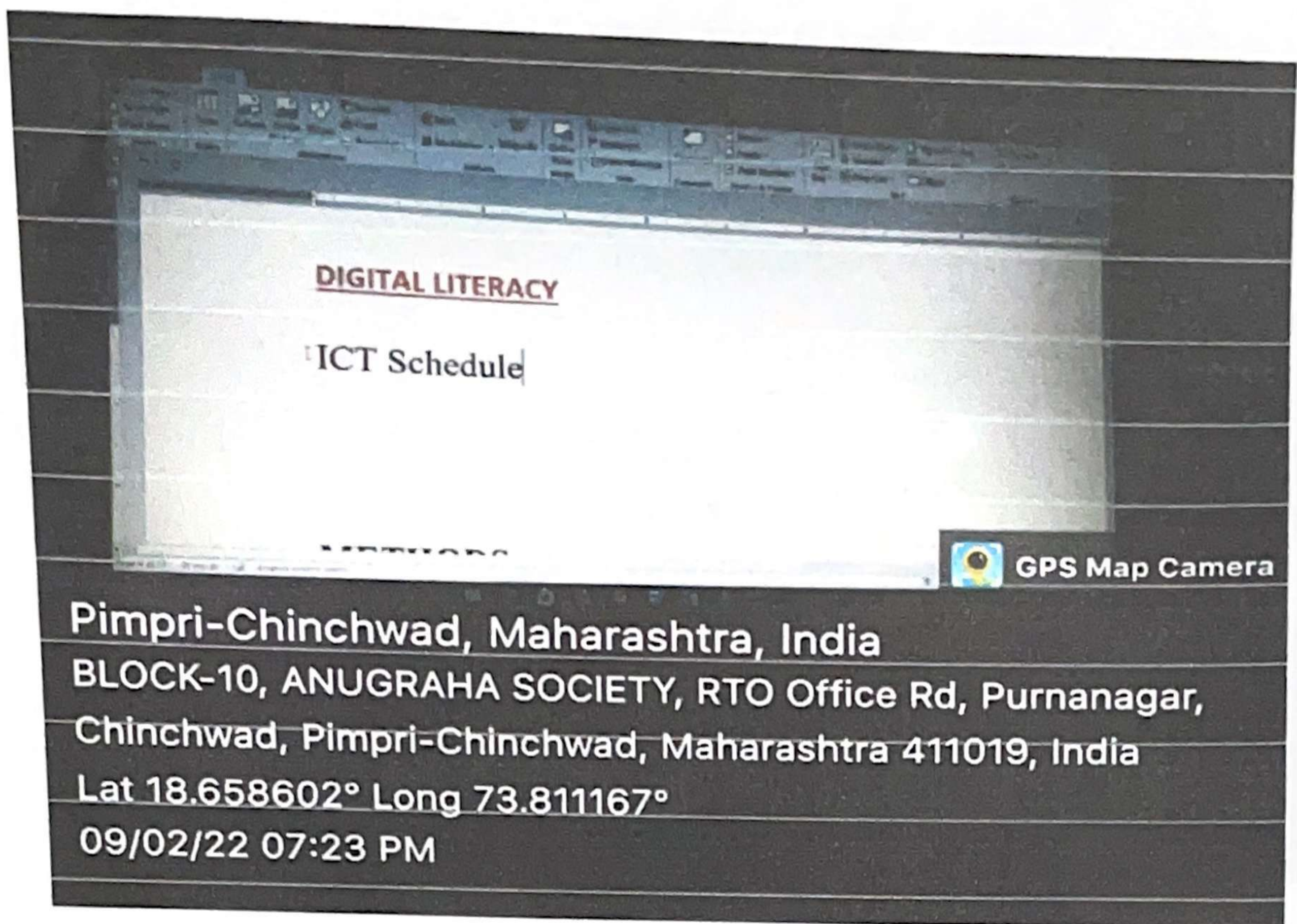
Convener

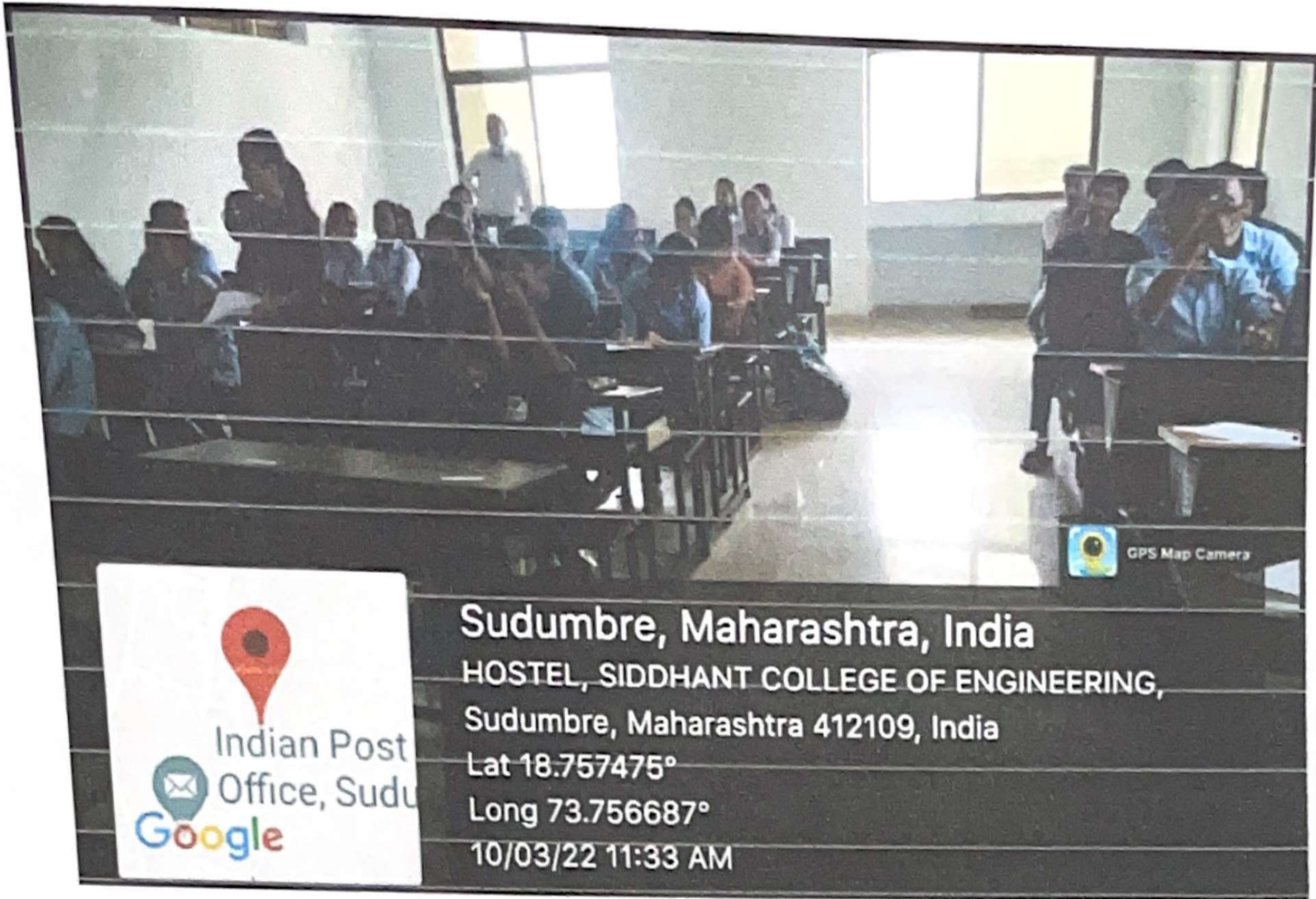
Dr. Rahul Dumbre
(Principal)

Flyer of Event

Photos of Events









Assessments Link

1. https://docs.google.com/forms/d/e/1FAIpQLSd3Aj-6XDHRZB5pnEs3tzC6LFkfYpRtgHHYtm0Pz59I_tW5xw/viewform?usp=sf_link
2. https://docs.google.com/forms/d/e/1FAIpQLSfCnOEirWIW5gONhLtTHoFVR9-Wq4vcGl9fY8OkD4-ot_lr-g/viewform?usp=sf_link
3. https://docs.google.com/forms/d/e/1FAIpQLScWRJjWi8o1VOifTVw1NsvIIHCzQipph8Pdhhsp76wqXVXedg/viewform?usp=sf_link
4. https://docs.google.com/forms/d/e/1FAIpQLSfZaWnhSEUgK9gOsl_2azY0tZK3UZqFBafOyb5tljuQN2w4kA/viewform?usp=sf_link
5. https://docs.google.com/forms/d/e/1FAIpQLSdnuhvZk3_u_jaeZmFkJunptqfFrRw-8hnfAzec3HDz9GbWg/viewform?usp=sf_link
6. https://docs.google.com/forms/d/e/1FAIpQLSeGVEXHJBcLU5iz_tfijUwzYaOijfRwZcJVjKaKi9FwnWzpDg/viewform?usp=sf_link


Member: Mrs. Trupti Kajale


Coordinator: Ms. Pooja N. Jadhav





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2. Language and Communication

Language lab software used for communication

DATE: From 3 Jan – 4 March 2022

VENUE: Language lab SCOP

GUIDED BY: Ms .Sunita Shewalkar

NUMBER OF STUDENT PRESENT: 102

OBJECTIVES:

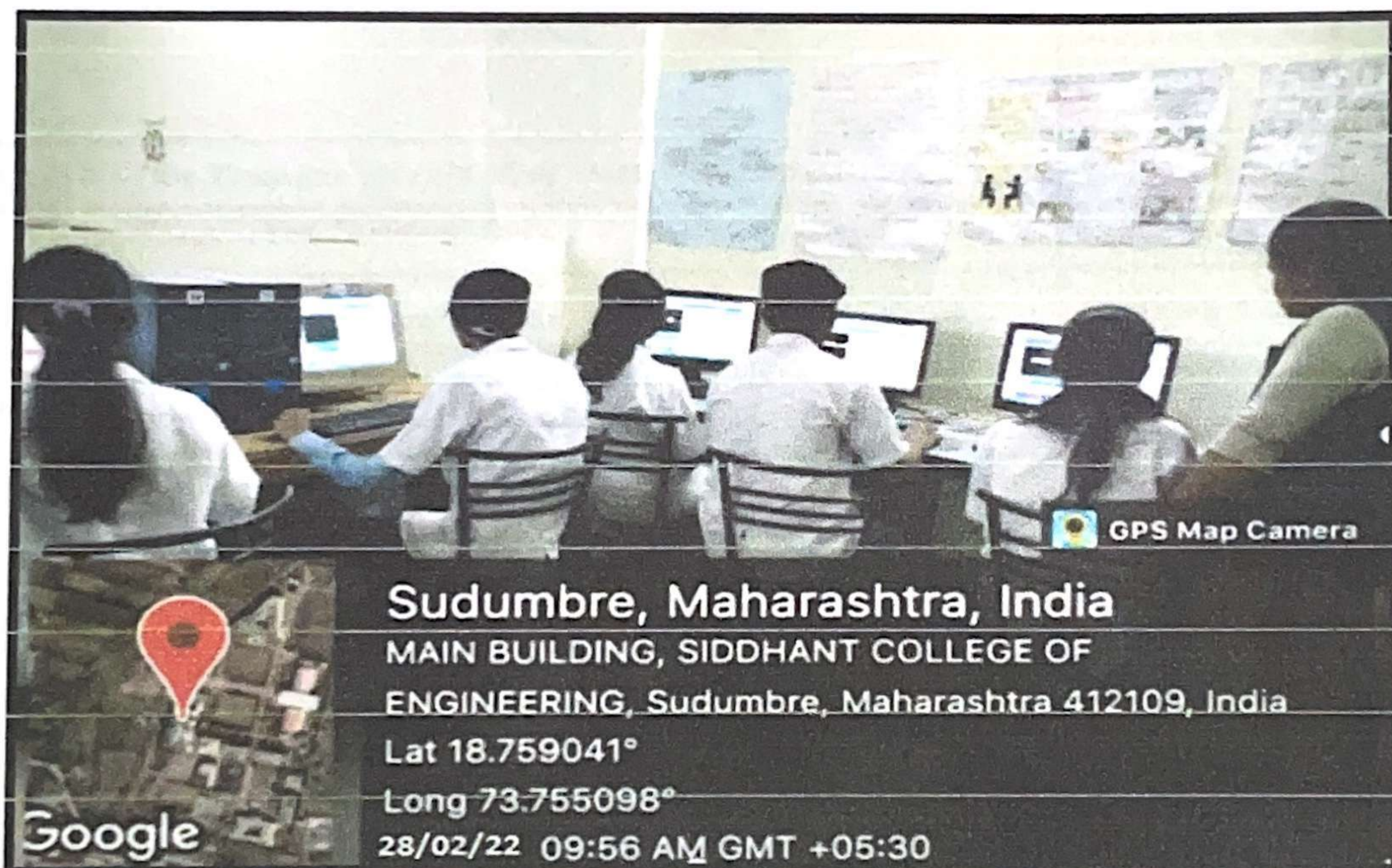
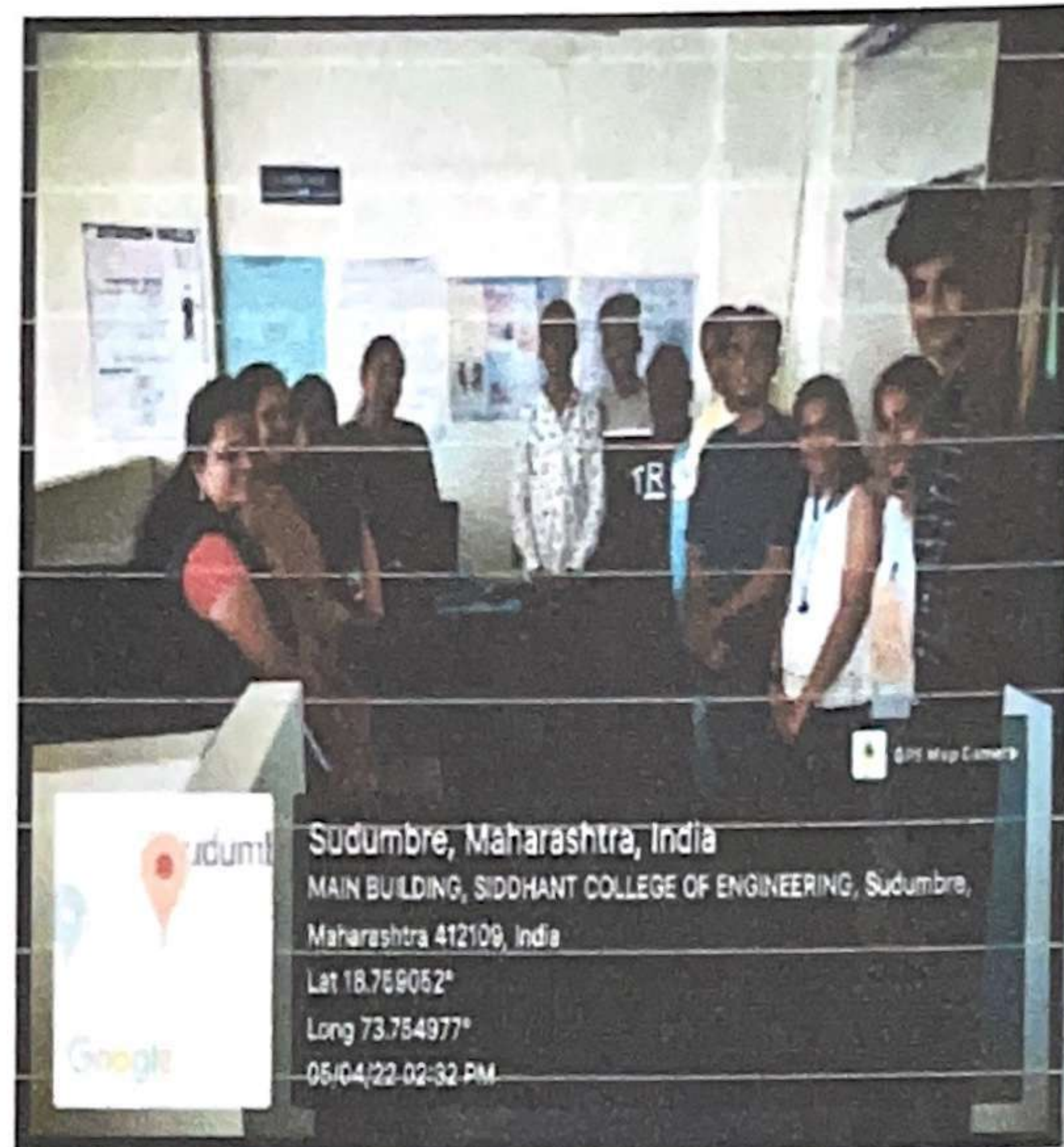
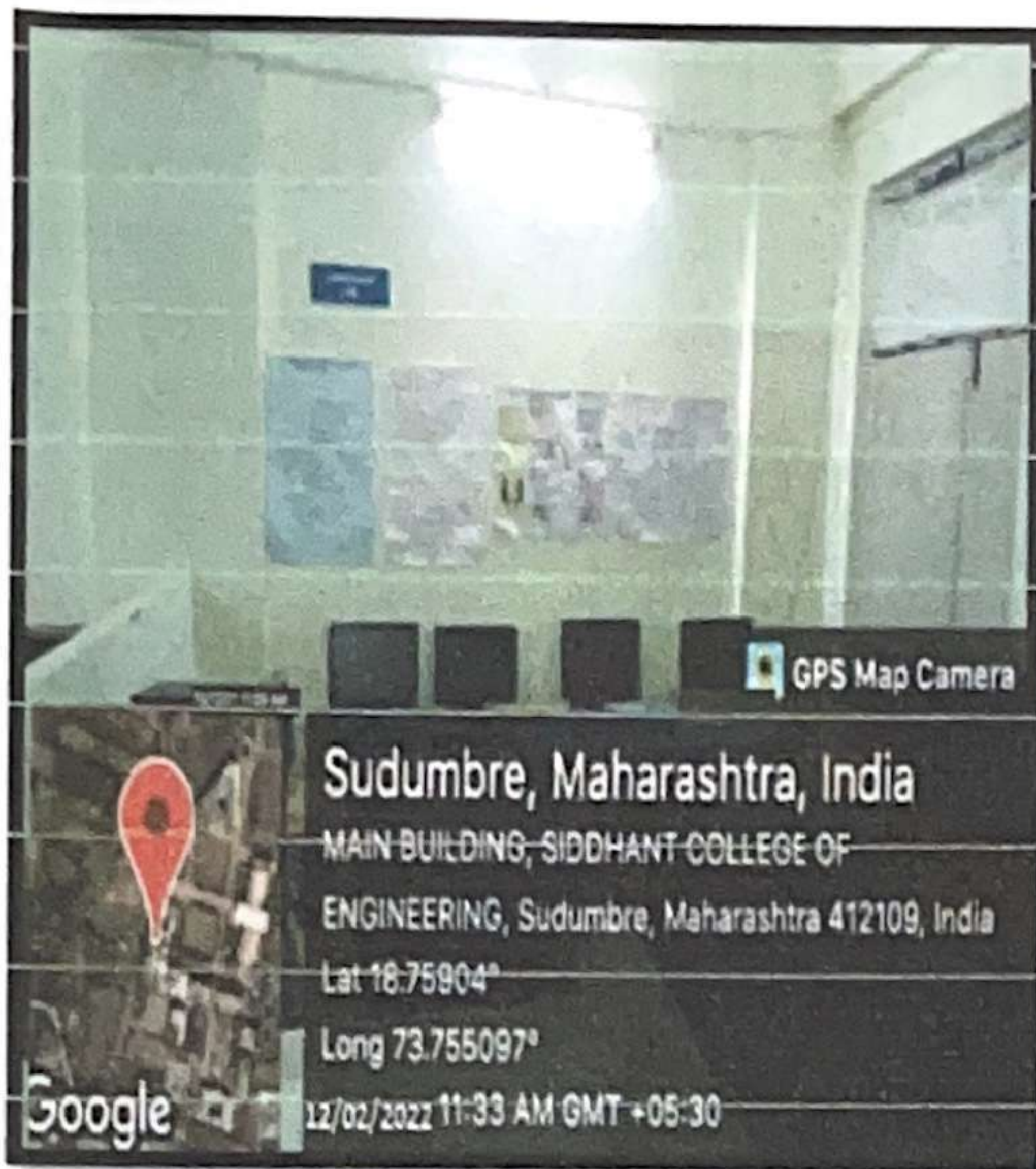
- To equip the students with good communication skill
- To prepare the students for interviews and future job environments.
- Language lab help to improve pronunciation of student.


SUMMARY:

Biyani Technology is the language software used for delivering lectures and practicals of Communication Skill as instructed by PCI . All first year and direct second year students utilized Language lab software for communication subject in academic year 2021-22.

The college has a well –functional language lab that facilitates student to practice via computer based exercise and activities . In academic year 2021-2022 due to pandemic situation, lectures were conducted by online mode. It provides all the features required by teacher for Language teaching-learning process using various activities such as pronunciation practices, video presentation, audio broadcasting, quiz, grammatical exercises and assignments. All first year and direct second year students utilized Language lab software for communication subject in academic year 2021-22.






Subject Teacher
Mrs. Sunita Shewalkar



Billed To,
The Principal,
CAYM Education trust's Siddhant school of
Pharmacy (Women)
Address:- Pune, Dist- Pune.
State: - Maharashtra
GSTIN Number:-

Invoice No.	8756
Invoice Date	10 th Mar 2021
Purchase Order No.	-
Purchase Order Date	

Sr. No	Description of Item	HSN Code	Qty.	Rate	Total (Rs)
1	DLL AMC Charges for The Period (01 st Jan 2021 To 31 st Dec 2021)	98156000	1	8,475/-	8,475.00

COMPANY GSTIN NO.:- 27AAHCB9700C1ZX

Sub Total	8,475.00
E & O E	
CGST @ 9%	762.75
SGST @ 9%	762.75
IGST @ 18%	0.00
Round Off	0.50
Grand Total	10,000.00

Total Amount of GST: - One Thousand Five Hundred Twenty Five Only.

Grand Invoice Total In Words: - Ten Thousand Only.

Certified that the Particulars given above are true and correct

Electronic Reference Number

YOUR TERM & CONDITION OF SALE

1. Warranty: For 1 Year from the date of implementation of software against manufacturing defects only. Warranty does not include any Hardware service, maintaining LAN, physical damage, data loss or its recovery. It is the responsibility of customer to take and maintain regular backup of the data.
2. All the payment to be made by A/C payee Cheque / DD in favor on Kolhapur Br only.
3. Any late payment will have an interest @ 24% per annum on the total amount.
4. Kindly confirm the material and software at the time of delivery. If any problem intimate us at the time of delivery.
5. Once delivered and installed, Order in any case will not be cancelled and amount will not be refunded thereafter. If entire payment not received within 15 days from invoice date, services thereafter will not be provided. The amount paid till then will be forfeited and will not at all be refunded neither the order can be cancelled.
6. All disputes are subjected to Kolhapur jurisdiction.

Bank Name:- Federal Bank

Branch:- Jaysingpur

A/c No. 14910200013161

A/c Name:- Biyani Technologies Pvt. Ltd.

IFSC Code:- FDRL0001491



For BIYANI TECHNOLOGIES PVT. LTD.

Receiver's Signature

Authorized Signatory

Regd. Office: D1, 2nd Floor, Royal Prestige Building, Sykes Extension, Lohia Marg, Kolhapur, Maharashtra - 416001.

Contact No: 9922112873, 0231-2526373.



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3. Life Skill (Yoga, Physical Fitness, Health and hygiene)

“Employability Skills” under “Connect with Work”

DATE: From 2 – 4 March 2021

VENUE: Online Mode (Microsoft Teams)

NUMBER OF STUDENT PRESENT: 111

OBJECTIVE:

1. will benefits as they transition through from college to job or further education.
2. Develop skills in asking questions that give you information you need
3. Develop skill in listening actively and empathetically to other

SUMMARY:

Siddhant College of Pharmacy in association with RUBICON Consultants has organized the workshop to update students related to “Employability Skills” under “Connect with Work” The Workshop was organized into three days. During this Workshop, Various Parameters discussed regarding Communication Skills, How to make CV, Interview Skills, Self awareness, Grooming, Body language, Confidence, Team work, etc. This workshop was followed by a question-answer session which was organized in interactive and open discussion manner. It was nice learning experience for students and they thoroughly enjoyed the session. The workshop was appreciated by students.

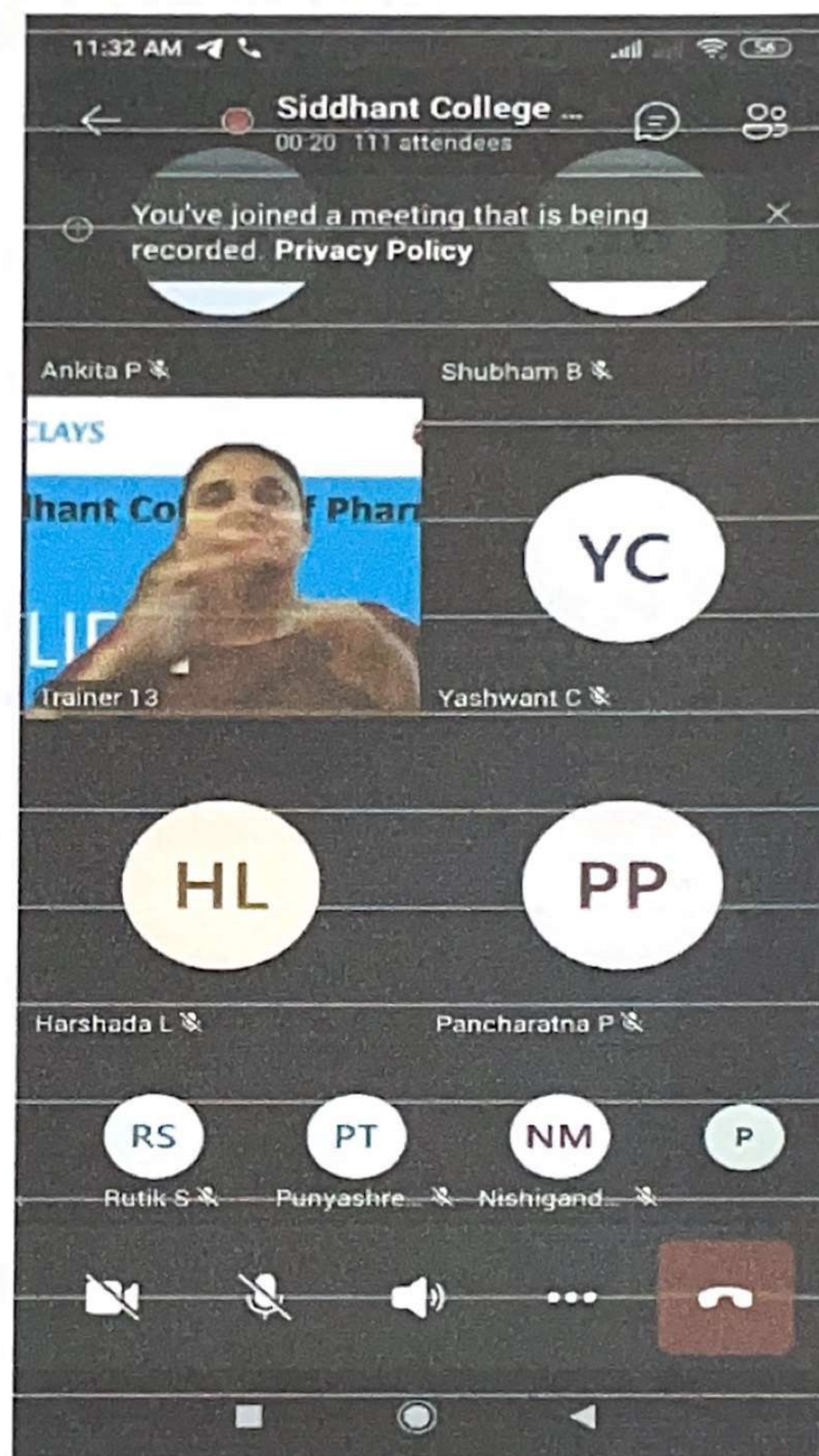
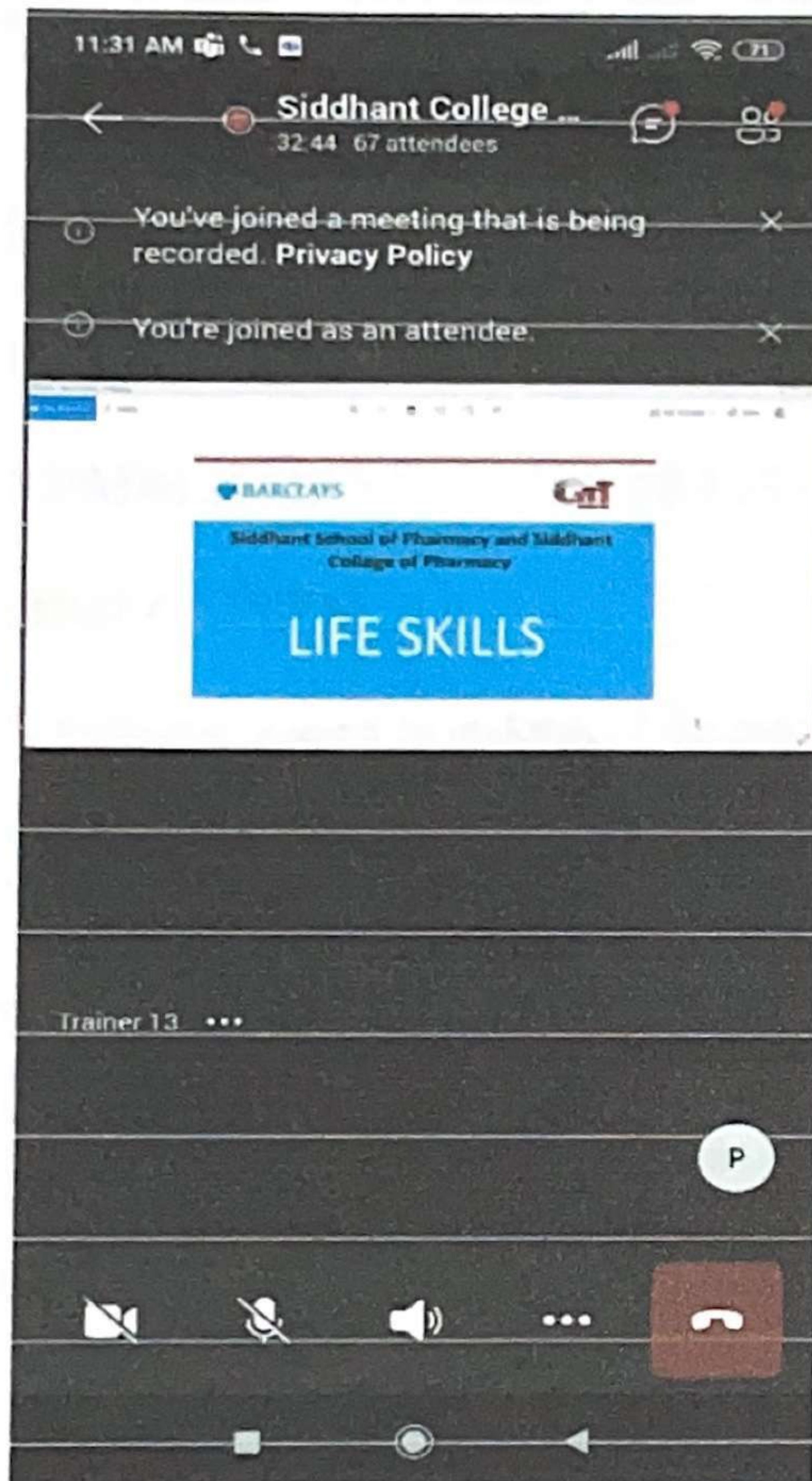
Overall, the session was highly informative and educative to the aspiring and ever-enthusiastic students. All together 111 students attended the Webinar.



LINK:

https://teams.microsoft.com/l/meetup-join/19%3ameeting_MzQ3MDZiM2QtYmQ3ZC00Mzg4LTlmYjAtNDJiY2U2NzkwMDM2%40thread.v2/0?context=%7b%22Tid%22%3a%221e6930fc-bd66-47b0-a264-54160263b94e%22%2c%22Oid%22%3a%22cc5cd39e-3854-4118-8638-b96181ede702%22%7d

PHOTOS



TPC Co-ordinator

Ms. Pooja Jadhav

Pooja Jadhav





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YOG SADHANA AND HEALTH

DATE: 10/01/2022

VENUE: Online mode (Google Meet OR Zoom)

NUMBER OF STUDENT PRESENT: 67

OBJECTIVES:

1. To enable student to understand the history of yoga and its current status in modern society
2. To acquaint student with the practical knowledge of preparatory poses, asana, breathing exercises and introduction to Pranayama
3. To introduce students to diet concepts in yoga 4. To introduce students to ashtanga yoga of Patanjali muni.
4. It contribute towards creating awareness among everyone about this old Indian tradition that helps in transforming body and mind and promoting well being of the society.

SUMMARY:

The “YOG SADHANA AND HEALTH” was organized for Second Year B. Pharm students on 10/01/2022 by Training and Placement Co-ordinator, Ms. Pooja Jadhav and TPC member Mrs. Trupti Kajale.

A 30 hours Value added Yoga course on “Yog Sadhana and Health” was conducted at Siddhant College of Pharmacy on 10/01/2022. The course was organized by TPC Department. Over 40-50 participants are daily attended the Webinar through online mode through Google Meet or Zoom. Mrs. Anuradha Kardile.

One of the main goals of a good yoga class is to create a well-rounded journey for students mam that starts with warming up the body and gradually moves towards more challenging poses. Mam teaches how to sequence poses in a way that benefits the students.





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"YOGA SADHANA AND HEALTH"

6 WEEKS VALUE ADDED SHORT TERM YOGA COURSE
Starts from 10th January

Unit 1

- 1.1 Brief introduction to origin and history of yoga.
- 1.2 Development of yoga and its current status in modern life.
- 1.3 Introduction to Ashtanga Yoga of Patanjali Muni.

Unit 2

- 2.1 Difference between yoga asana and exercise.
- 2.2 Concept and principles of Sukshma Vyayama, Surya namaskar and their significance in Yoga sadhana.
- 2.3 Concept and principles of Asanas and their significance in Yog Sadhana.

Unit 3

- 3.1 Introduction to Shuddhi Kriya (Shat Karma).
- 3.2 Introduction to Kapalabhati and its initial stage practice.

Unit 4

- 4.1 Introduction to breathing practices like Dirgh Shwasan (Deep breathing), Jalad Shwasan (Fast breathing).
- 4.2 Introduction to Concepts of Purak, Rechak, Kumbhak.
- 4.3 Introduction to Kumbhak rahit Pranayam as Nadi shodhan Pranayam (anulom Vilom), Ujjayi Pranayama, Sheetalee Pranayama, Sitkali Pranayama, Bhramari Pranayama.

Unit 5

- 5.1 Introduction to the concept of Pranay sadhana.
- 5.2 Introduction to the diet concepts in yoga.
- 5.3 Introduction Yogic Therapy.

VISION

Siddhant College of Pharmacy will lead the way toward effective global health care by developing innovative teaching practices, advancing research, practice and merging true entrepreneurial spirit with care and compassion.

MISSION

- Siddhant College of Pharmacy fosters a learning-centered, research-oriented educational environment that encourages individuals to make positive lifelong contributions to global health.
- We prepare professional students to provide compassionate pharmacist to society.
- We inspire our students through innovative problem-based learning, rich experiential program, and inter-professional collaboration.
- We foster a community of scholars who will further the body of knowledge in pharmaceutical, biomedical, and clinical sciences.
- We strive to improve quality of life locally, nationally, and globally.



"YOGA IS ART AND SCIENCE OF LIVING"

- Improves brain function
- Lower stress levels
- Alters gene expression Increases flexibility
- Lowers blood pressure
- Improves lung capacity
- Relieves anxiety
- Relieves chronic back pain
- Lowers blood sugar in diabetics
- Improves sense of balance
- Stronger bones
- Healthy weight
- Lowers risk of heart diseases

TARGET PARTICIPANTS

All students of Siddhant College of Pharmacy
Bachelors in Pharmacy
Postgraduate in Pharmacy

COURSE EVALUATION

Continuous assessment
End semester examination

CERTIFICATE

Certificate will be awarded to students who complete the course with "A" Grade

INSTRUCTIONS FOR STUDENTS

1. All students must attend the course regularly.
2. All students must follow the instructions of the faculty.

Mrs. Anuradha C. Kardile

EXPERIENCE

1. Yoga Coach since 2010
2. Yoga Wellness Instructor (certified by Ayush Mantralaya)
3. Yog Shikshak (Yog Vidya Dham Nashik)
4. Yoga and Naturopathy Diploma (YCMOU)
5. M.Sc. (Biochemistry)
6. B.Ed. Adv Dip (Bioinformatics)
7. Diploma in Dietetics



ABOUT YOGA

Yoga education helps in self discipline and self control, leading to immense amount of inner peace, concentration and inner strength. Yoga education can enhance all the activities of the students, be it academic or sport or social. Yoga techniques provide improved attention in studies, better stamina and coordination for sports and a heightened awareness and balanced attitude for social activity.

AIM OF YOGA COURSE

1. To enable student to understand the history of yoga and its current status in modern society.
2. To acquaint student with the practical knowledge of preparatory poses, asana, breathing exercises and introduction to Pranayama.
3. To introduce students to diet concepts in yoga.
4. To introduce students to ashtanga yoga of Patanjali muni.

PATRON



Dr. Shri. Rajendra Singh Vaidya



Dr. Smt. Rekha Rajendra Vaidya



Dr. Rahul Dumbre



Dr. Shree Dhanraj

COORDINATORS



Mrs. Trupti Kajale



Mrs. Pooja Jadhav

MEMBERS



Mr. Roshan Wankhede



Mr. Dinkar Gade

FLYER:



Siddhant College Of Pharmacy
In Collaboration with
Shree Yog Studio

Course Completion Certificate

This is to certify that **GOPIWAD PRACHIT RAJAREDDY**
has successfully completed six weeks beginners
"YOGA SADHANA AND HEALTH" course with "A" Grade




Ms. Trupti Kajale
Coordinator


Ms. Pooja Jadhav
Coordinator


Dr. Swati Deshmukh
HOD-UG


Dr. Rahul Dumbre
Principal


Ms. Anuradha Kardile
Founder, Shree Yog Studio

YOGA SADHANA AND HEALTH COURSE STUDENT CERTIFICATE



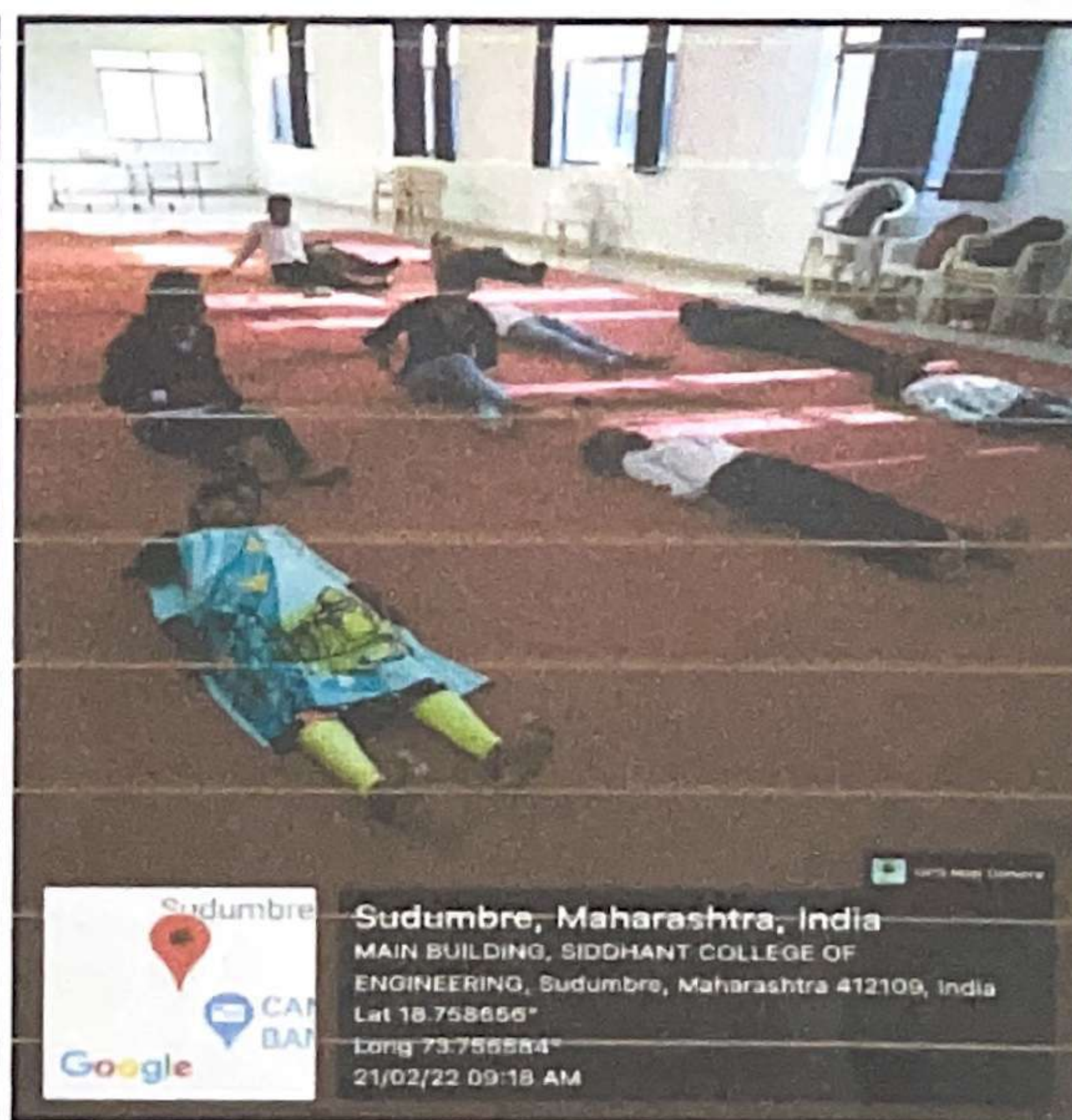
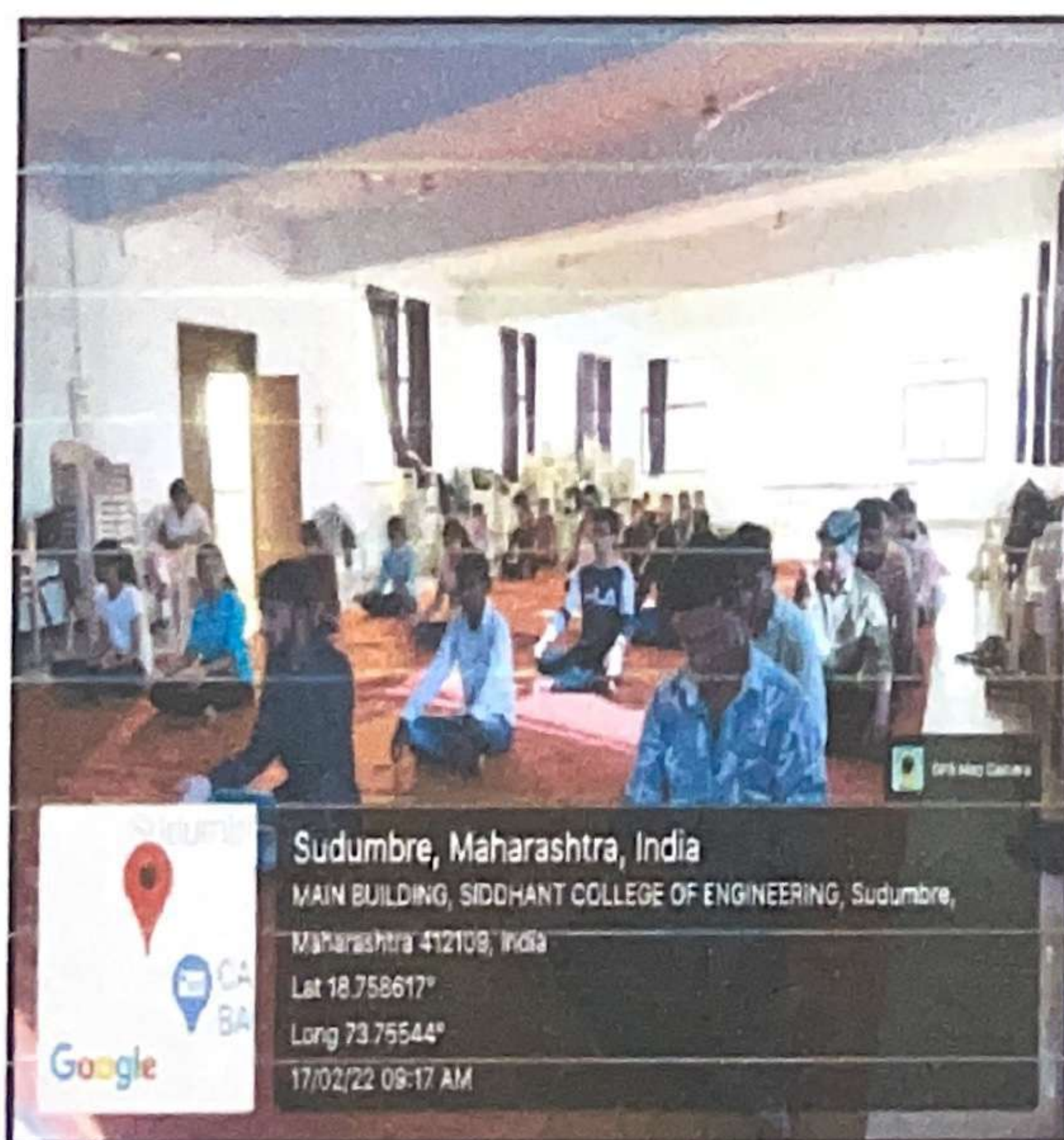
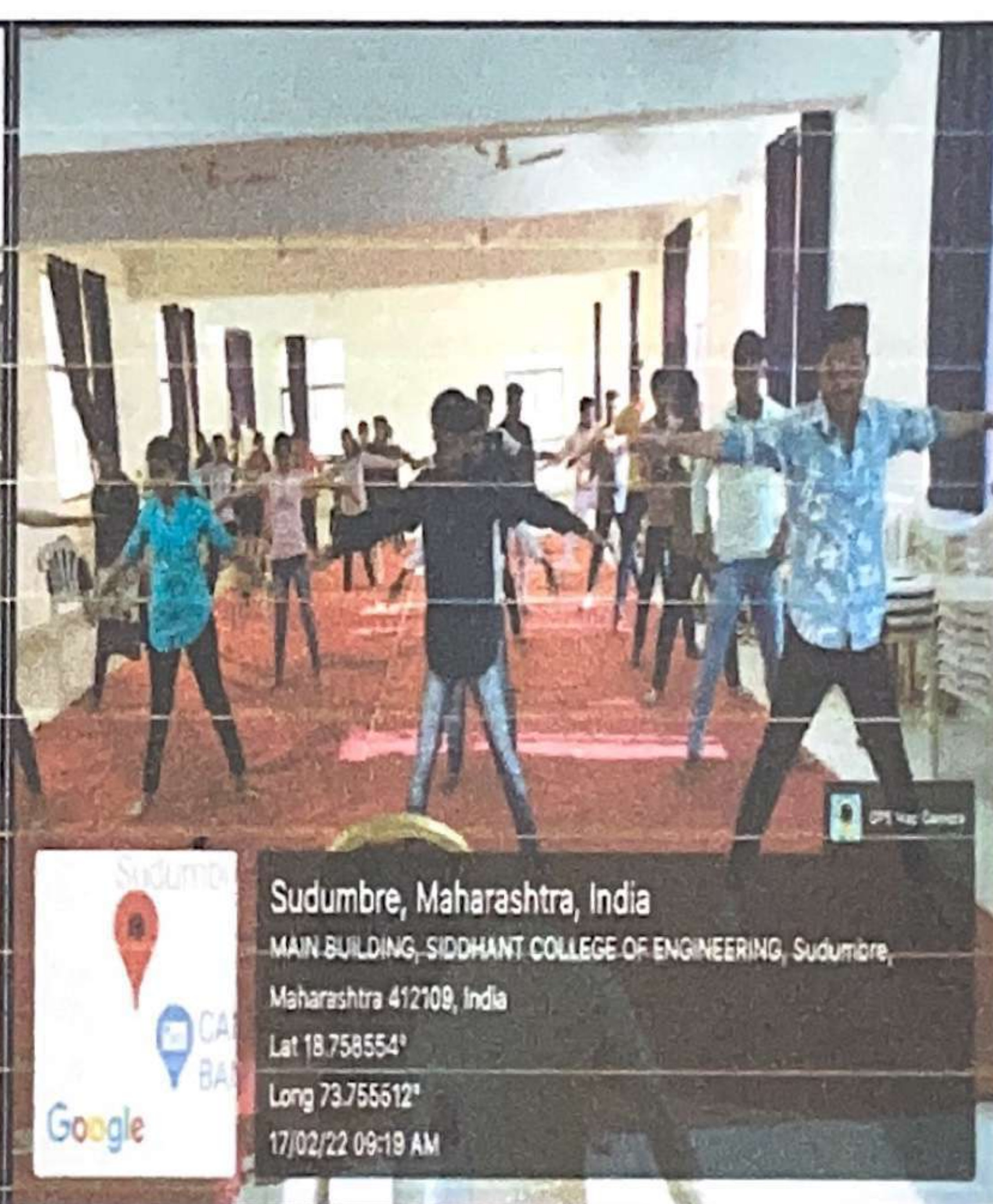
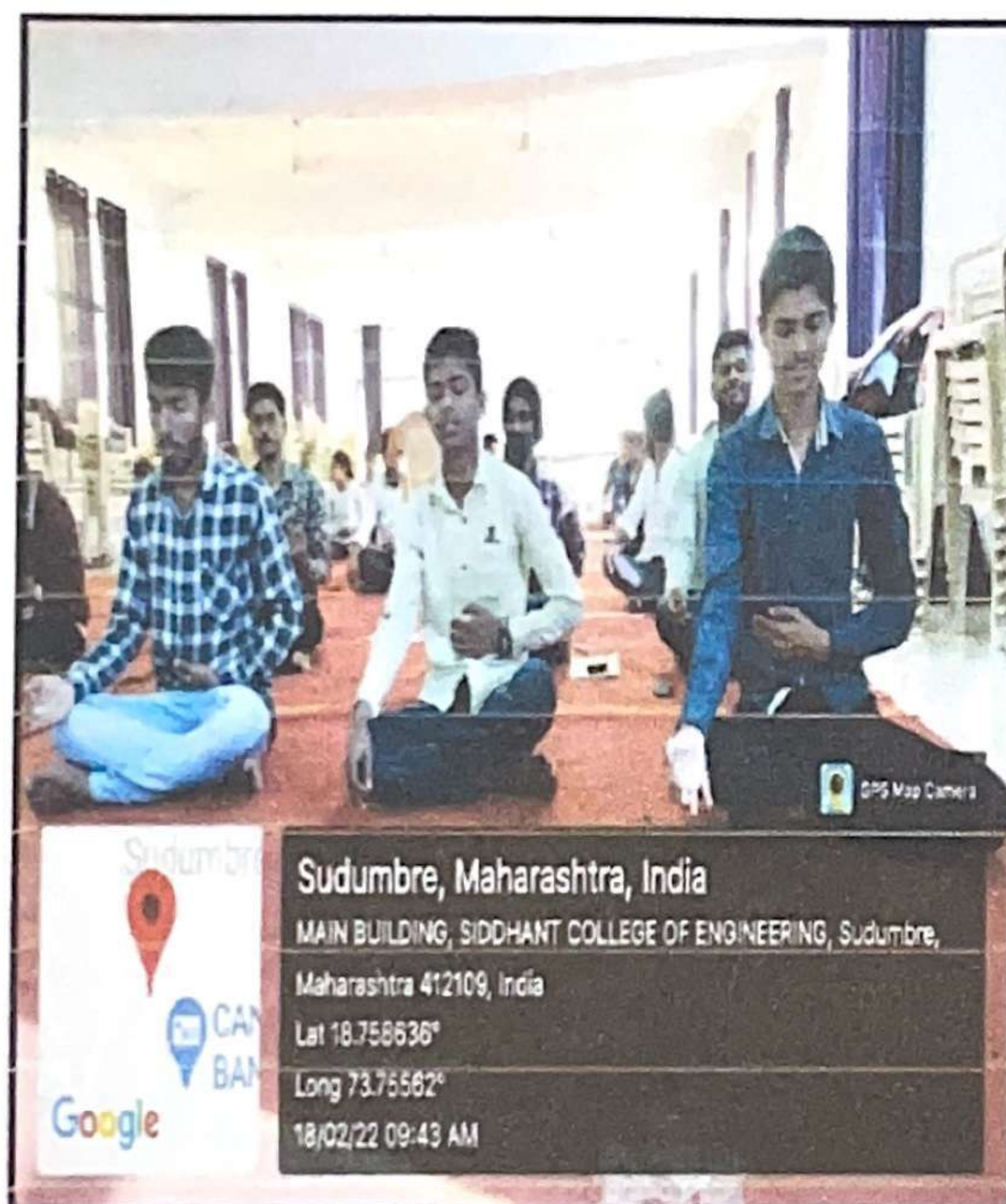
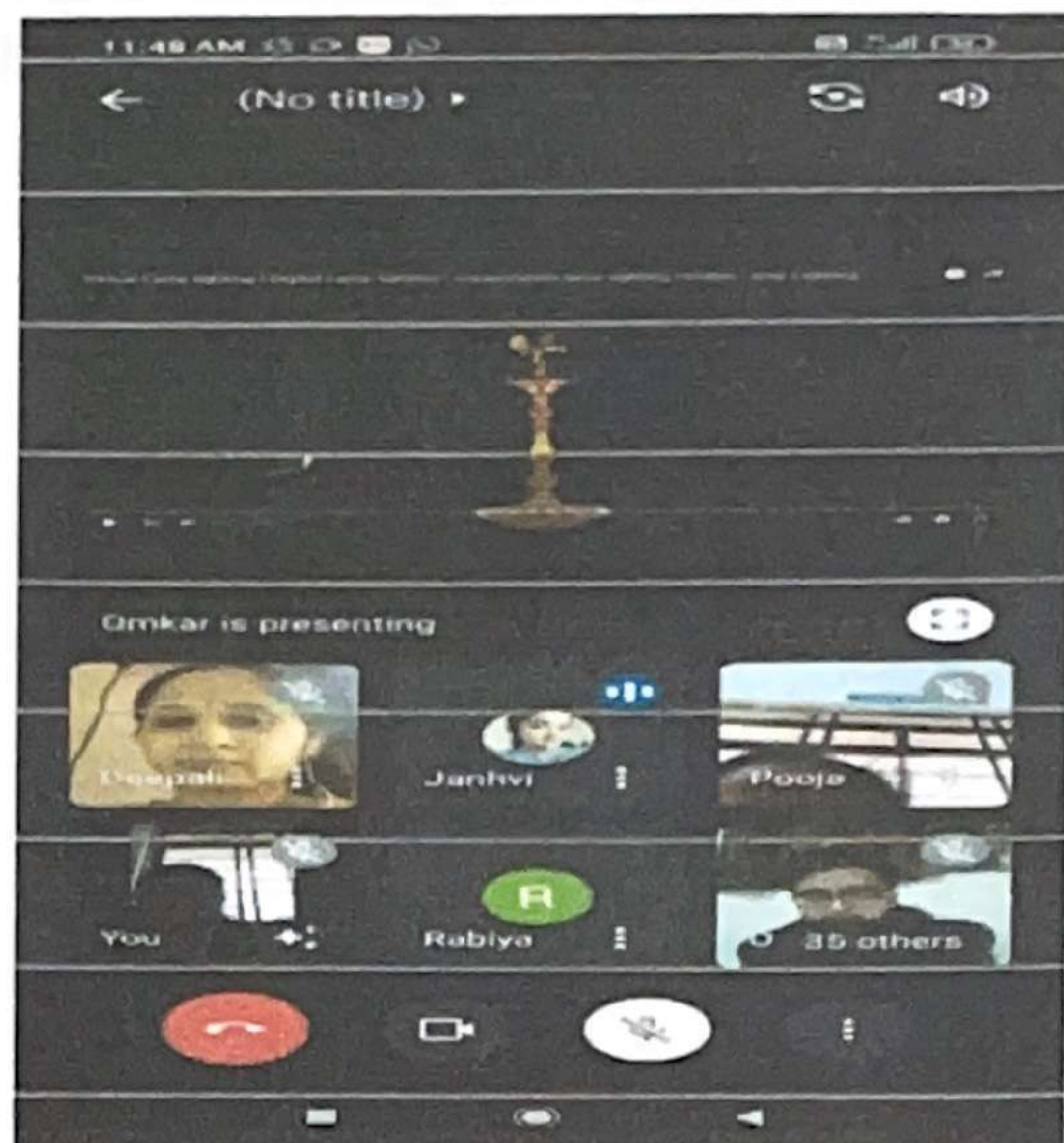
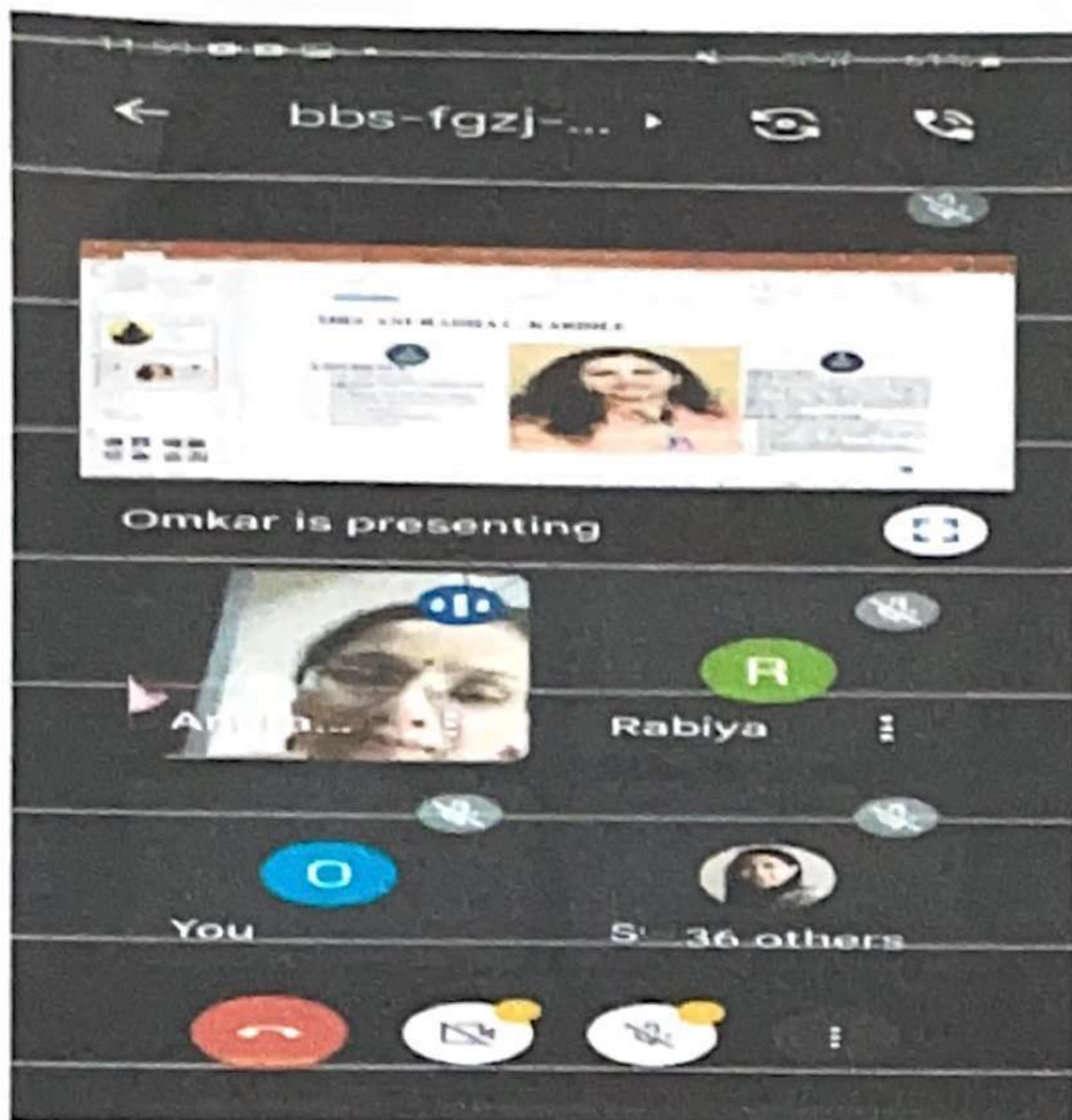


PHOTO: YOGA SESSION



Details of Google form collected from Students:

Siddhant College of Pharmacy Organised

59 responses

[Publish analytics](#)

Name of Student(Surname/First name/Middle name) 59 responses

More Umadevi Vidyadhar

Nawalgiri omkar Someshwar

Hule Tejal Avinash

Nilam Satish Chavan

Yadav neelu vinodkumar

Shinde Akanksha Dattatray

Gaikwad Shivali Sanjab

Chaurasia Ashutosh kamlesh

How would you rate the session help you for your physical fitness 59 responses

[Copy](#)

GoodExcellentVery goodFair11.9%61%
27.1%

How would you rate the effort of Yoga Coach 59 responses

[Copy](#)

GoodVery goodExcellentFair20.3%27.1%
52.5%

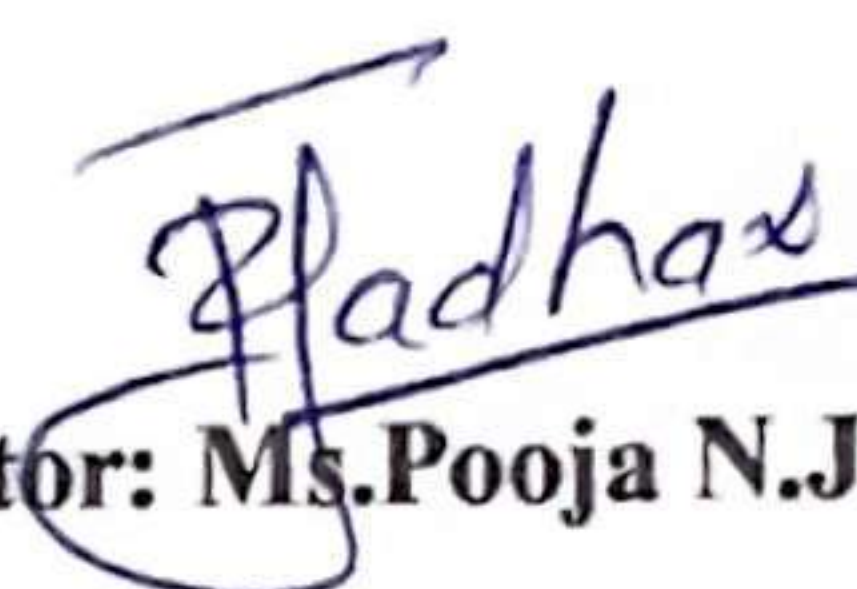


In order to teach safe and effective yoga classes, Meditation and mindfulness are two key components of a yoga practice that can offer benefits beyond the mat. This session went up to 30 hrs followed by 30 days daily interaction with participants.s.

This yoga course was concluded by taking Theory and Practical Exam for 100 marks ,Theory paper was taken, checked and evaluated and Practical was evaluated by daily attendance and daily performance of students and only those students had get certificate those who had present and gave the exam and assignments. Thus course provided valuable awareness and insights on the various aspects of Yoga. Appreciation Certificate was given to speaker. Feedback link share to students and course feedback was collected by online mode.



Member: Mrs. Trupti Kajale



Coordinator: Ms. Pooja N. Jadhav

Registration Link :

[https://docs.google.com/forms/d/e/1FAIpQLSdDGsfPsb4qUcp9BZ46q7boEpWD4KkY5CoHwG7hKHkdep_rIA/viewform?usp=sf link](https://docs.google.com/forms/d/e/1FAIpQLSdDGsfPsb4qUcp9BZ46q7boEpWD4KkY5CoHwG7hKHkdep_rIA/viewform?usp=sf_link)

Lecture Link : <https://meet.google.com/ewm-shgn-ntt>

Feedback of "Yog Sadhana and Health" was taken by Google form

Link for Feedback:

[https://docs.google.com/forms/d/e/1FAIpQLSeiXw2VCi0_zc4jZJgCXwFrVO74QYOpZTX3wIrgyhFknBuxGw/viewform?usp=sf link](https://docs.google.com/forms/d/e/1FAIpQLSeiXw2VCi0_zc4jZJgCXwFrVO74QYOpZTX3wIrgyhFknBuxGw/viewform?usp=sf_link)





CAYM Education Trusts

Siddhant College of Pharmacy

A/P Sudumbare, Talegaon –Chakan Road, Tal: Maval, Dist: Pune -412109

Phone: 02114-661947, Email: siddhantcollegeofpharmacy@yahoo.in, Website: www.siddhantcop.in

SUN SALUTATION

DATE : 14/01/2022

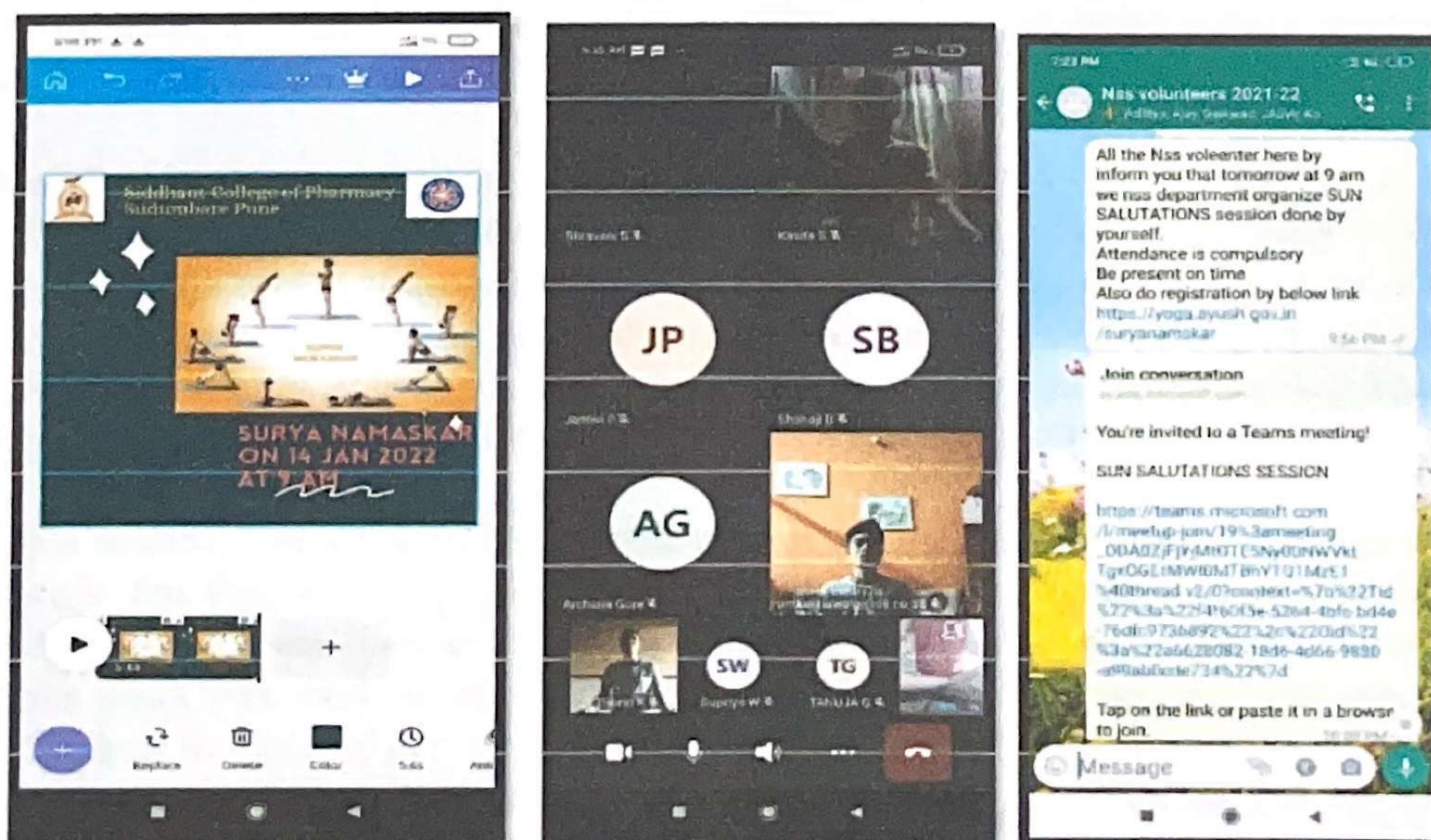
VENUE : Online on Microsoft team

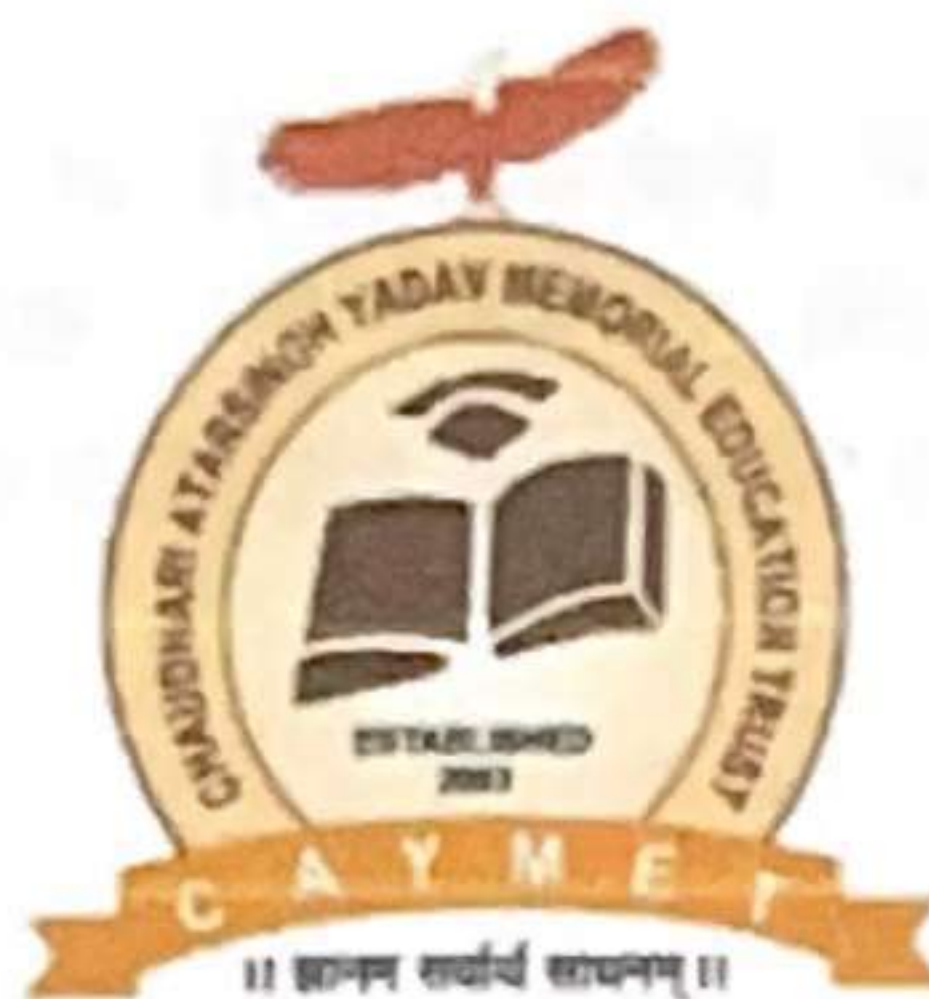
NUMBER OF STUDENT PRESENT: 50

OBJECTIVES : Maintain health

SUMMARY:

On 14th Jan 2022, Surya namskar session was conducted on virtue mode. As per SPPU circular, we Nss department of SCOP organized Surya namskarat 9 am, 100 students participated. We also organized Yoga session for students. Ms. Swati Kale and Dr. Rahul Dumbre sir guided and taught about benefits of suryanamskar and yoga. at the end Ms. Sunita maharaj NSS member given vote of thanks.





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(WEBINAR ON MANAGING MENTAL HEALTH OF EMPLOYEES)

DATE: -08/03/2022

VENUE: Virtually conducted due to COVID-19 pandemic situation.

NUMBER OF STUDENT PRESENT: 37

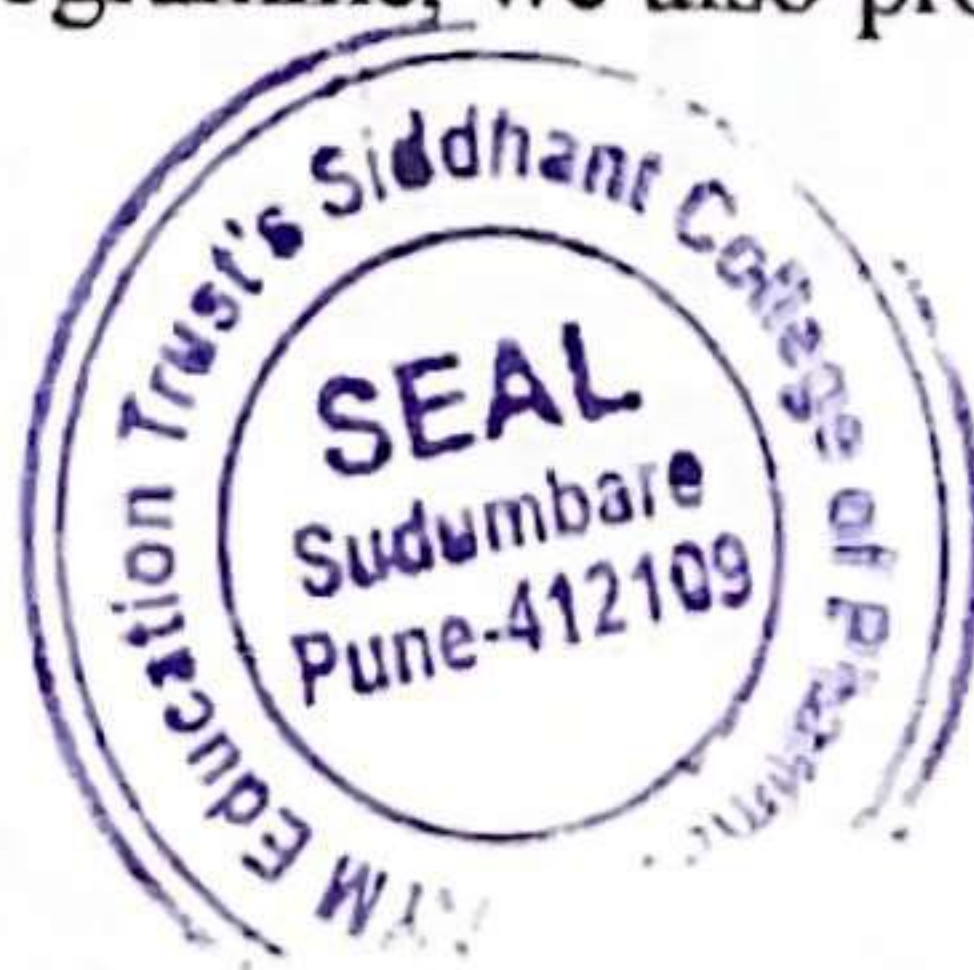
OBJECTIVE: To promote awareness about mental health at the workplace and also impart knowledge on how to enjoy work-life balance and remain health and happy.

SUMMARY:

Ashita Doshi is the speaker of our event Managing Mental Health Of Employees. She is Trainer, Healer, lecturer, Mentor, Counsellor, and Certified Pranik Healer. She is an inspirational and motivational speaker who talks at corporates, colleges, schools and NGOS .This programme starts by Sarasvati Vandana online mode .our HOD madam felicitated today's speaker with flower Bouquets online.

Ashita Doshi address regarding Mental health conditions and neurological disorders are conditions that affect thoughts, emotions, behaviours, and relationships. These include disorders that cause a high burden of disease such as depression, bipolar affective disorder, schizophrenia, anxiety disorders, dementia, and substance use disorders, among many others. These conditions can be experienced in isolation; however, they often occur along side other non-communicable diseases such as cardiovascular disease, diabetes, respiratory diseases and cancers.

She tells us about how we maintain our work in an office, and how we manage our responsibility and work. For that, we use proper management of our work, distribute them accordingly to priority and implement likewise so we manage our mental health. Apart from that she also tells us about along with work we also do some physical exercise like yoga, and pranayam, which will also help to maintain our mental health. This programme is performed in association with IQAC Siddhant college of pharmacy. In this programme around 30 teaching and non-teaching participated. After completion of the programme, we also provide feedback links to participants.



We are grateful to our Principal Dr R. K. Dumbre and HOD(UG) Dr Swati Deshmukh madam guided us in conducting this programme. And finally, the programme was concluded by social activity members Mrs. Swapnali Girme madam by a vote of thanks.

PHOTO:-

CAYMET'S SIDDHANT COLLEGE OF PHARMACY
A/P Sudumbare Talegaon-Chakan Road,
Tal-Maval Dist-Pune 412109
NAAC ACCREDITED APPROVED BY AICTE, PCI AND
AFFILIATED BY SPPU

Webinar on Managing Mental Health Of Employees
Ashita Doshi
Head HLMC and PHAY

In association with IQAC and Social Activity Committee

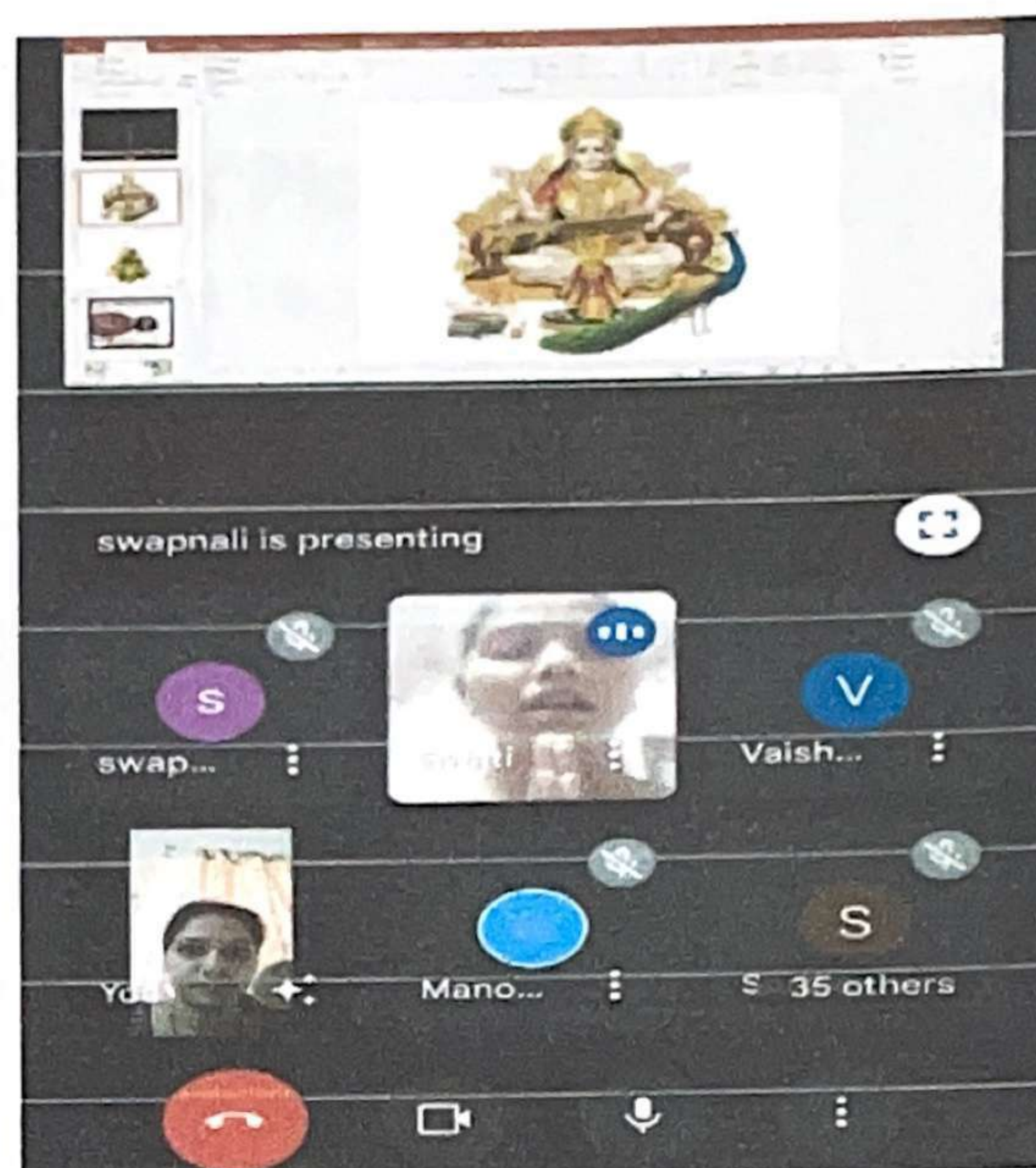
Day-Friday
Date- 11/03/2022
Time- 1.30 pm to 3 pm

Moderator **Dr. Swati Deshmukh** (HOD-UG)
Convener **Dr. Rahul Dumbre** (Principal)

Co-ordinator **Mrs. Deepali Galkwad** (Cultural activity co-ordinator)
Co-ordinator **Mrs. Swapnali Girme** (Social activity co-ordinator)

2021-22

Email: siddhantcollegeofpharmacy@yahoo.in
Web: www.siddhantcolp.in



Feedback form-Webinar on Managing Mental Health of Emp...

docs.google.com

<https://forms.gle/uSPjqyerKSJwjsZWA>

3:20 pm ✓

Plz fill feedback form 3:20 pm ✓

The screenshot shows a Google Forms spreadsheet with multiple columns. The first column contains names, and subsequent columns contain various responses, likely related to the feedback form mentioned in the adjacent image. The data is organized in rows, with each row representing a participant's input.

Swapnali Girme
(Signature of Coordinator)
Mrs. Swapnali Girme





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SWACHHATA PAKHAWADA/ PANDHARAWADA

DATE : 1st August 2021- 15th August 2021

VENUE : Conducted virtually mode due to pandemic situation. / Offline

NUMBER OF VOLUNTEER PARTICIPATED: 100

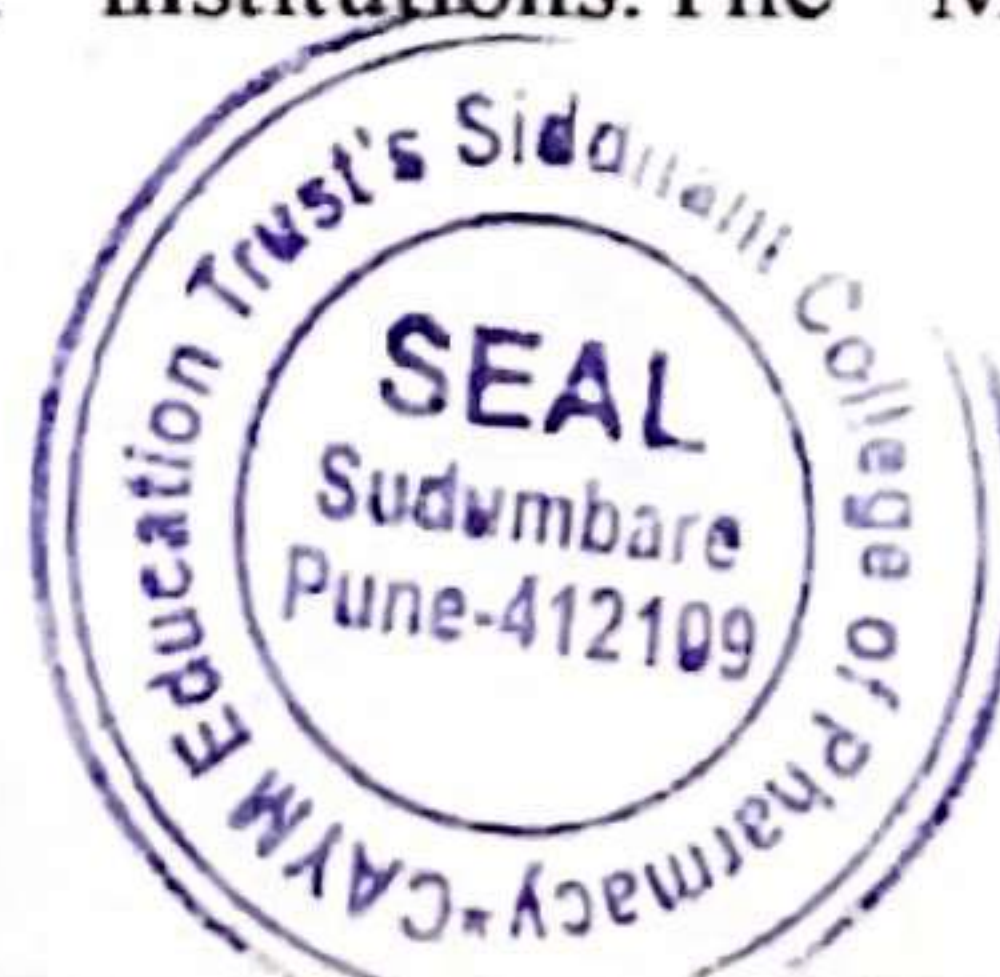
OBJECTIVE:

1. Swachhata Pakhwada started in April 2016 with the objective of bringing a fortnight of intense focus on the issues and practices of Swachhata by engaging GOI Ministries/Departments in their jurisdictions.
2. Provide guidance to institutions on various aspects of Swachhata for a clean and green campus. Build swachhata skills in students and ensure they take ownership of maintaining Swachhata campuses.

SUMMARY: "Swachhata has been recognised and accorded top priority by the government of India. Hygiene and hygienic practices in life are critical for health not only to improve a living environment but also to elevate our thinking to a more pure and healthy state.

A huge population base and varying education and awareness levels do not promote a secure hygienic environment and hence this is a major challenge. Lack of hygiene in habits negatively impacts the country's progress to global benchmarks in all spheres and also impacts the working population.

The Department of Higher Education decided to embark on the mission through the standard operating procedure on Swachhata for its Institutions setting forth practices that must be implemented at all higher educational institutions. The Ministries observing Swachhata



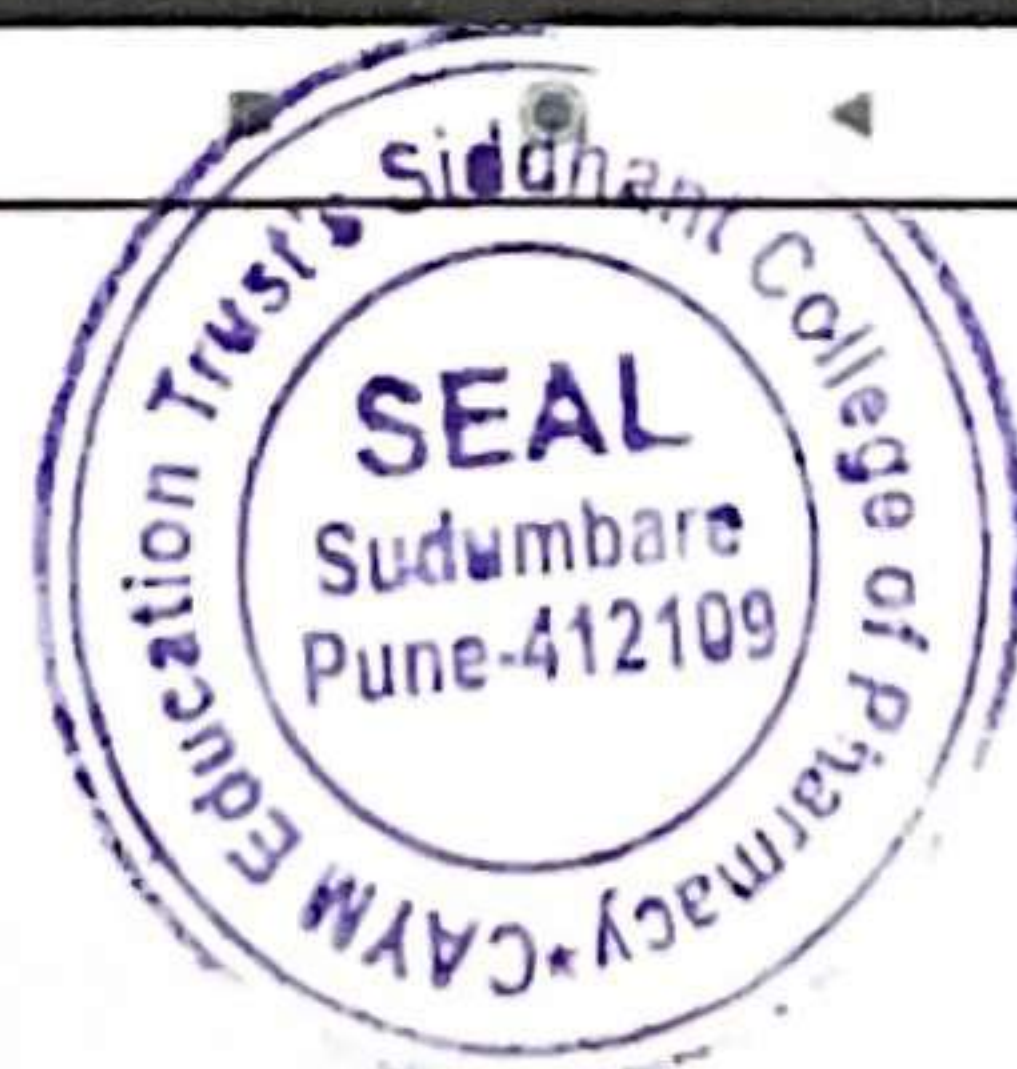
Pakhwada are monitored closely using online monitoring system of Swachhata Samiksha where action plans, images, videos related to Swachhata activities are uploaded and shared.









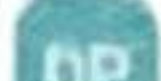







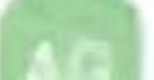









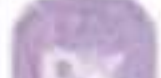

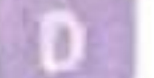














































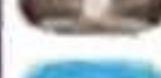














In this regard, our college organized the below mention events as per the date given below.


Sr No	Events	Date and link of Competition	Speaker Name/ Participant's
1	Swachhata Oath (Seminar on cleanliness and Hygiene)	01/08/2021	Mr. Basavraj Mathdevru (Principal, SCOP Diploma)
2	Cleaning in Institute (Class room, Campus, Loans, Library, Laboratory)	02/08/2021 to 06/08/2021	NSS Volunteers
3	Cleaning in Village (Gram panchayat, school, hospital)	12/08/2021	NSS Volunteers
4	Slogan Competition on swachhata https://forms.gle/XzRTeo3o5Nk6G92d6	13/08/2021	All student
5	Seminar on Swachh Bharat, Sundar Bharat	15/ 08/2021	Dr. Rahul Dumbre (Principal SCOP)

The whole program was conducted by NSS Co-coordinator Miss Swati kale madam and NSS member Mrs. Swapnali Girme and Mrs. Deepali Gaikwad. This program is successfully conducted under guidance of Our Principal sir Dr. R. K. Dumbare sir, HOD of Dr. Swati Deshmukh madam.

Photo1:. NSS volunteer taking Swachhata Oath:



	Prof. Swati Kale (Hast, ma)			Prof. Swati Kale (Hast, ma)			Swati Kale (Hast, ma)	
	Omkar Kartalwar			Dnyaneshwar pawar50			Aishwarya	
	Ashish Kumbhar			Nishigandha Kumbhar-35			Akshada gawade	
	Dhruv Kumbhar 09			Omkar 63			Archo Roqiya	
	Dnyaneshwar Pawar			Pooja Karale 29			Darshan	
	Dnyaneshwar Bhagatkar 00			Rakshe sampada 51			Deepak kumar Pandey scop	
	Karmal Chaudhary			ROSHAN WAKCHURE - 69			Pooja khade	
	Kavita Shirsagade			Sayali bhor 09			Pragati Kad	
	Khushwant Chaudhary			Shivani Dhuppe			Prasad Sukre	
	Madhura Adilraj patil no. 1			shubham gawkwad22			Rachana Marathe	
	Namda padwar 58			Shubhangi Mahajan-36			Sarika Kadam	
	Nitesh Wajga						Saurabh sankal	
	Omkar Gaud 6 5						Siddhant c	
	Omkar ramchandra reW no. 36							
	Prathmesh Pawar 4 1							
	Piyush bhute 9 1							
	Sachin Gawkwad							
	shubham							
	Sonali Gargkar 22							
	Sumanth kumar							
	Tanuja Gawkwad 05							
	Tejankar Katre							



Unnamed Road, Sudumbre, Maharashtra 412109, India

Latitude 18.7576291° Longitude 73.7567224°
Local 12:38:03 PM Altitude 0 meters
GMT 07:08:03 AM Friday, 06-08-2021

2021/8/12 12:33





Photo 4: NSS volunteer cleaning in Village.

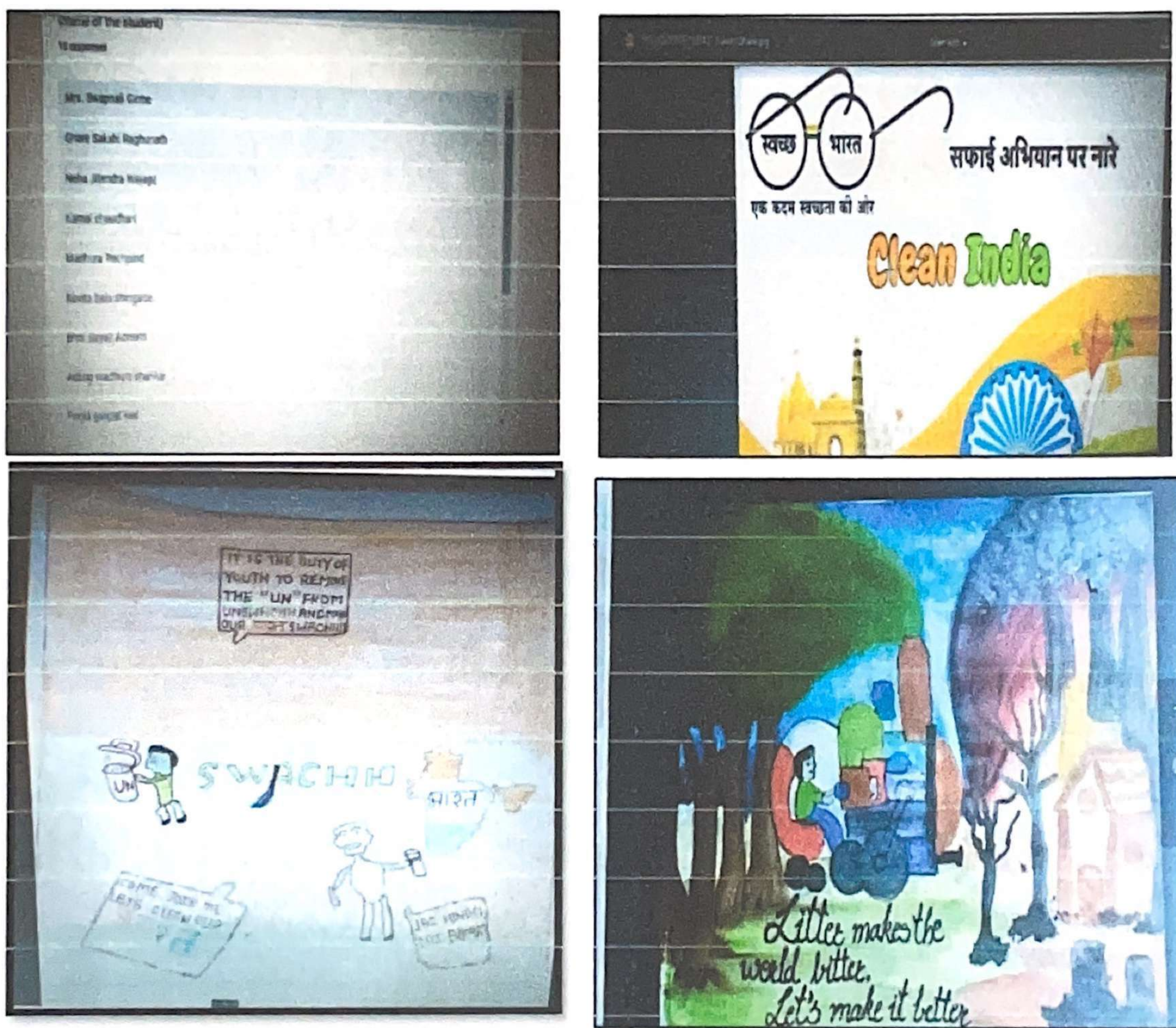


Photo: 5 All student participated in Slogan competition taking on swachatapandravda occasion





Photo 6: Guidance on "Swachh Bharat, Sundar Bharat" By Dr. Rahul Dumbre sir

(Signature of the member)

Mrs. Swapnali Girme

Swapnali Girme

Mrs. Deepali Gaikwad

Deepali Gaikwad

Swati Kale
(Signature of Coordinator)

Miss. Swati Kale





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(SEMINAR ON AWARENESS PROGEAMME ON WOMEN HEALTH AND HYGIENE)

DATE: -19/04/2022

VENUE: Seminar hall of siddhant college of pharmacy

NUMBER OF STUDENT PRESENT: 75

OBJECTIVE: Strategies and tips for working toward better *health & rights for women*.
Strategies to work to increase *women's health & rights* in the community.

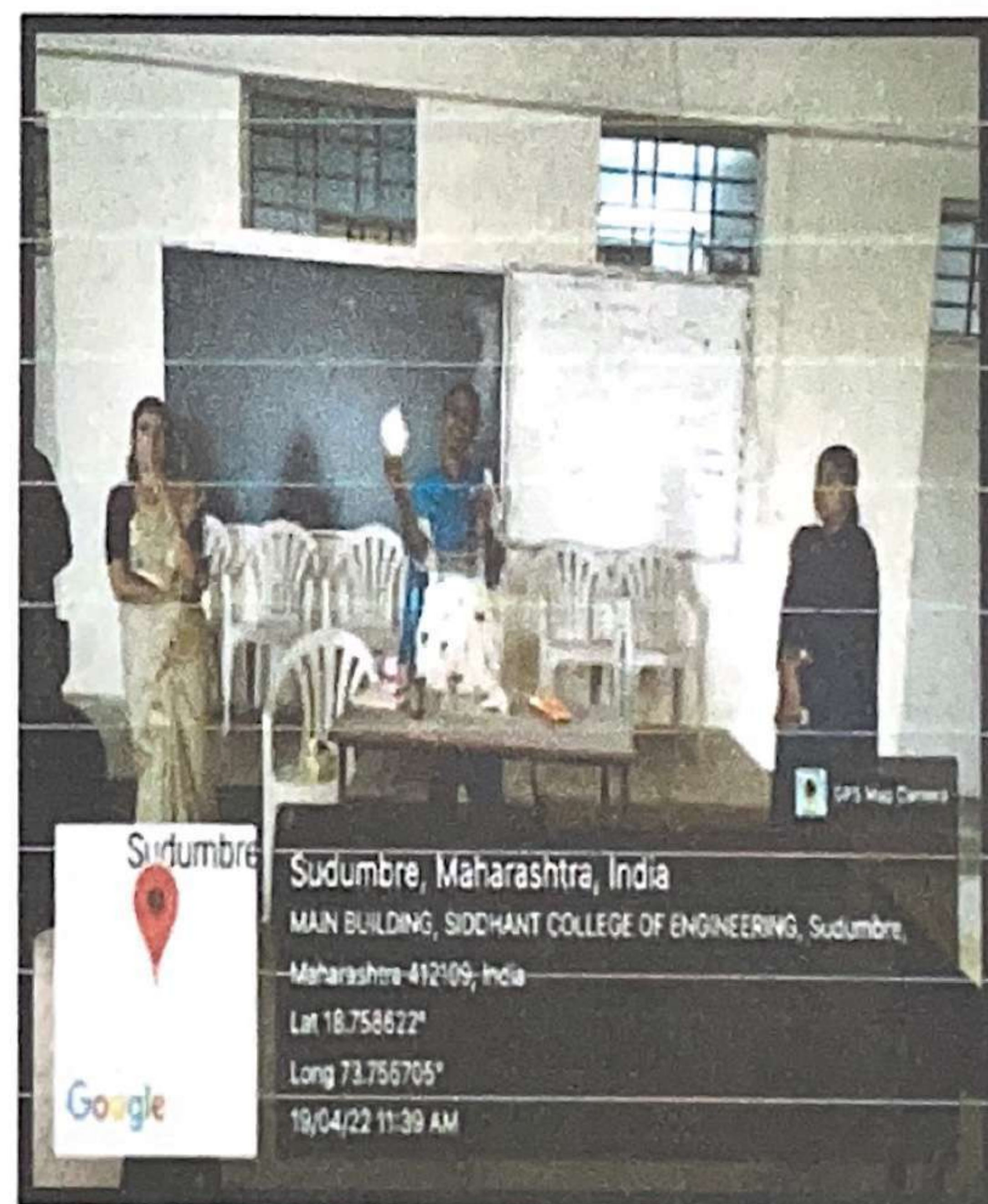
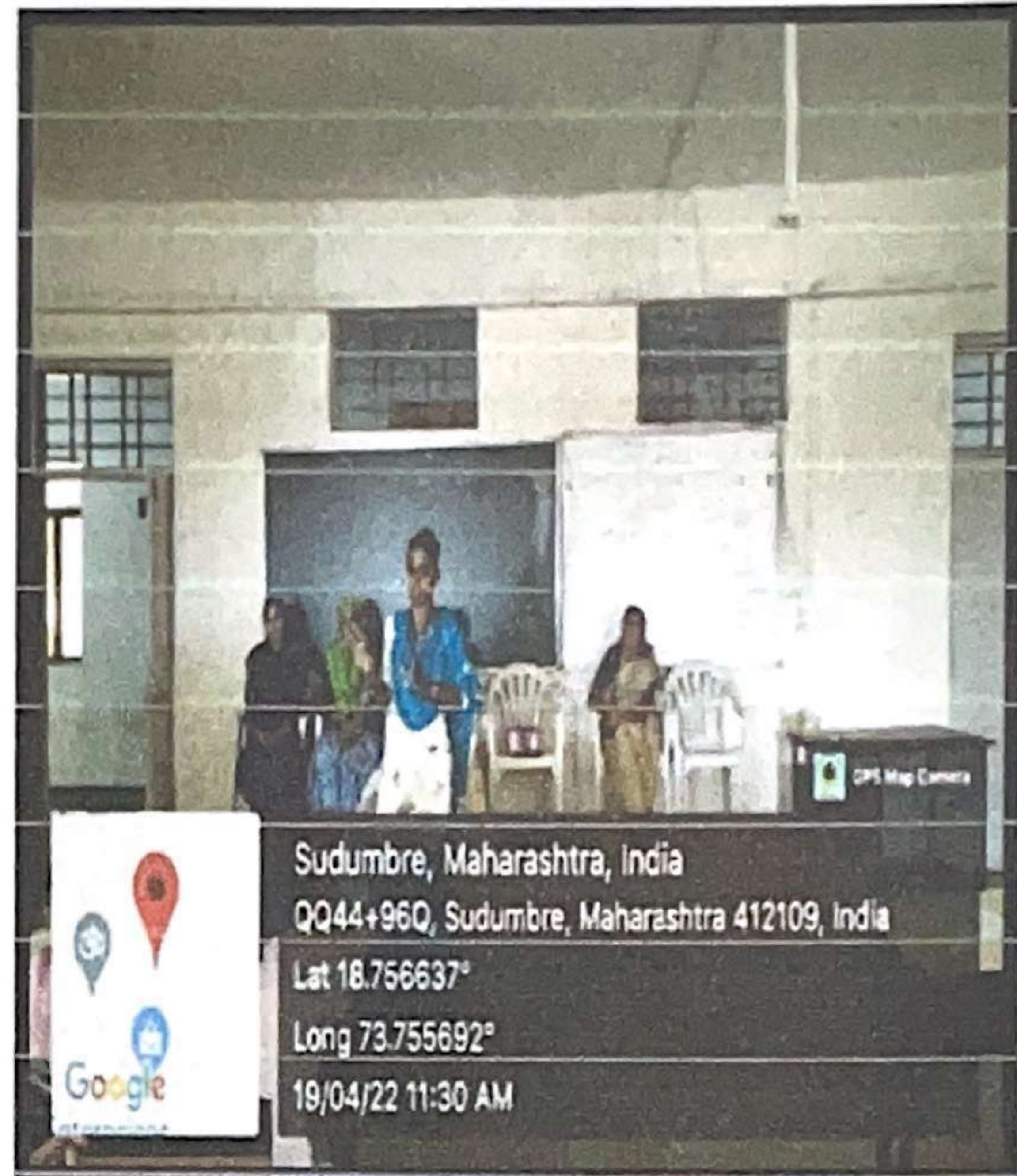
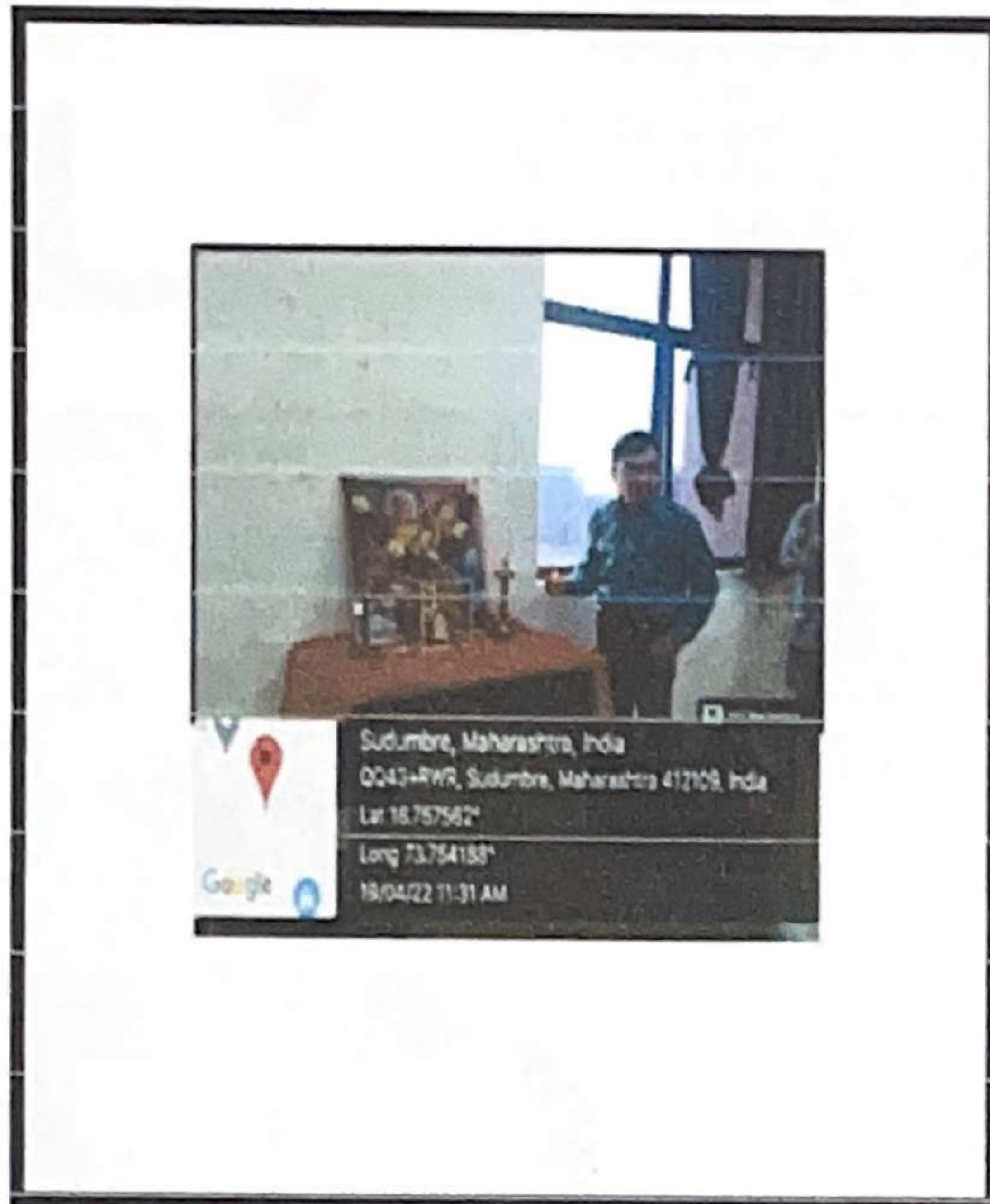
SUMMARY:

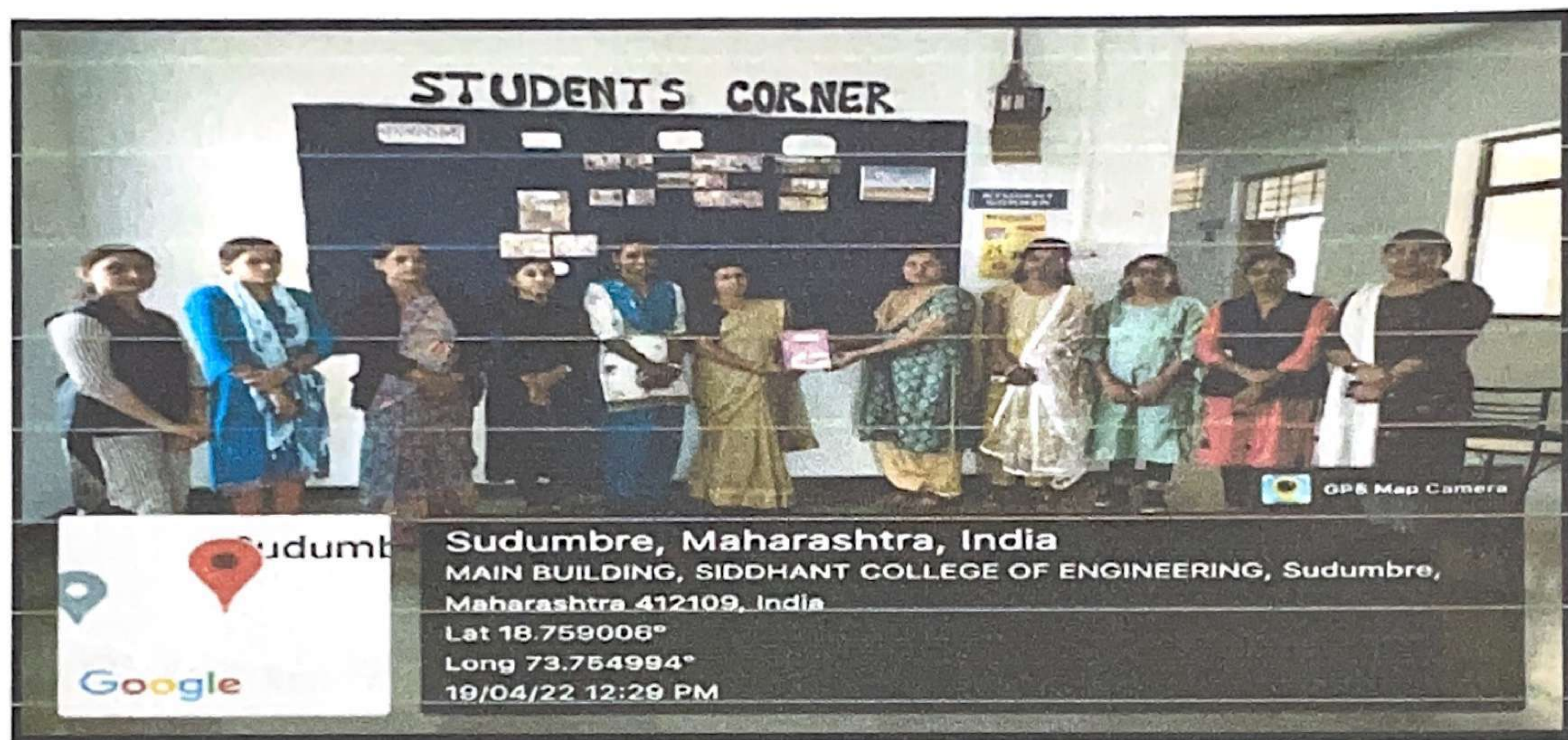
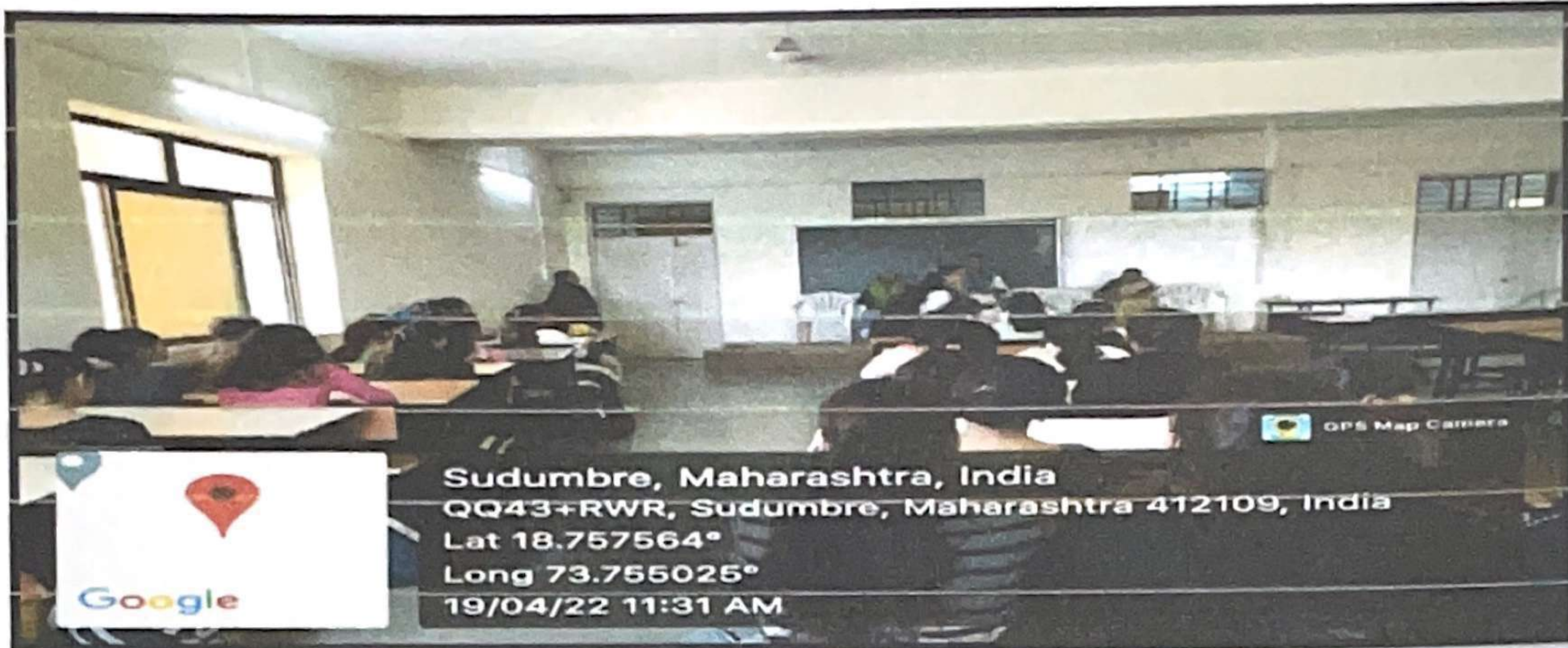
Siddhant College of Pharmacy, Sudumbare arranged a seminar on the topic “**Awareness programme on women health and hygiene**”. The programme was initiated by Mrs Swapnali Girme and followed by Saraswati Vandana by Mrs Sunita Maharaj. Lightening of lamp performance by Our college Principal Dr R.K.Dumbre, HOD Dr Swati Deshmukh madam. The session was delivered by our today's speaker Mrs Komal Sathe madam and her team .She completed her education at Pune University as MAC Nutritionist. She works in an excellent sanitary pad Pvt limited company. She shared his views about Good hygiene is critical for preventing the spread of infectious diseases and helping children lead long, healthy lives. Yet, important hygiene behaviors are difficult to practice without the right knowledge and skills, adequate community support and the belief that one's own behaviour can actually make a difference. Hygiene is essential if you want to avoid infection, odor, and discomfort. Menstrual Health and Hygiene (MHH) is essential to the well-being and empowerment of women and adolescent girls. When girls and women have access to safe and affordable sanitary materials to manage their menstruation, they decrease their risk of infections. This can have cascading effects on overall sexual and reproductive health, including reducing teen pregnancy, maternal outcomes, and fertility. Poor menstrual hygiene, however, can pose serious health risks, like reproductive and urinary tract infections which can result in future infertility and birth complications. In this programe around 60 girls present and 15 women teaching and non teaching was present.



We are grateful to our Management for their timely support and also to our Principal Dr R. K. Dumbre Sir and HOD(UG) Dr Swati Deshmukh madam guided us to conduct this programme. Mrs Deepali Gaikwad concluded the programme with a vote of thanks.

PHOTO:-





Swapnali
 (Signature of the member)
 Mrs. Swapnali Girme





CAYM Education Trusts

Siddhant College of Pharmacy

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Phone : 02114-661947, Email: siddhantcollegeofpharmacy@yahoo.in, Website: www.siddhantcop.in

Ref: SCOP /Academic/2021/

Date: 20/06/2022

ICT TOOLS :-2021-22

DATE: 20/6/2022

OBJECTIVES:

1. To understand and use of ICT tools by staff and students
2. Effective teaching and learning techniques used
3. Students can understand better concepts using ICT tools

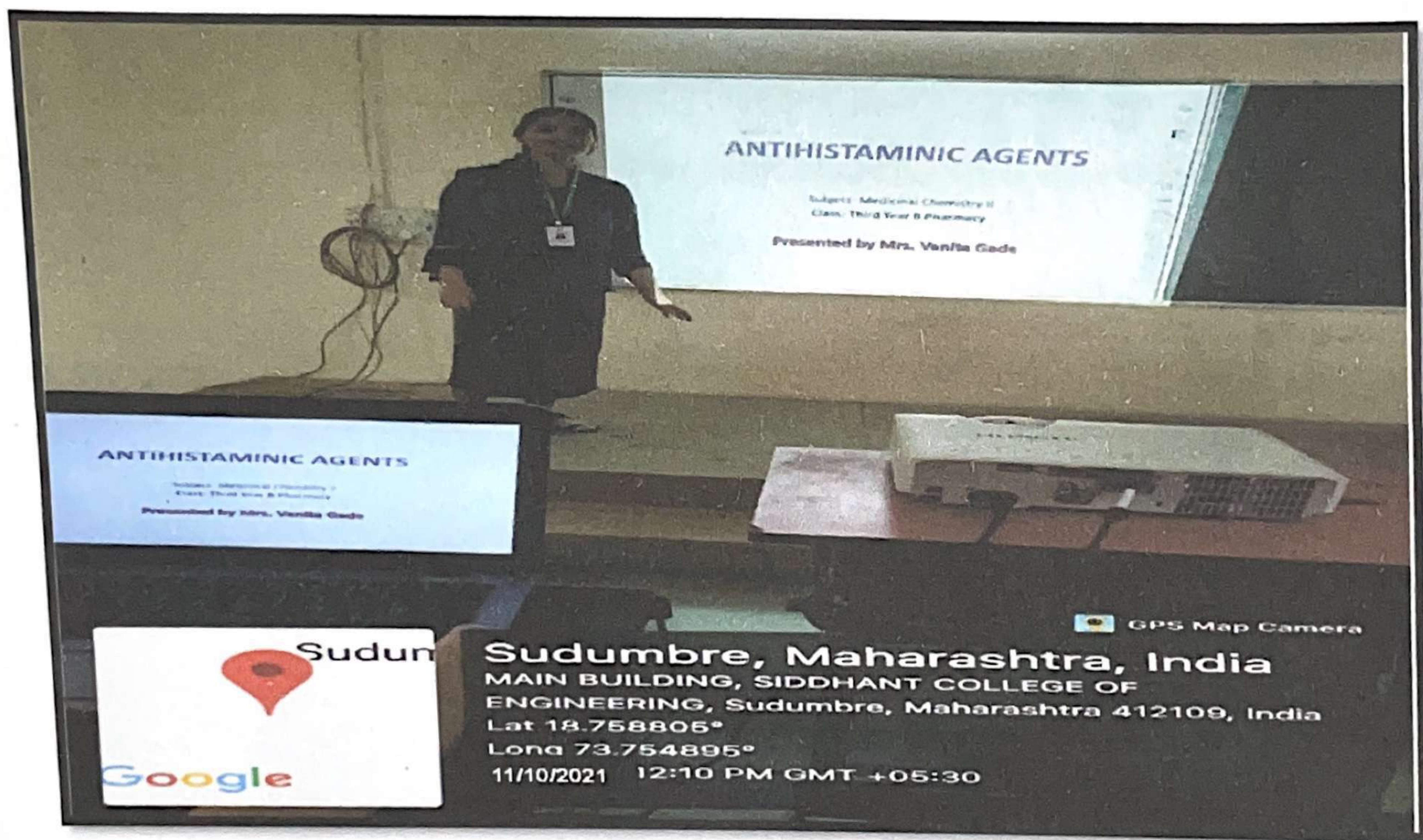
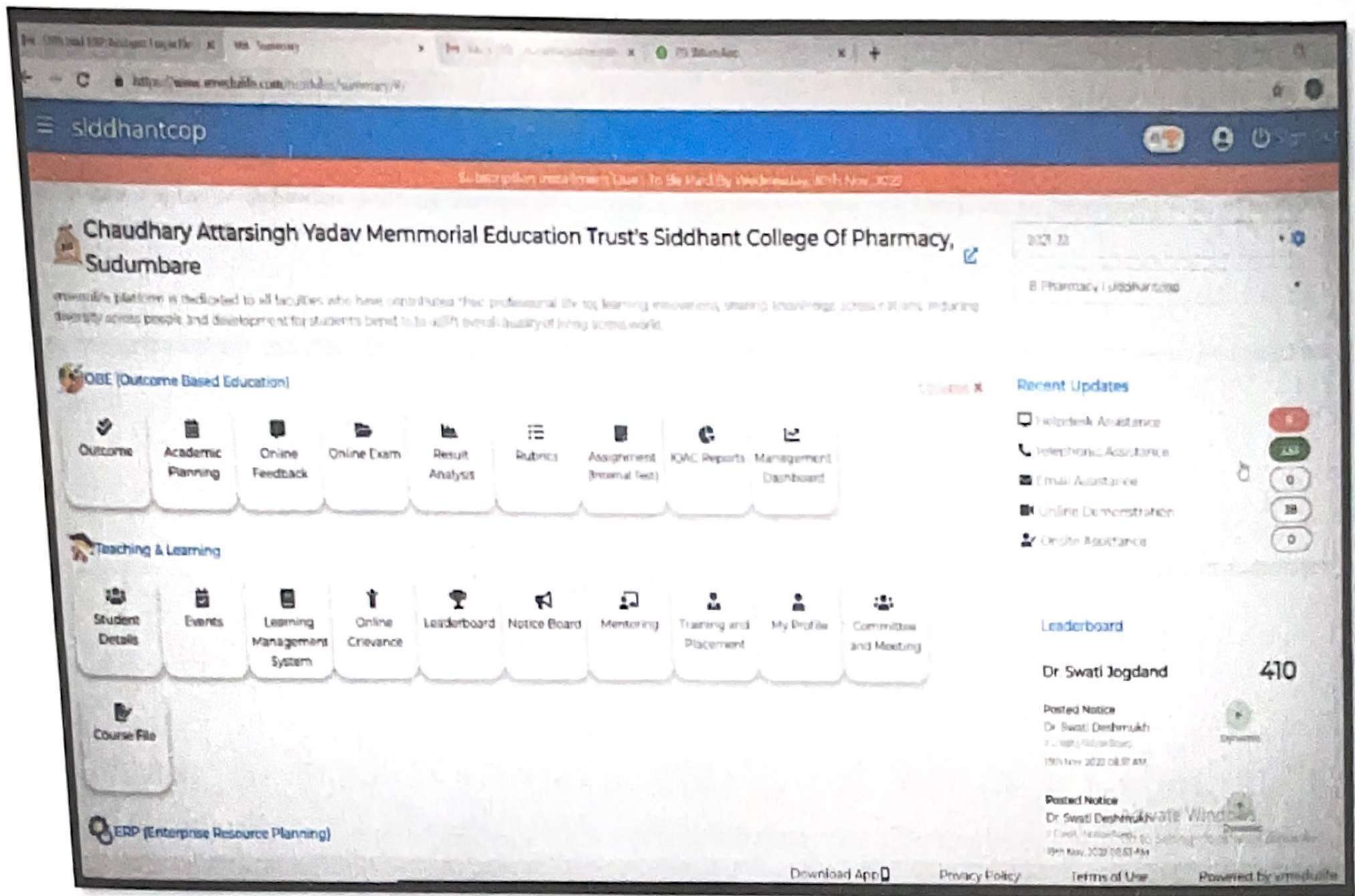
SUMMARY:

All teaching staff and students utilized different ICT tools in academic year 2021-22. It includes LCD projector, Smart classroom, Power point presentations, e content, You tube links, Vmedulife, ZOOM, Google forms, Google classroom, Google meets, Mentimeter, Webpage, Facebook, Ex-pharmacology, etc. Staff shared sessions links on Google classroom and conducted examinations with the help of ICT tools. All details were submitted towards academic in charge.

Academic in charge
Mrs. Swati Jogdand



PHOTOS



Swati Jogdand
Academic in charge
Mrs. Swati Jogdand



CAYM Education Trusts
Siddhant College of Pharmacy
A/P Sudumbare, Talegaon – Chakan Road, Tal: Maval, Dist: Pune -412109

Ref: SCOP/Academics/2021-22

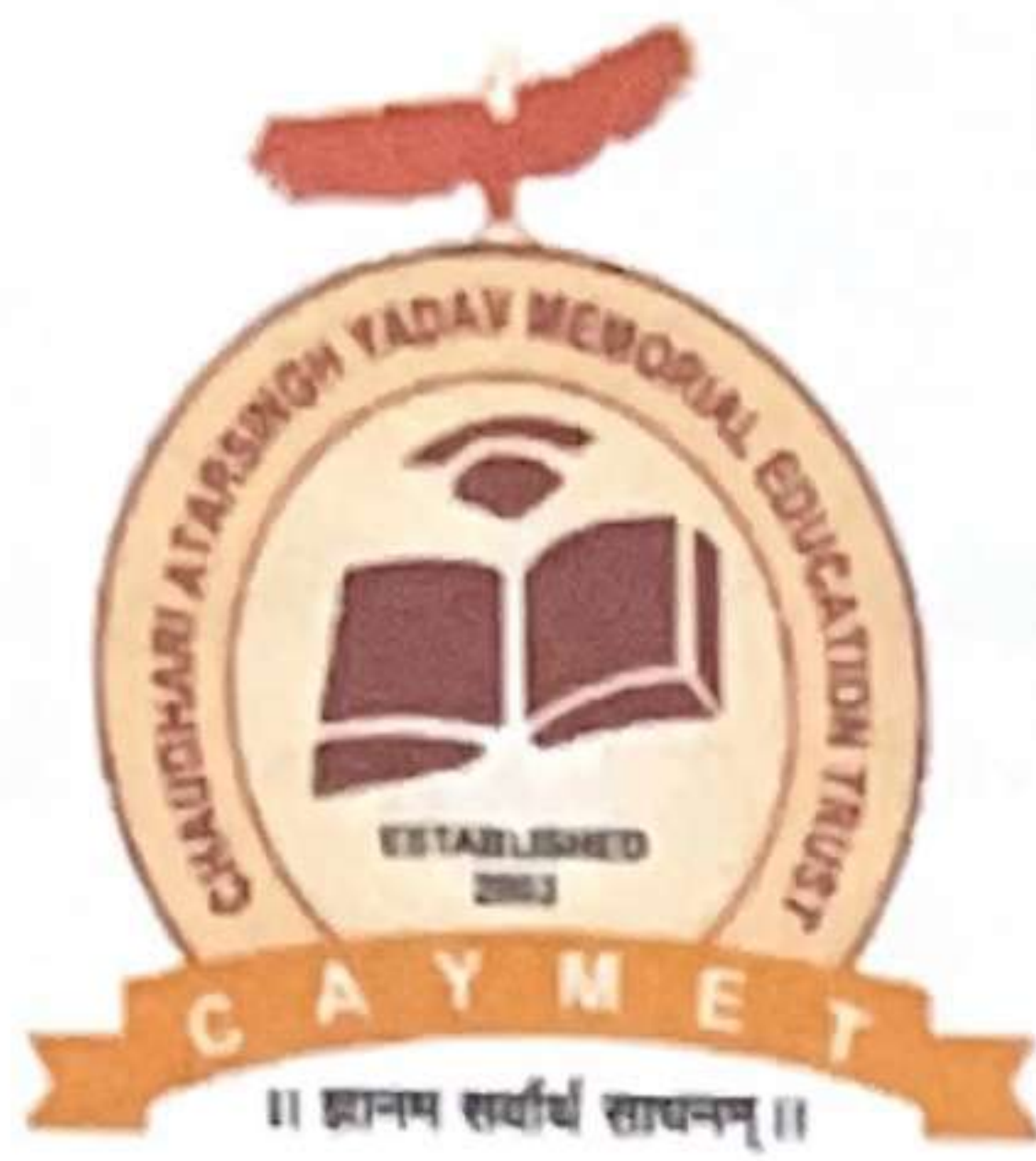
Date: 6/10/2021

Staff Notice

1. All the Teachers are hereby informed that **"USE OF ICT TOOLS"** is now mandatory to all staff for effective teaching and learning.
2. Teachers can use LCD projector, Smart classroom, Power point presentations, e content, You tube links, Vmedulife, ZOOM, Google forms, Google classroom, Google meets, Mentimeter, Webpage, Facebook, Ex-pharmacology, etc types of ICT Tools.
3. Staff shared sessions links on Google classroom and conducted examinations with the help of ICT tools.
4. Teachers can use ICT Tools for various working committees and share information to other students.



Swati Jogdand
Academic In charge
Mrs. Swati Jogdand



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Phone: 02114-661947, Email: siddhantcollegeofpharmacy@yahoo.in, Website: www.siddhantcop.in

Ref: SCOP /Academic/2021/

Date: 20/06/2022

ICT TOOLS:-2021-22

DATE: 20/6/2022

OBJECTIVES:

1. To understand and use of ICT tools by staff and students
2. Effective teaching and learning techniques used
3. Students can understand better concepts using ICT tools

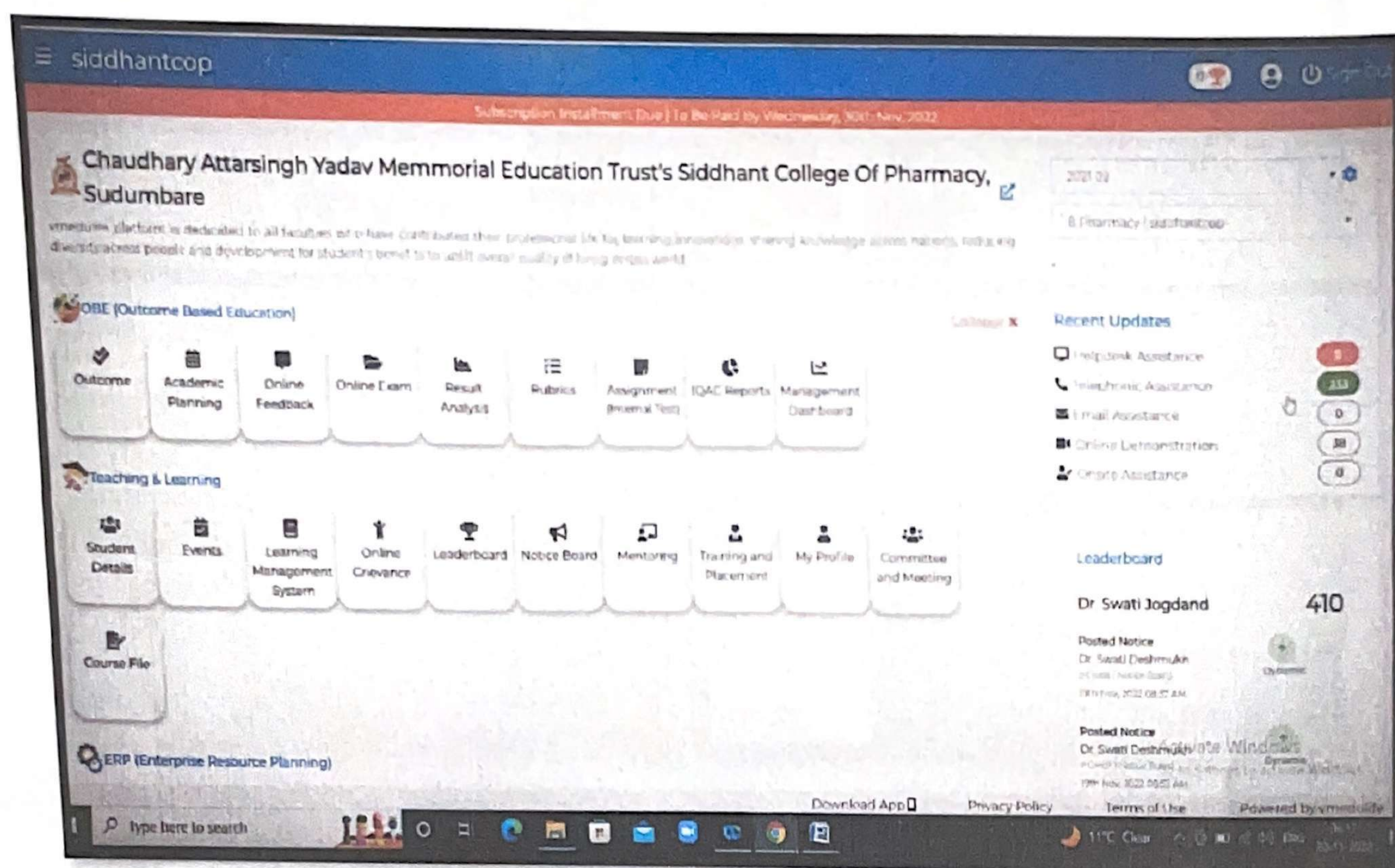
MAIN DESCRIPTION:

All teaching staff and students utilized different ICT tools in academic year 2021-22. It includes LCD projector, Smart classroom, Power point presentations, e content, You tube links, Vmedulife, ZOOM, Google forms, Google classroom, Animoto Canva, Preposteo, SpellQuiz, Mindmaps, Free cam,, Mentimeter, Google meets, Mentimeter, Webpage, Facebook, Ex-pharmacology, etc. Staff shared lecture sessions links on Google classroom, zoom by online mode. Various internal assignments and sessional examination were conducted examinations with the help of ICT tools like VMedulife, Google classroom. Various ICT tools were used to improve students' knowledge about subject, Plagiarism checking for research projects, online SWAYAM Courses to improve effective teaching learning, etc. Ex Pham simulations softwares were used to avoid animal handling. Students admission details, bonafide, LC also issued to students using Vmedulife. All details were submitted towards academic in charge at the end of semester.



1. VMEDULIFE

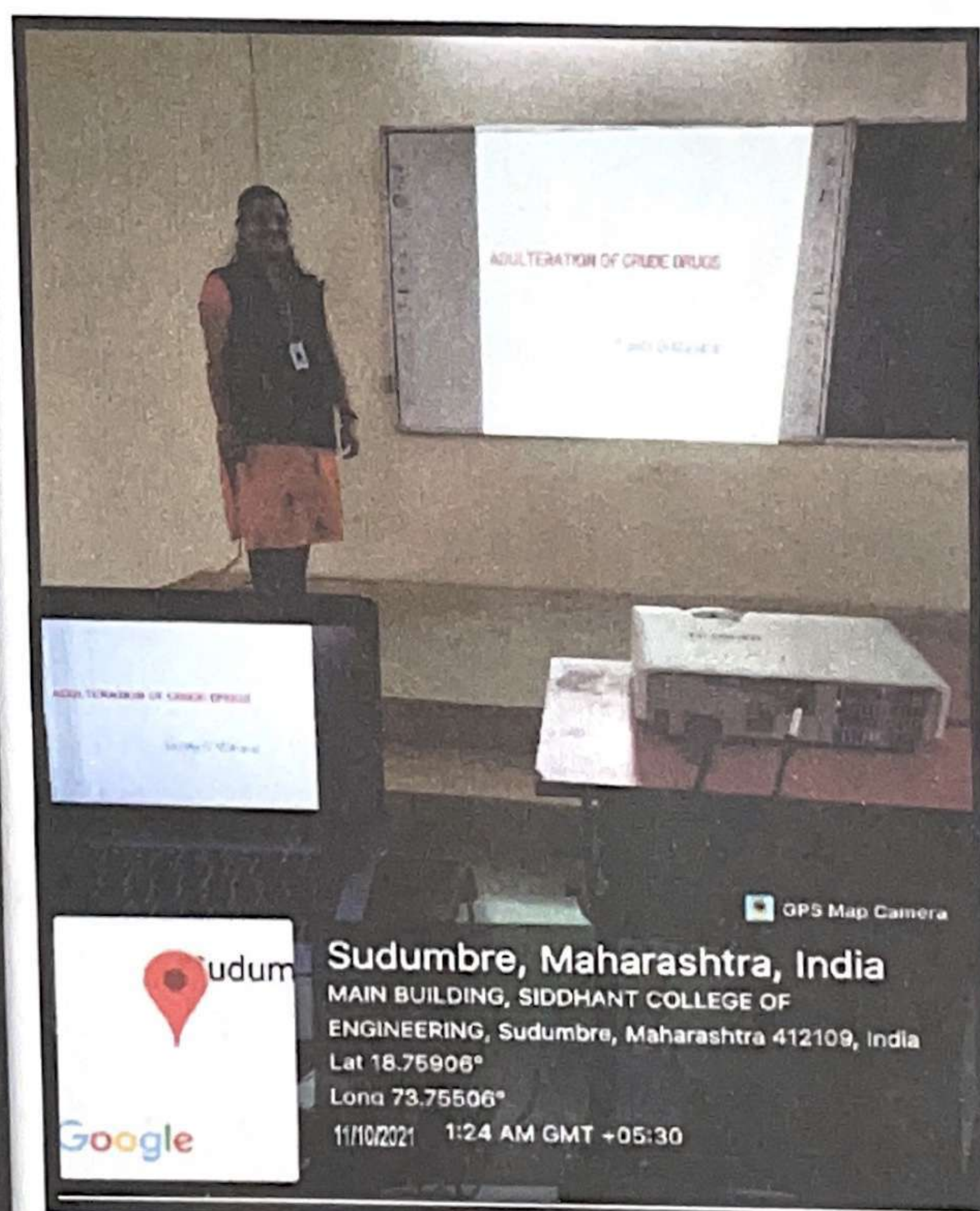
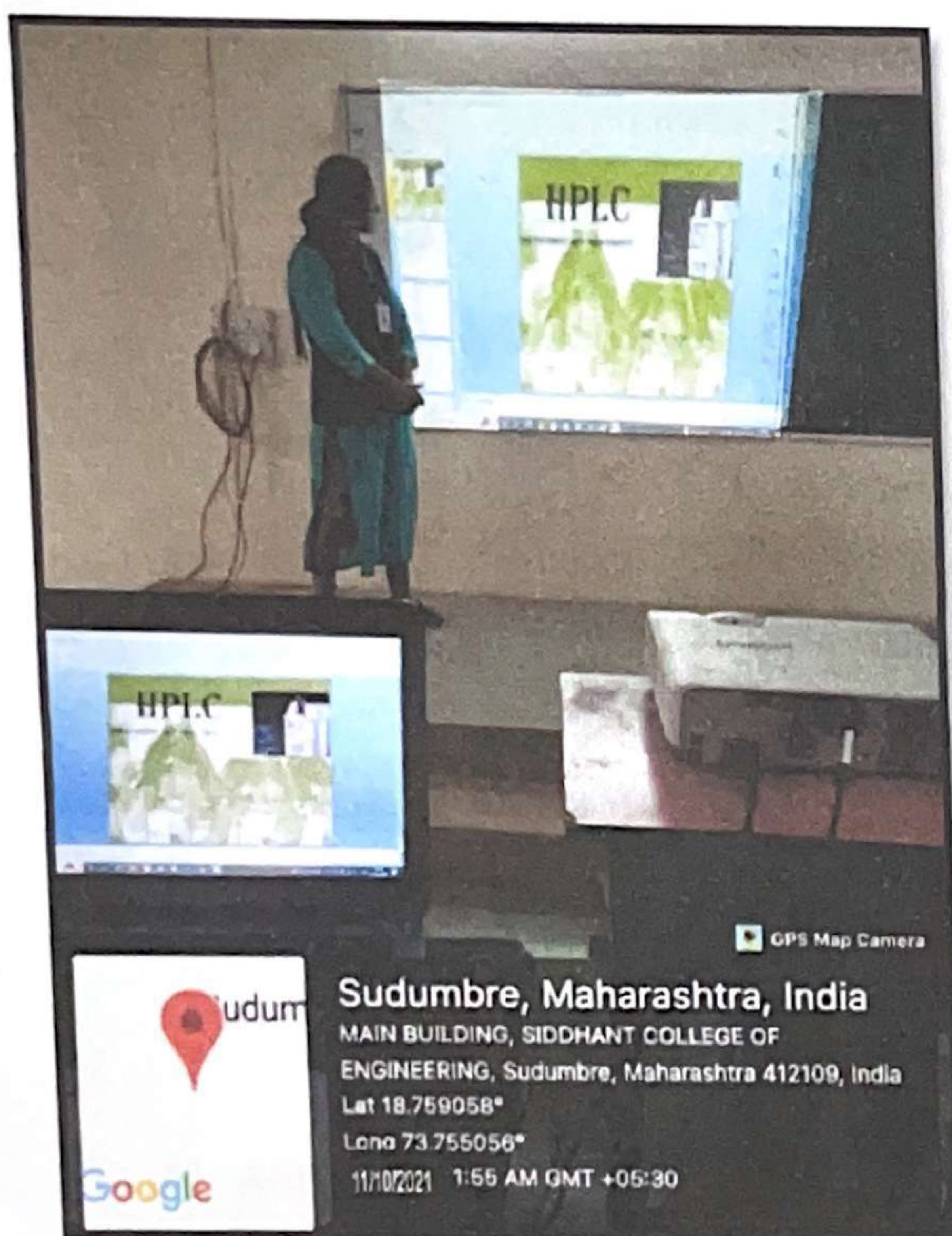
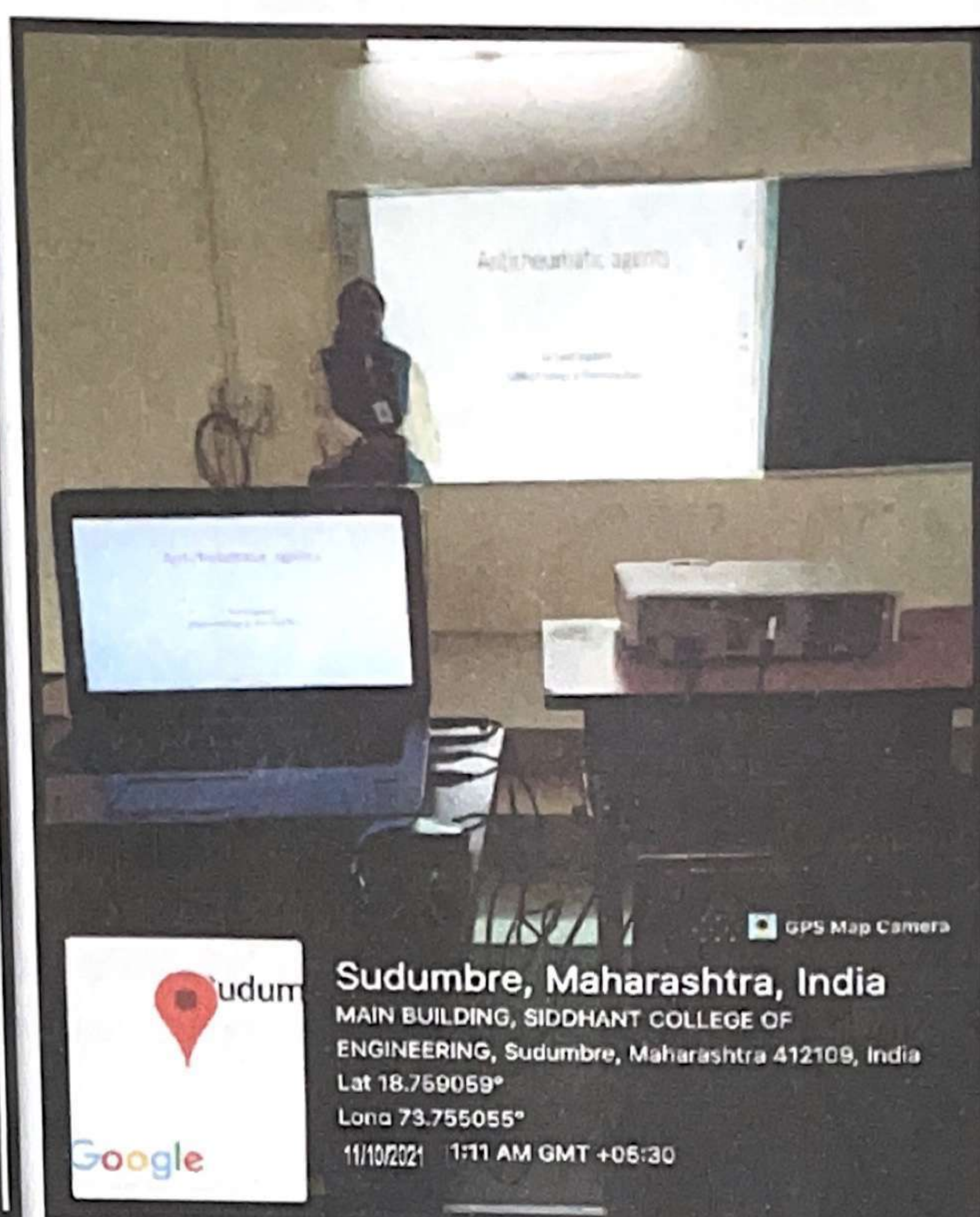
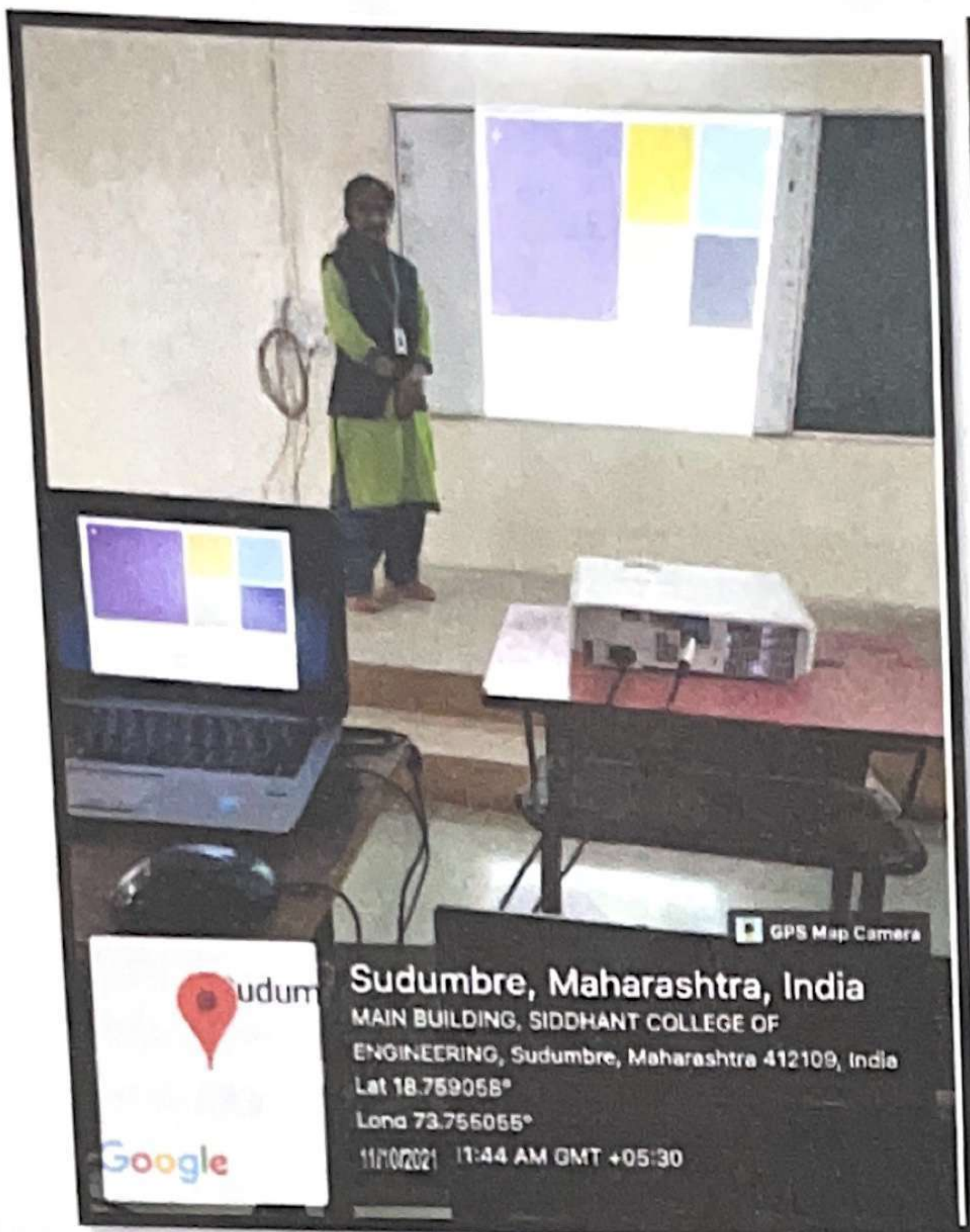
vmedulife is a cloud-based learning platform or Learning management system. LMS is reliable and transparent brand providing academic software solutions. Innovative tools help the Management, Principal, and HODs to generate reports, graphs, and charts, with ease and in the fewest of the clicks.

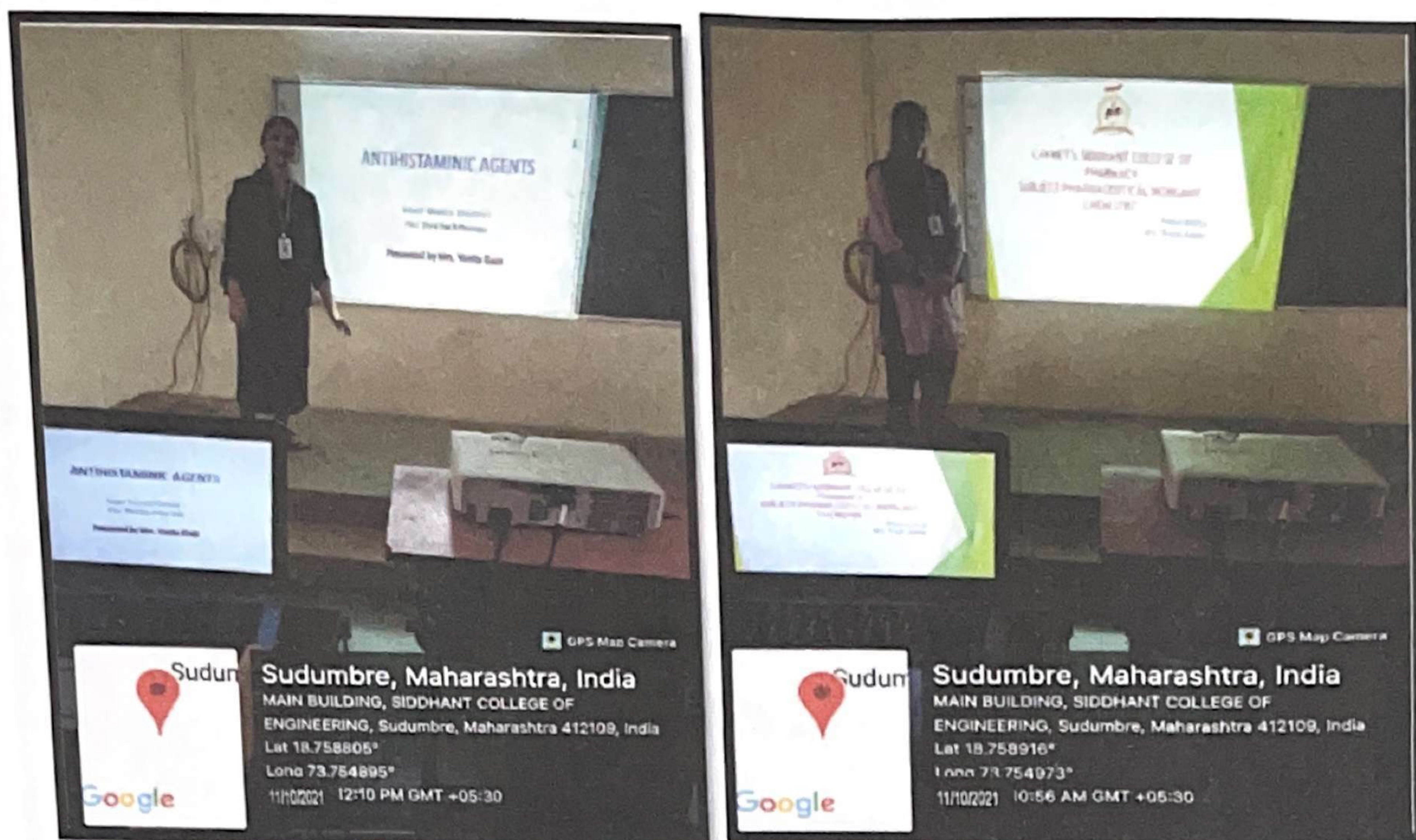


2. USE OF ICT TOOLS BY STAFF

Sr.No.	TOPIC	PRESENTED BY	YOUTUBE LINK
1.	Introduction To Human Body	Ms.Sujata Shinde	https://youtu.be/-Z4jrvpojei
2.	Prescription	Mrs. Rabia Petel	https://youtu.be/Fqomt36zjak
3.	Sources Of Drugs	Ms. Sunita Maharaj	https://youtu.be/Fm-6Eh9vM8g
4.	Importance of Communication Skills	Ms.Sunita Mahraj	https://youtu.be/R2YNP4iYNOY
5.	Solubility	Ms. Pooja Jadhav	https://youtu.be/2N9JjvgX3PY
6.	Antihistaminic Agents	Ms. Vanita gade	https://youtu.be/Y0c-3D2nRLQ
7.	Simple Staining	Ms. Deepali Gaikwad	https://youtu.be/AUNSJEb0JqI
8.	Acid bases & Buffers	Ms.Trupati Kajale	https://youtu.be/8dNWwNKgvvE
9.	Pituitary gland	Mrs. Swati Jogdand	https://youtu.be/oeo_8uEeHq4

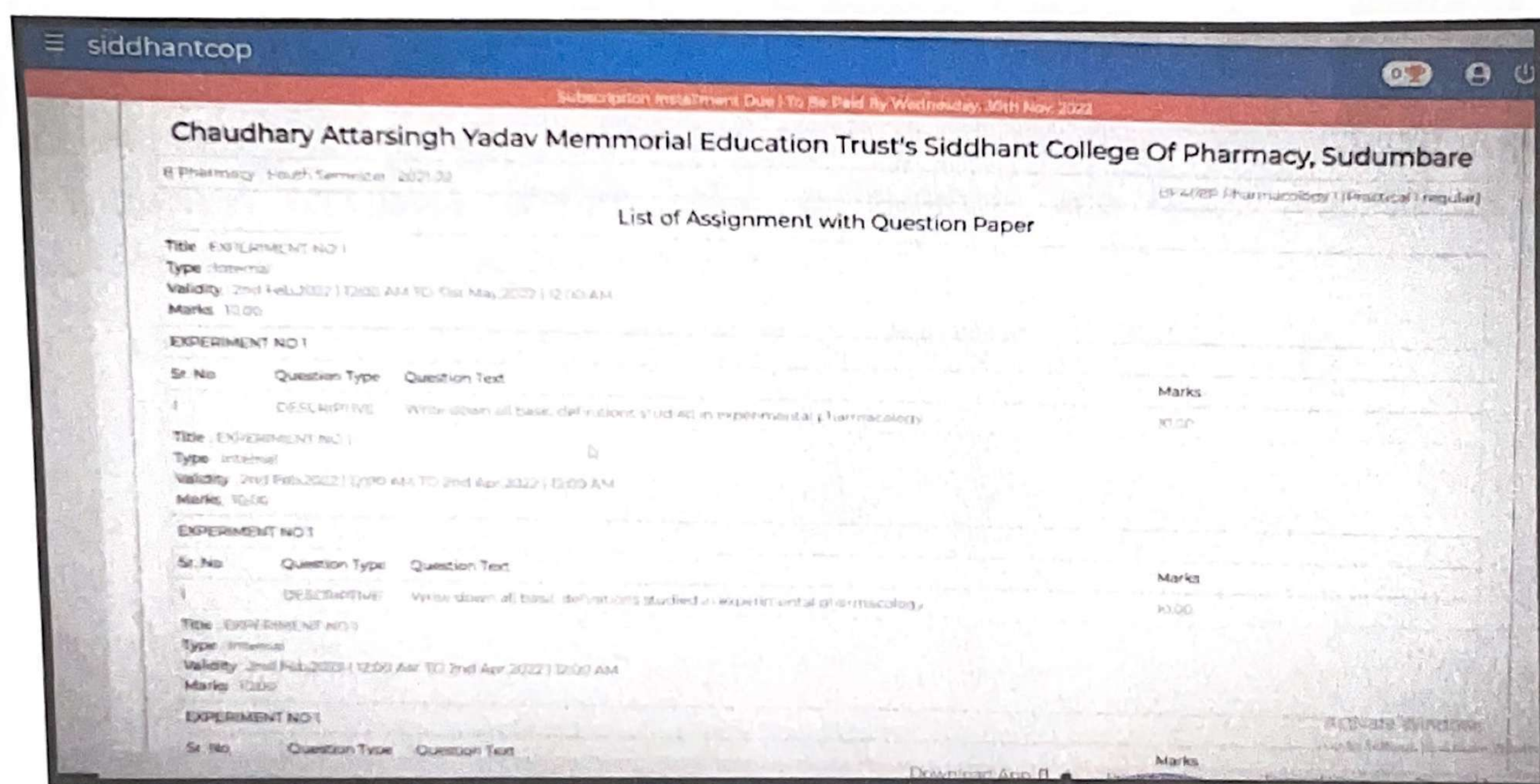






3. ASSIGNMENTS VIA VMEDULIFE

Assignments were given to each student after completion of topic or experiment on Vmedulife. Students completed assignments in given time and submitted completed assignment in pdf mode.

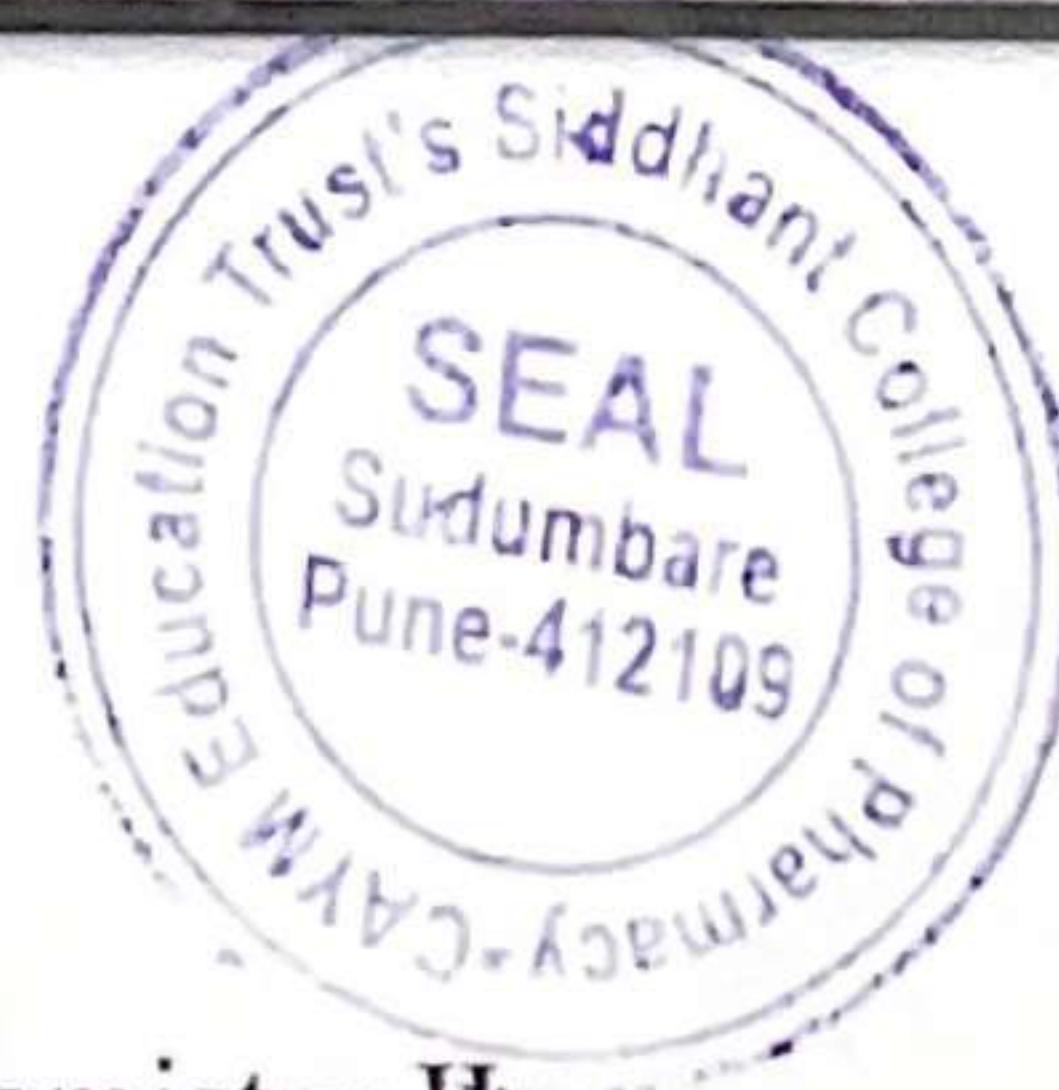


4. ZOOM LINKS:

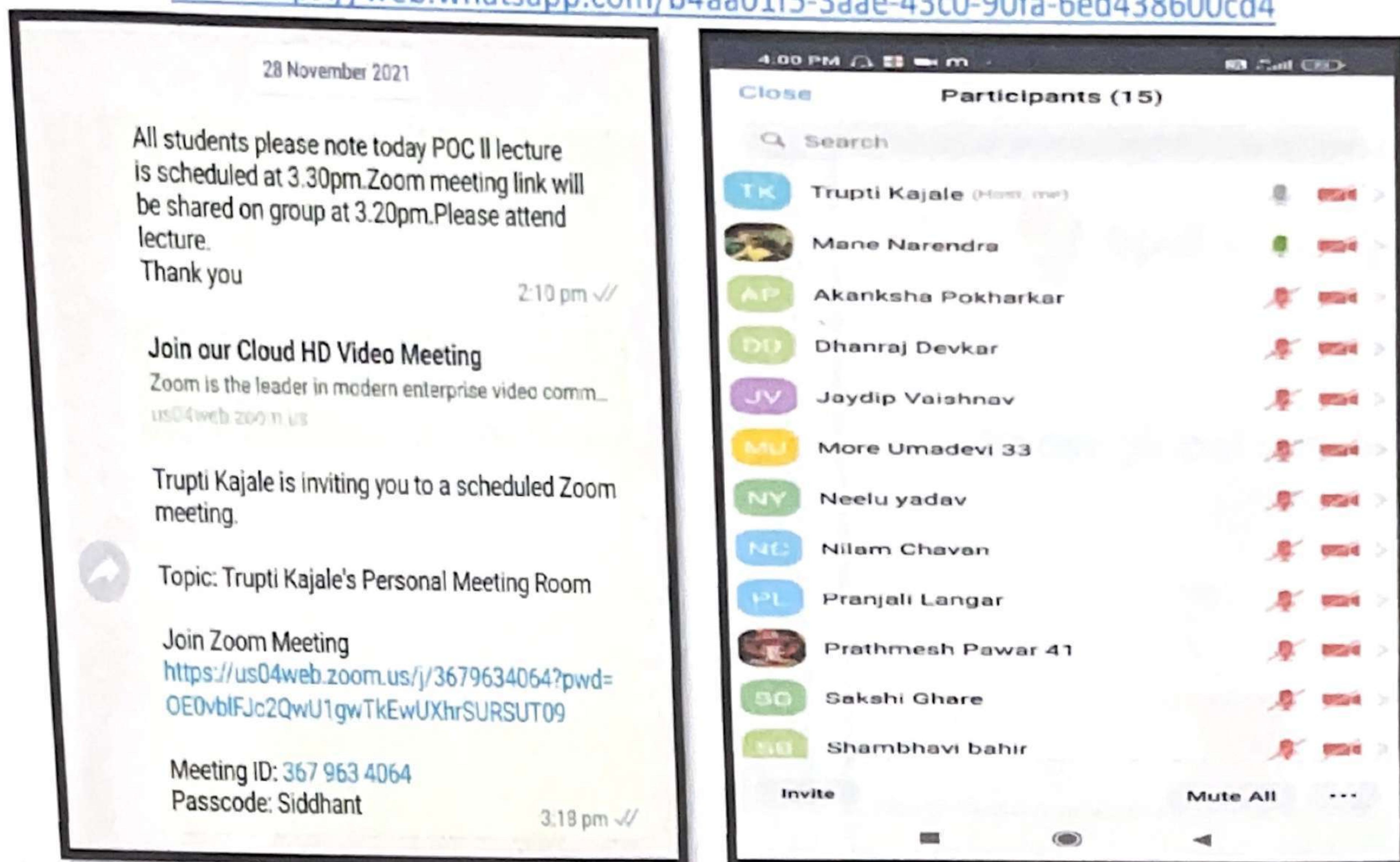
Date: 28/11/2021

Topic covered: Introduction to Pharmaceutical Organic Chemistry II

Total Participants: 15

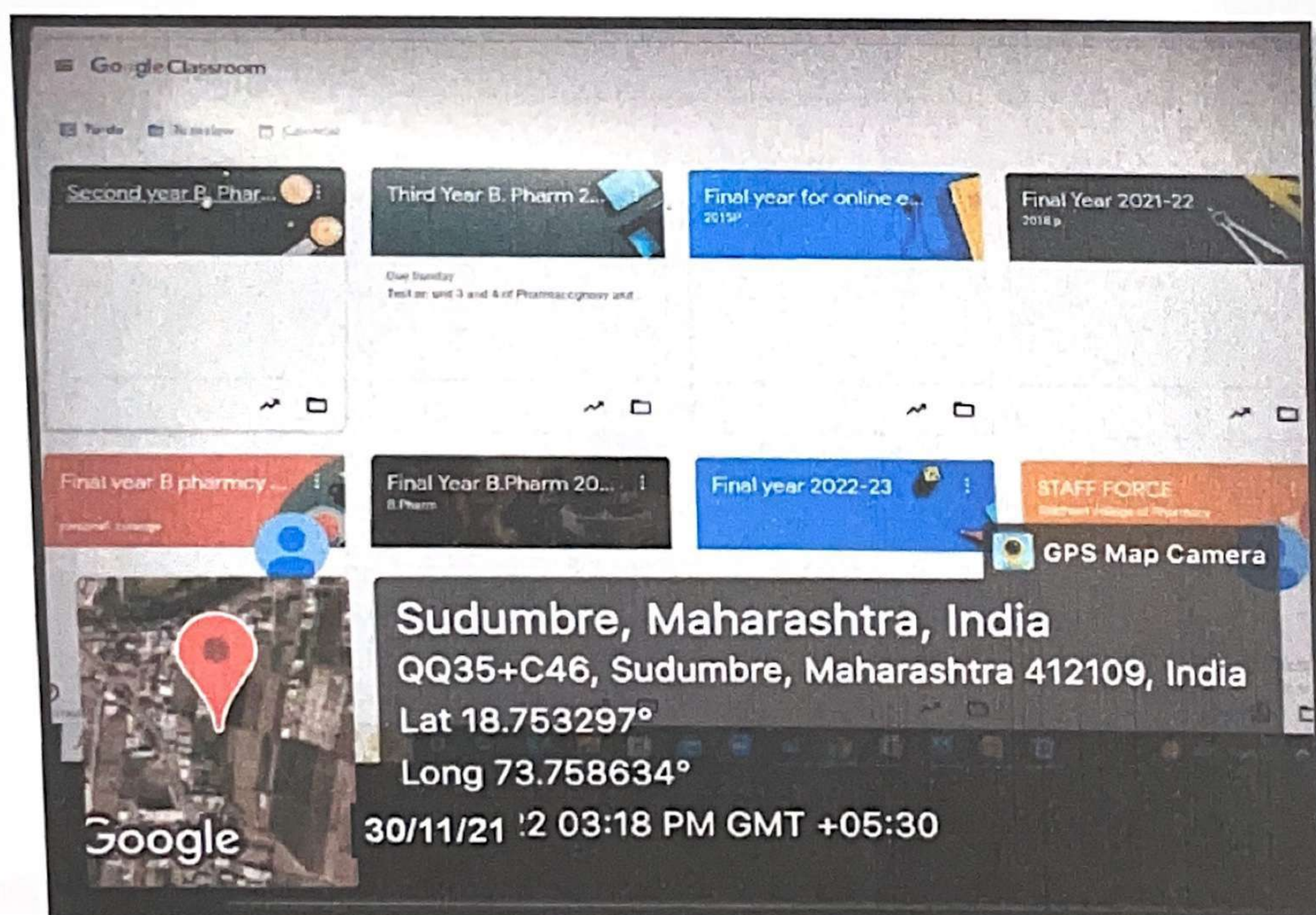


Link: <blob:https://web.whatsapp.com/b4aa01f5-3aae-43c0-90fa-6ed438600cd4>



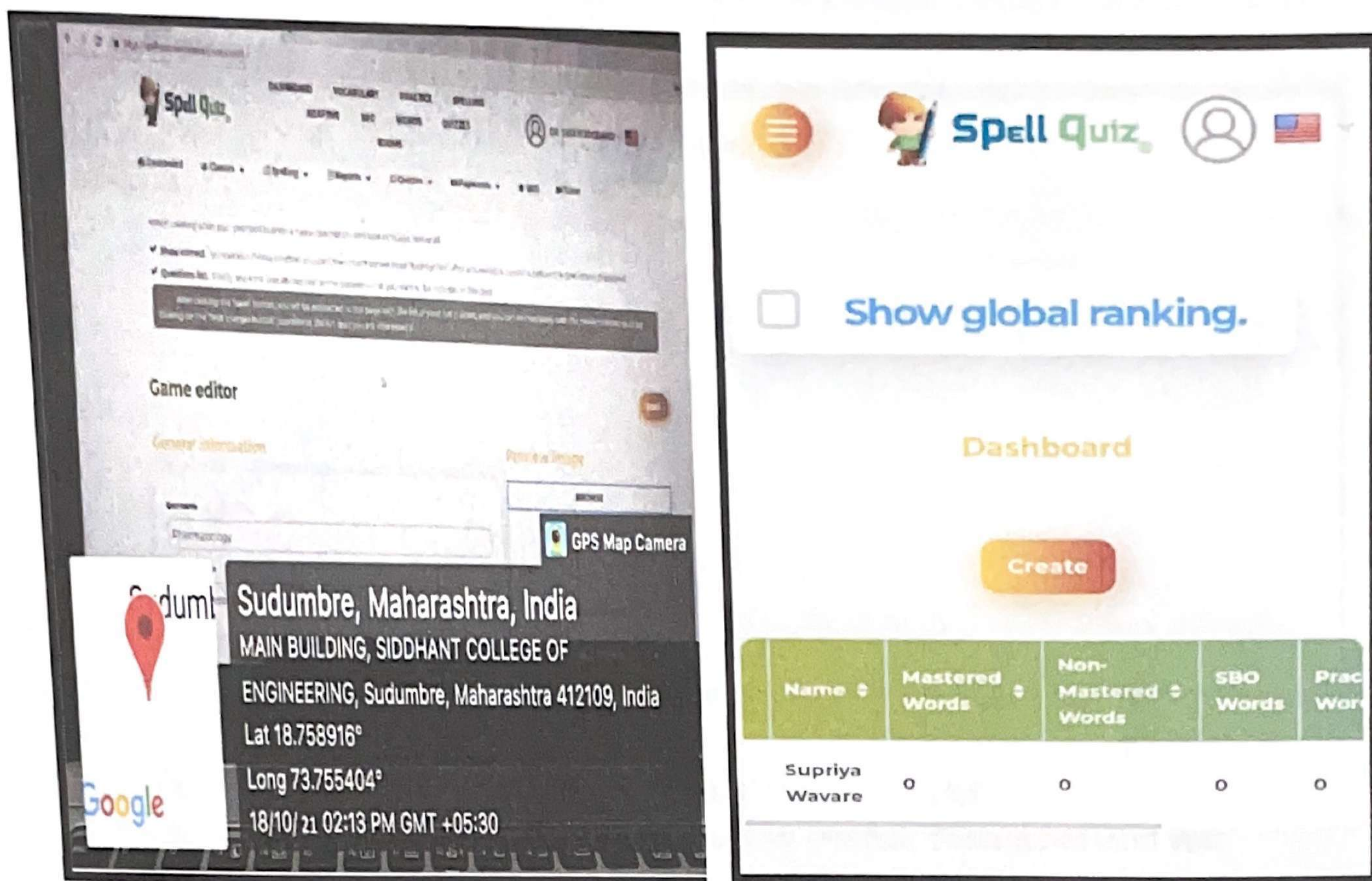
5. GOOGLE CLASSROOM

Google classroom is a free educational technology tool that allows to create an online classroom, invite students, and assign homework. It can also discuss assignments with students online and track their progress. All notifications, examination schedules, lecture links, assignments and study material are provided students on Google classroom.



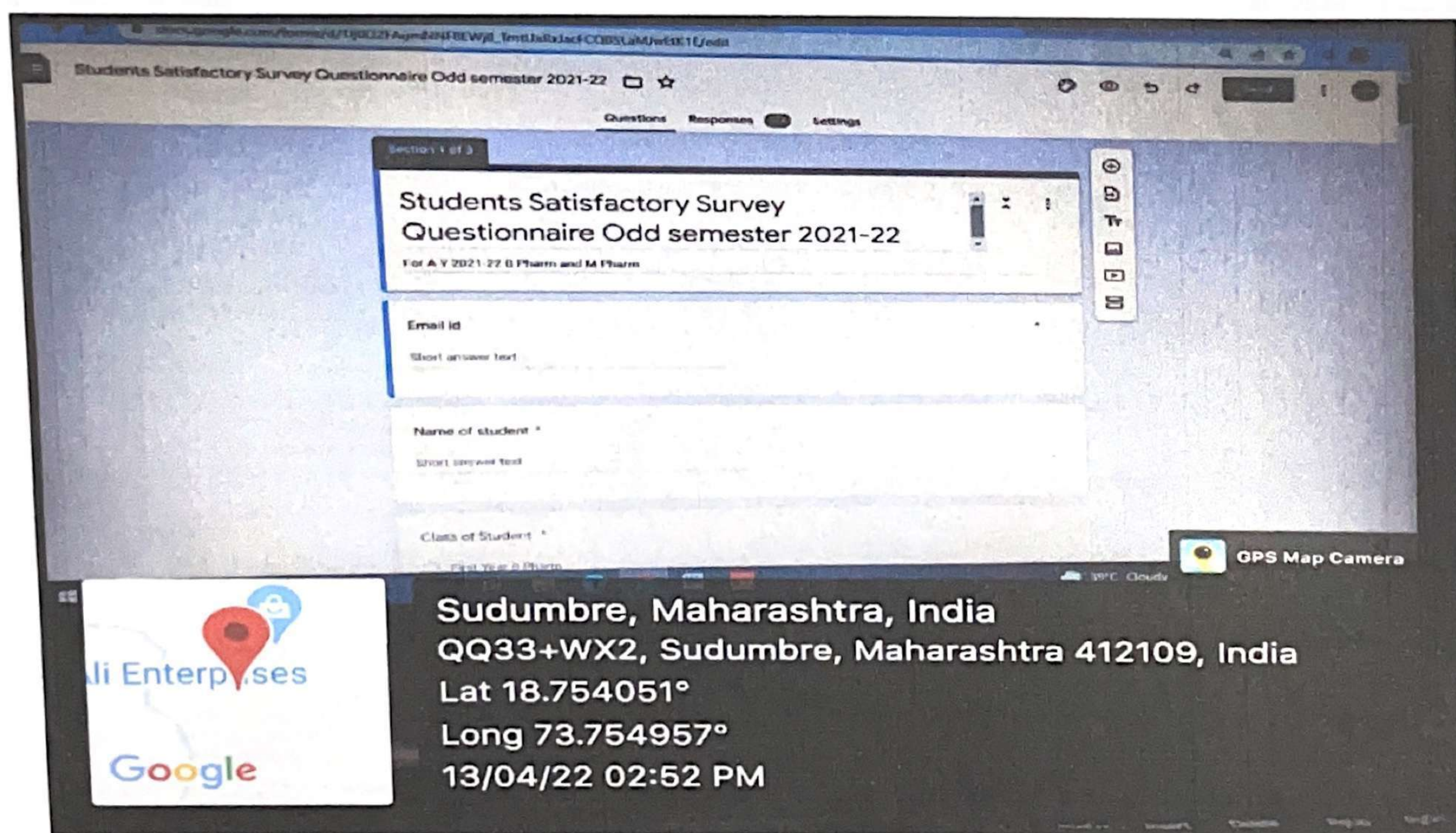
6. SPELLQUIZ

SpellQuiz is used to conduct Quiz by using Software.



7. GOOGLE FORMS

Google Forms were used to create online forms and surveys with multiple question types. Results were analyzed in real-time and from any device. Various feedbacks were collected from students for academics, TPC, etc.



Event Name -Webinar on Guidance for Competitive Examinations

Feedback of Webinar was taken by Google form



https://docs.google.com/forms/d/e/1FAIpQLScVXQQbFQzAoLcmgehofYunYoWzzIbTkX7QqnjNuzQpaFjK_Q/viewform?usp=sf_link

8. SIMULATION/ EX-PHARMACOLOGY SOFTWARE

students studied Pharmacology Simulation Practical's using Ex-Pharmacology online tool

Link <https://heb-nic.in/>

BUREAU FOR HEALTH & EDUCATION

STATUS UPLIFEMENT

(Constitutionally Entitled As- Health Education Bureau)

Address: 55/20, Rajat Path, Mansarovar,

Jaipur, Rajasthan, Pin:302020

Contact:0141-2783681, 9636348191

Mail: serviceheb@gmail.com, support@heb-nic.in

Website: www.heb-nic.in

Proforma Invoice/Quotation

Date: 21/03/2022

Proforma Invoice/Quotation No.: 2203219/2022

GST Reg. No: 08AJAPA75701128

Category: Institution

Billing Address	Office Address
Siddhant College of Pharmacy, Pune, Maharashtra.	Siddhant College of Pharmacy, Pune, Maharashtra.

Quantity	Description (Subscription)	Duration	Unit price	GST	Total
1.	Software- EWL (English Edu. - Will. Wordsworth - Language Lab) - Software for English Language Lab	3 Years	19,800 ₹ (Regular Pack - Site license - For Predefined Number of Systems)	3,564 ₹	23,364 ₹
All Demand Draft & Cheque should be in favor of "Health Education Bureau" Payable at Jaipur, Rajasthan Final invoice will be issued at the completion of payment.				Sub Total	23,364 ₹
				Remarks	-
				Total Due	23,364 ₹

Remit payment in INR to Following Account Details:

Account Name: Health Education Bureau,

Bank: UCO Bank

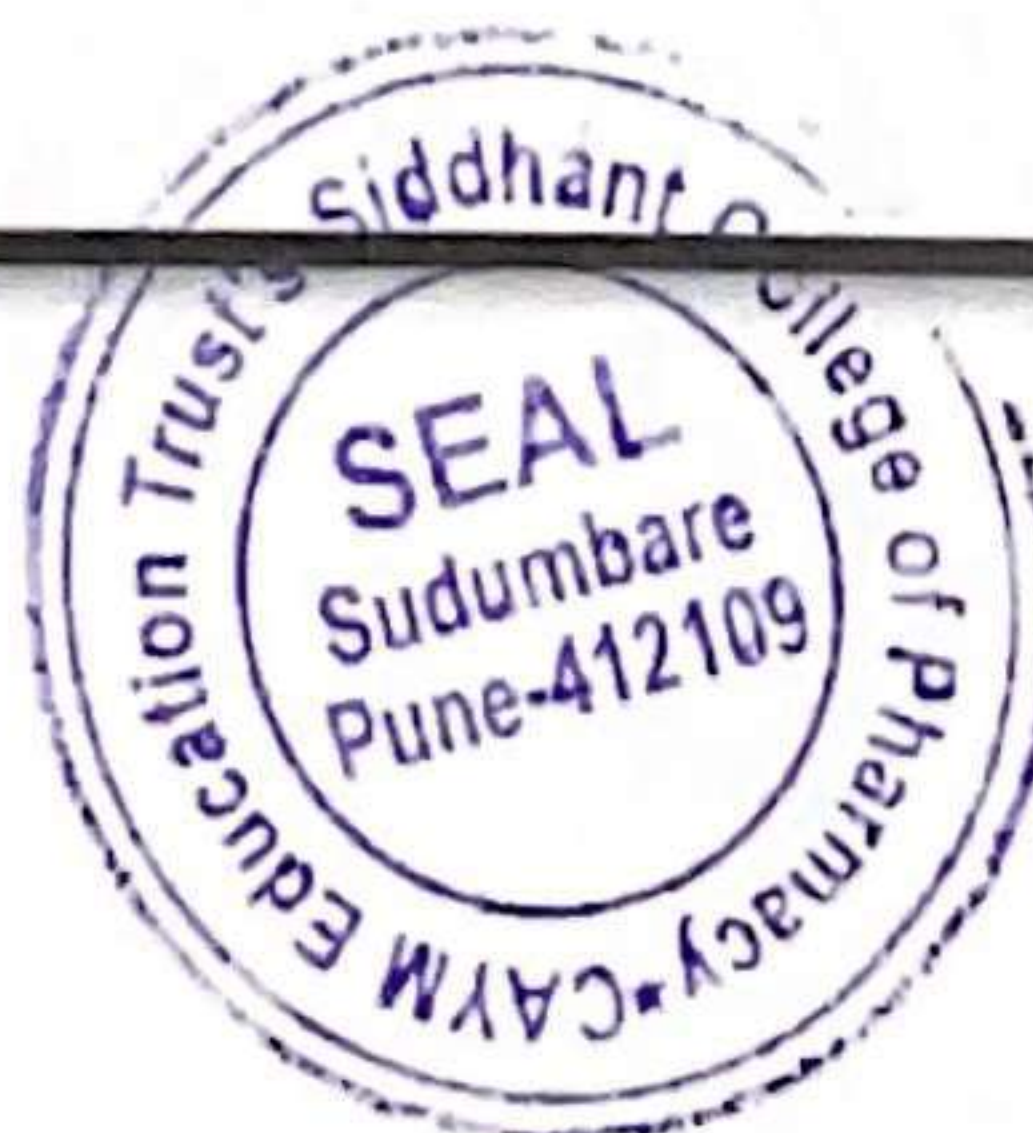
Branch: Mansarovar, Jaipur, Rajasthan

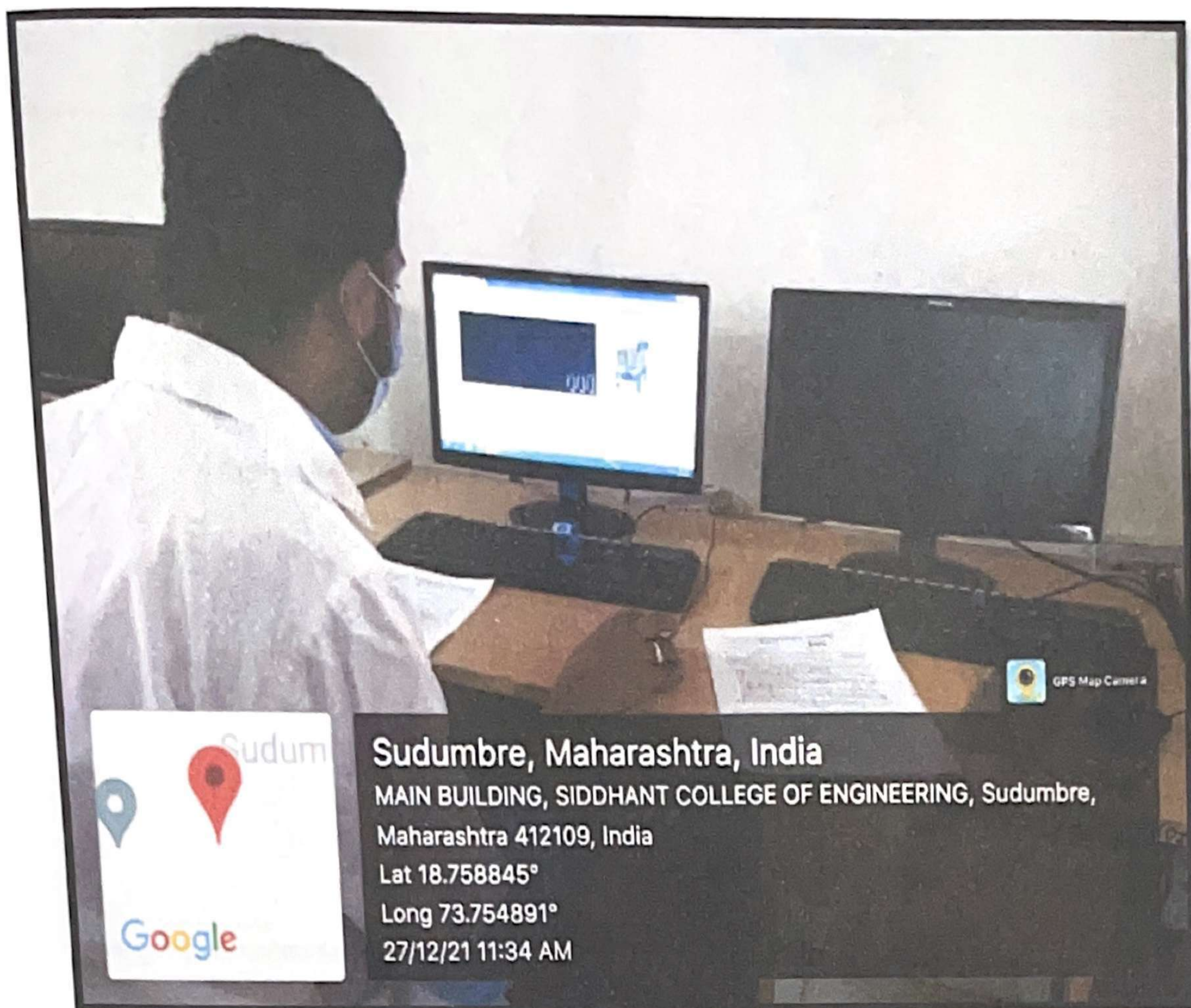
Account No. 20960210003121,

IFSC Code: UCBA0002096

Address: 55/20, Rajat Path, Mansarovar, Jaipur, Rajasthan [India], PIN-302020

*The subscription price covers delivery charges also.



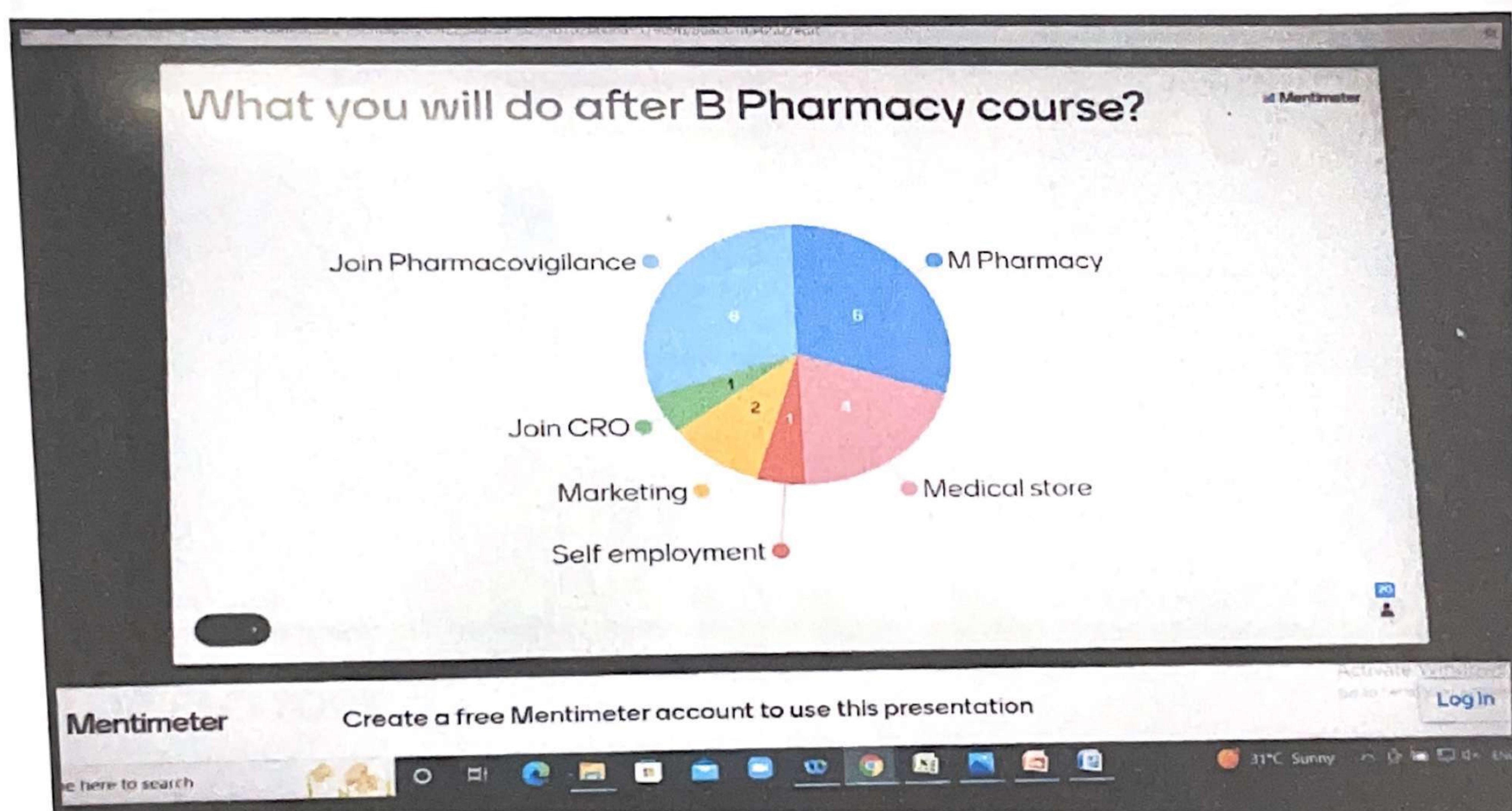


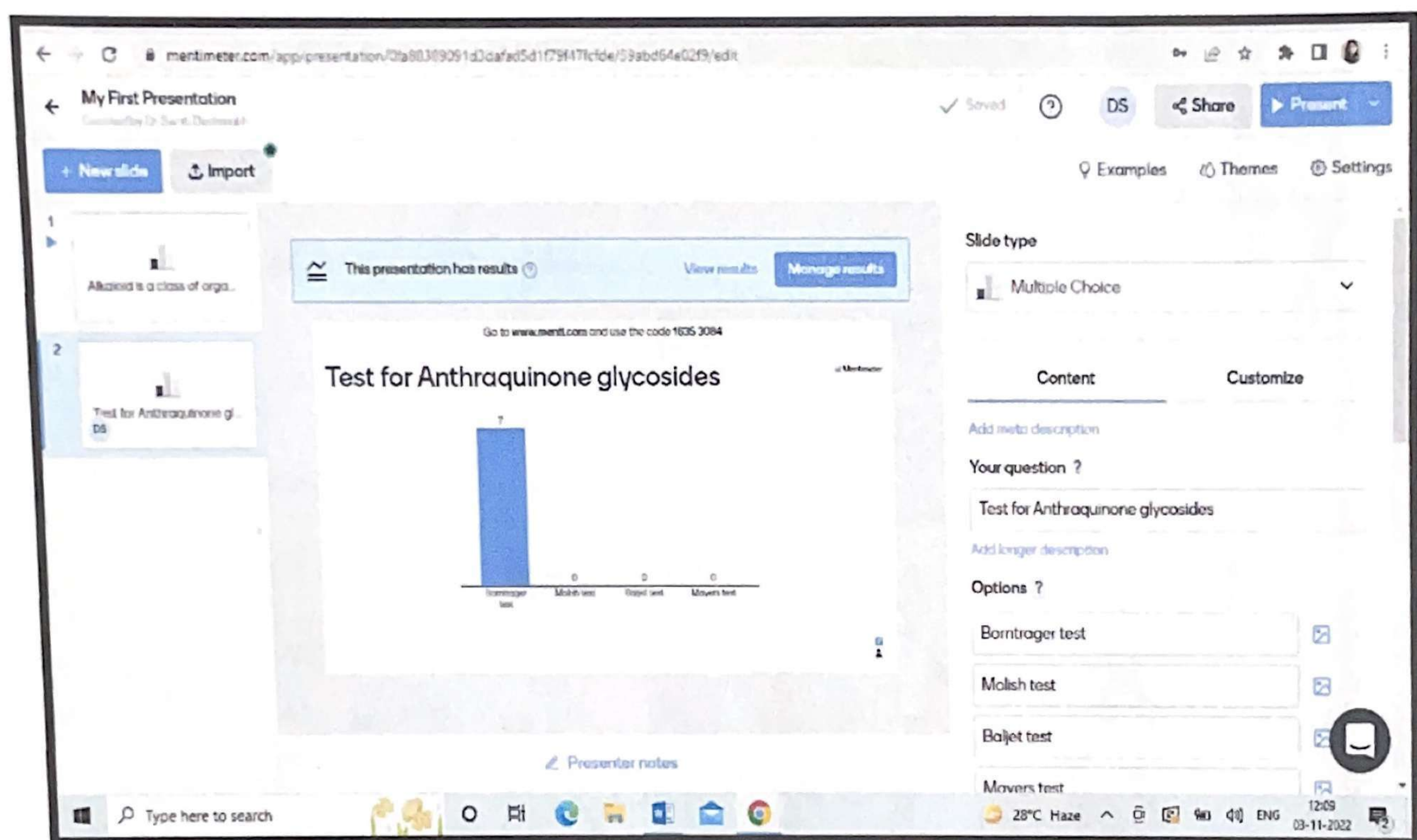
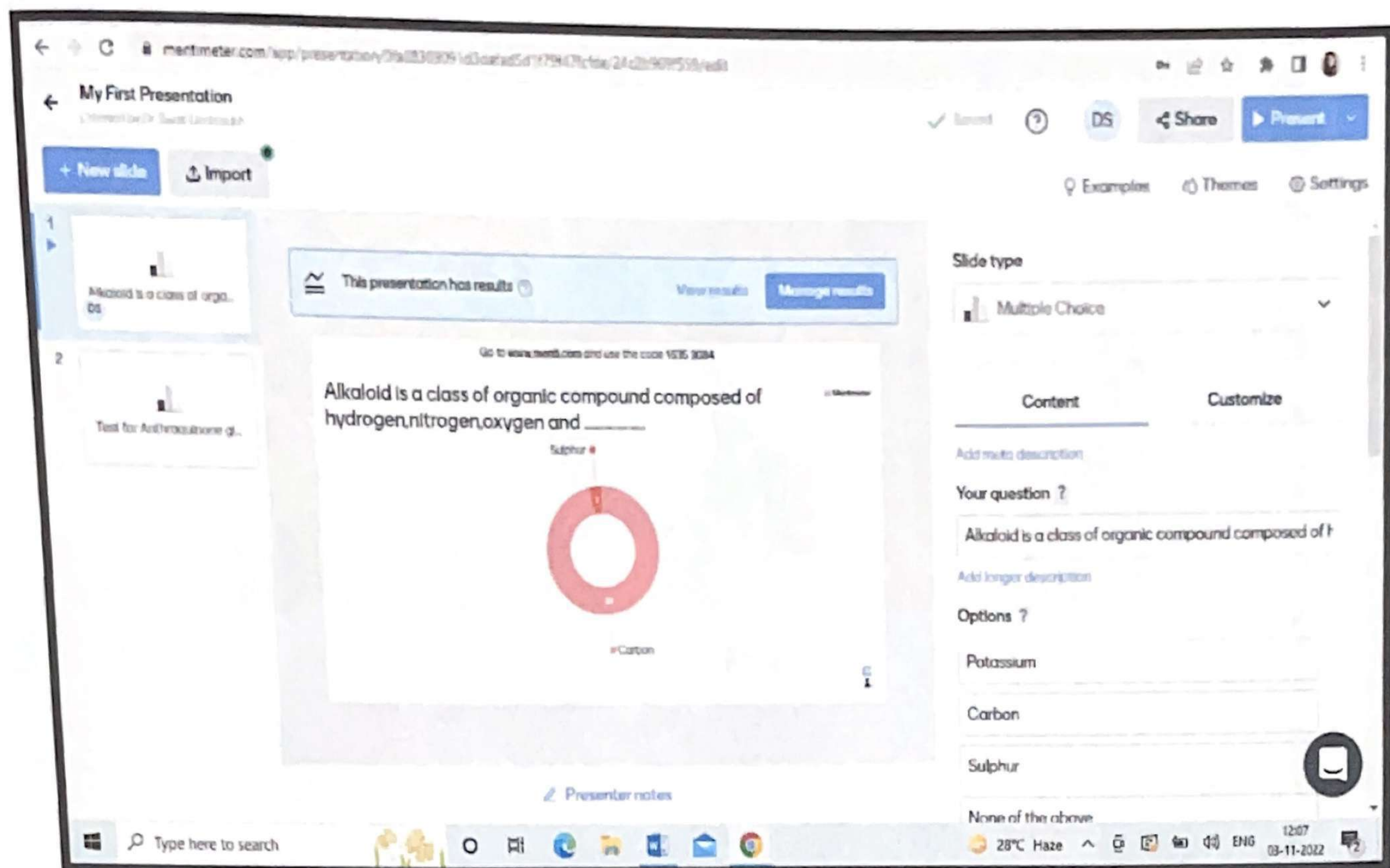
9. MENTIMETER

Students' interest after B Pharmacy was collected with the help of Mentimeter tool.

Link

<https://www.mentimeter.com/s/69f229ad22e93233b7d2b606a937909b/86aeb1aa42a2/edit>



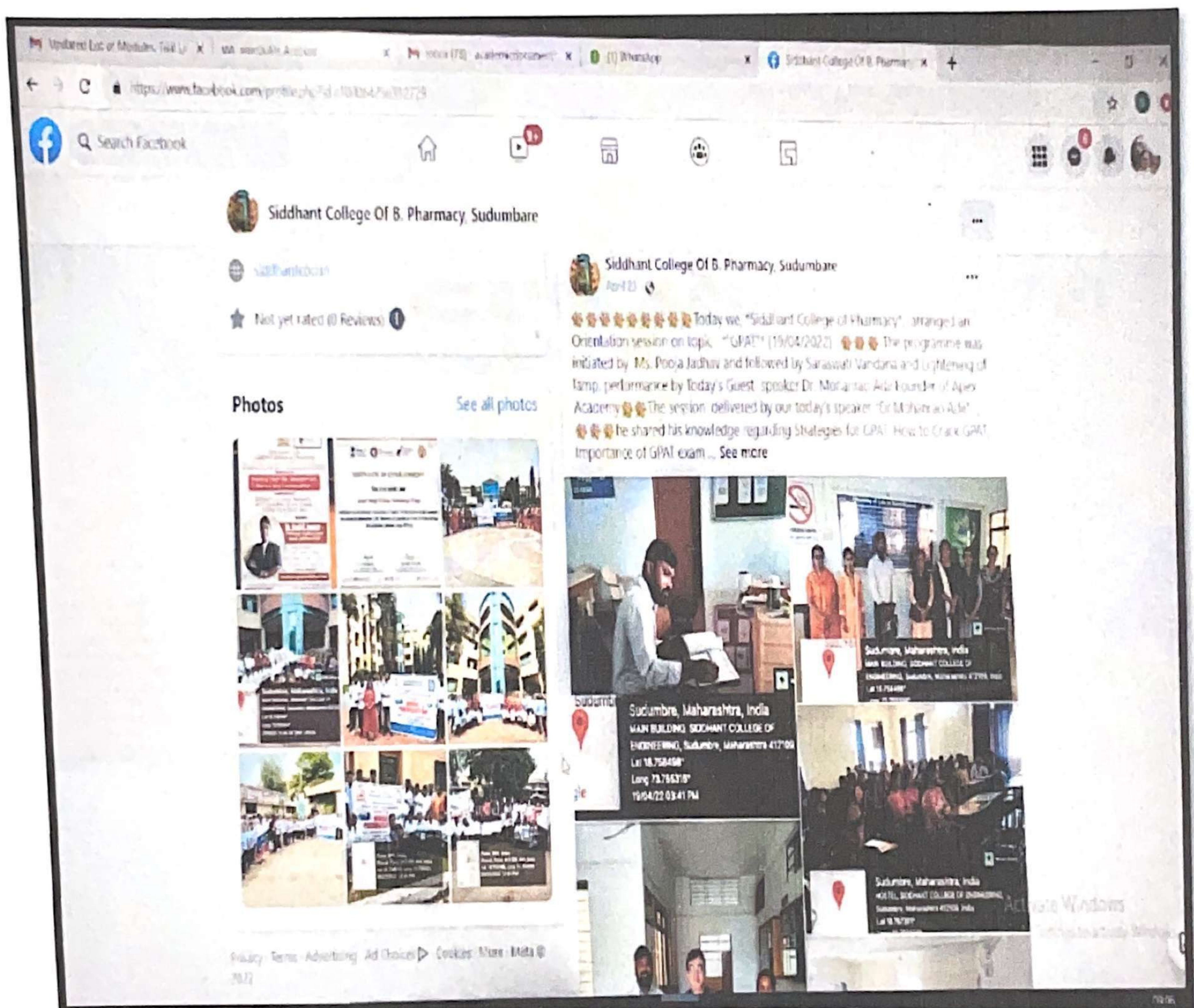
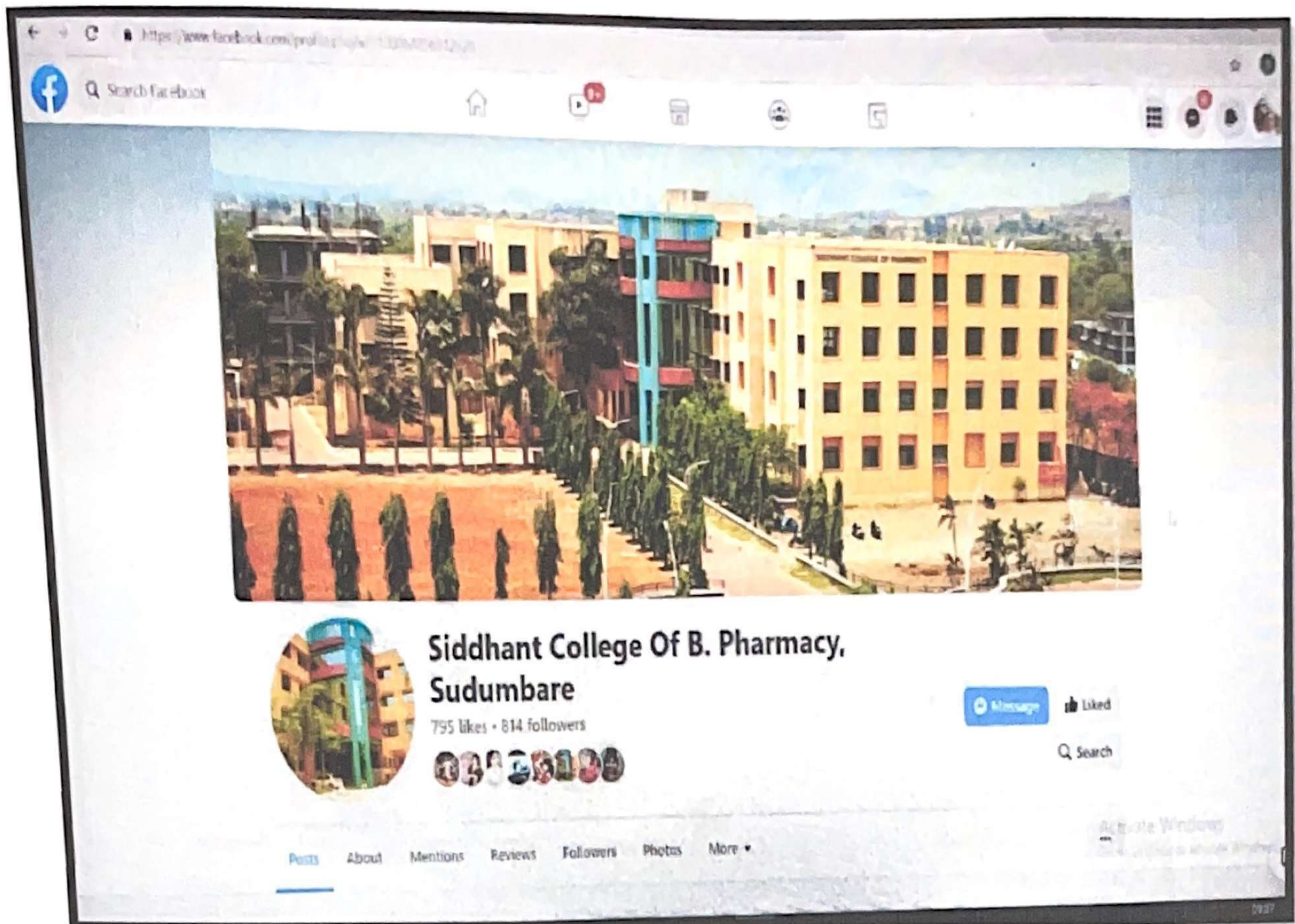


10. FACEBOOK

Face book page was created by Siddhant college of Pharmacy, Sudumbare. Students, teaching and non teaching staff were connected via Face book. Various events conducted in college were uploaded on face book.


<https://www.facebook.com/Siddhant-College-Of-B-Pharmacy-Sudumbare-112794463635748>

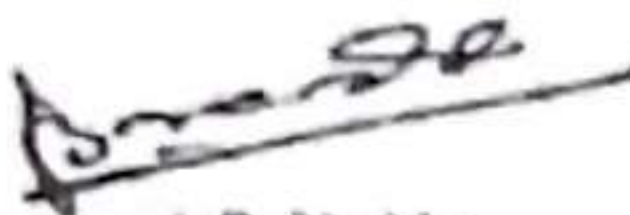






11. ONLINE COURSES

Various online courses like SWAYAM, etc. were attended by students and staff. Also received certificate after completion of courses.

SWAYAM ONLINE COURSE CERTIFICATION					
<p>This certificate is awarded to Swati Babasaheb Pokale for successfully completing the 4 credit course Academic Writing with a consolidated score of 92% from the evaluation based on continuous online assessments and the proctored examination held in month of February 2022.</p> <p>This course was offered by Dr. Ajay Semalty of HNB Garhwal University</p>					 Roll No. : MA09004241
Marks in Online Assignments		Marks in Proctored Exam		Total Score	
Total	Obtained	Total	Obtained	Total	Obtained
30	30	70	62	100	92


J. B. Nadda
National Coordinator
Consortium for Educational Communication (CEC),
New Delhi


CEC


Prof. Arun Singh Rawat
Controller of Examination
H.N.B. Garhwal University, Garhwal

To validate and check scores, <https://swayam.gov.in>

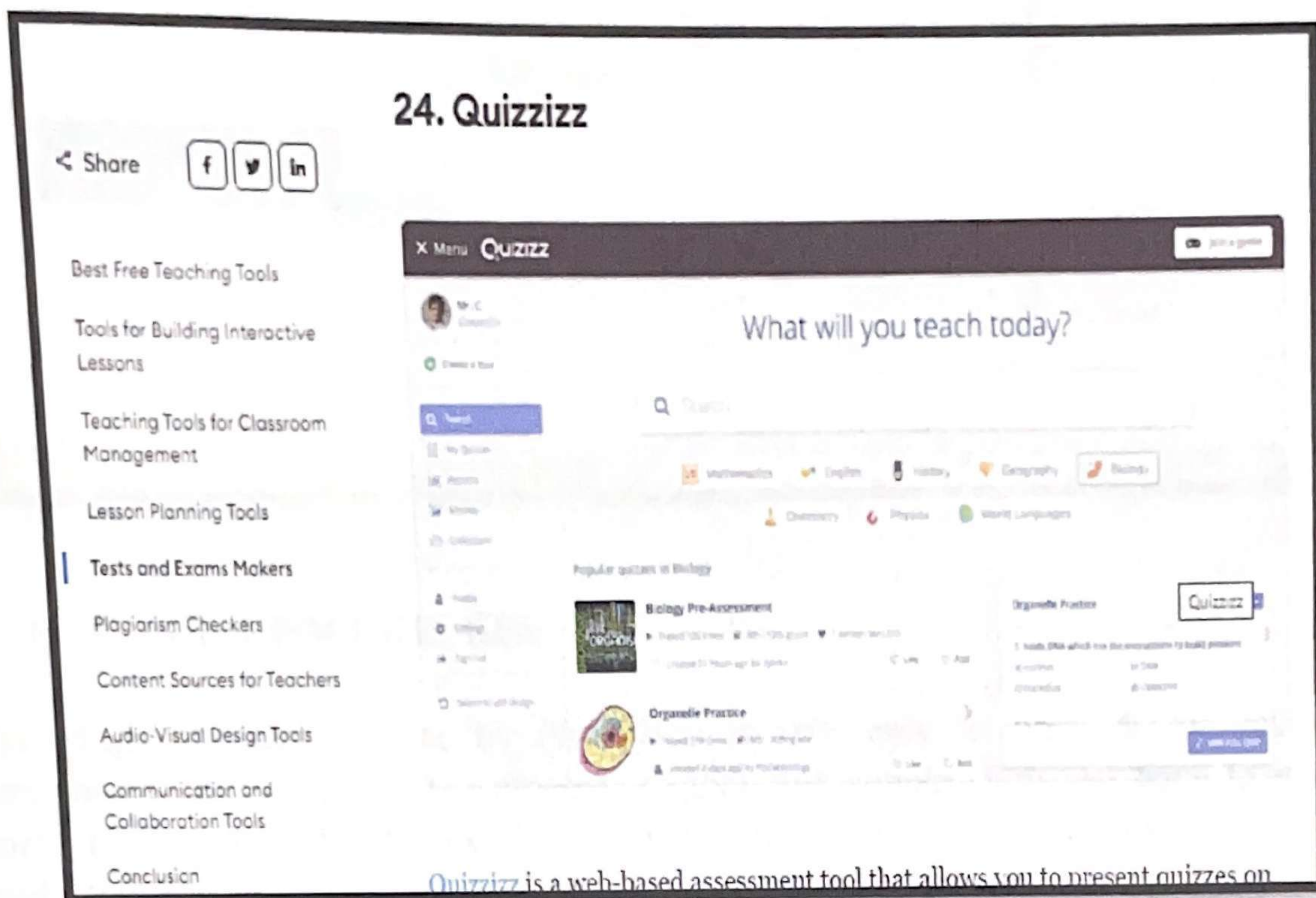
Issued On: 14/05/2022

CERTIFICATE OF ACHIEVEMENT	
<p>This is to certify that SWATI JOGDAND has successfully completed 1 hour 4 minutes online course of 3 Basic Rules of Effective Content Creation For Pharma Brands on 13/08/2021</p> <p>Valid Certificate ID: 28d9e99884445bae</p> <p> Gauri Chaudhari, PharmaState Academy</p>	



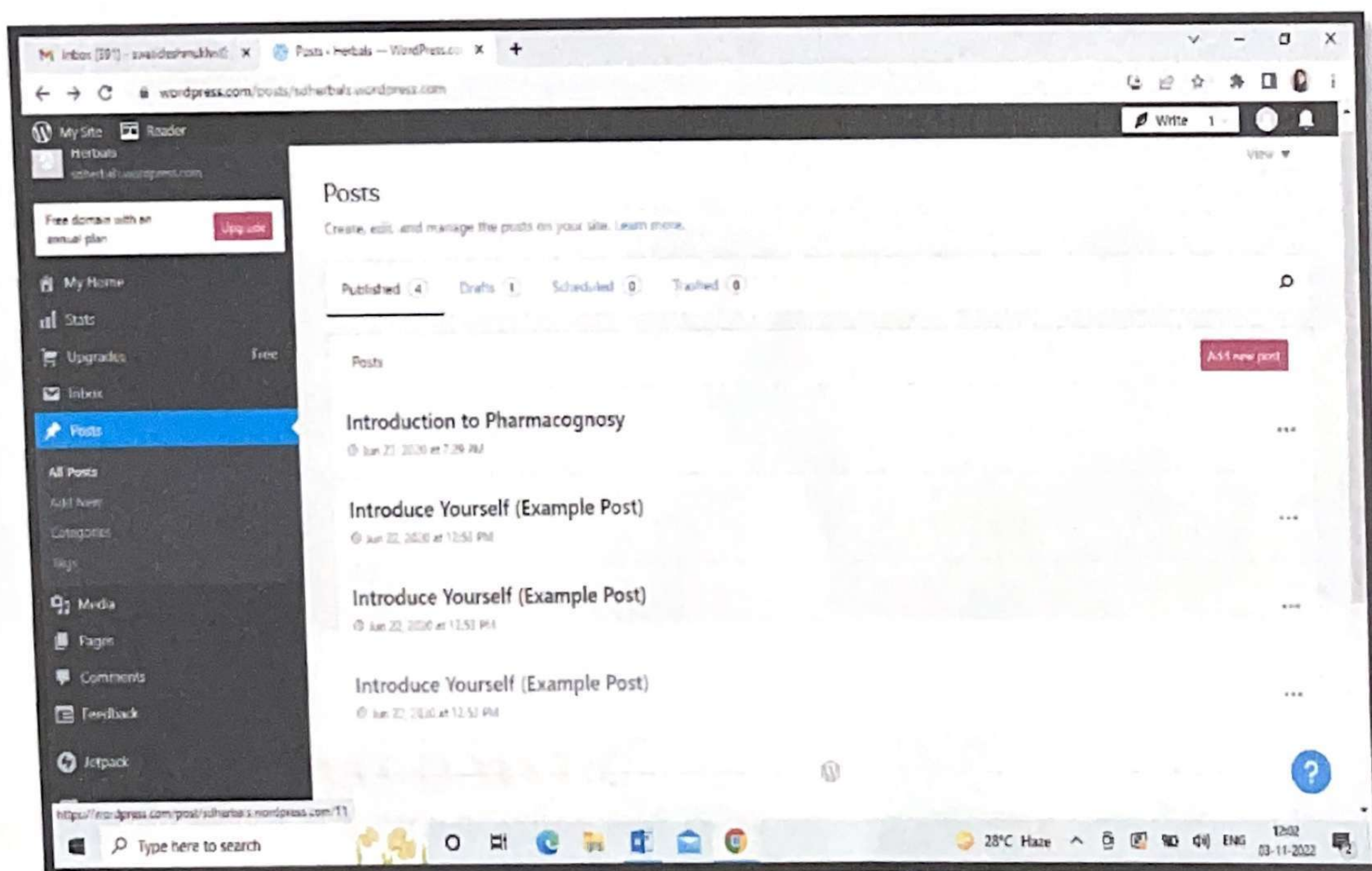
12. Quizzizz

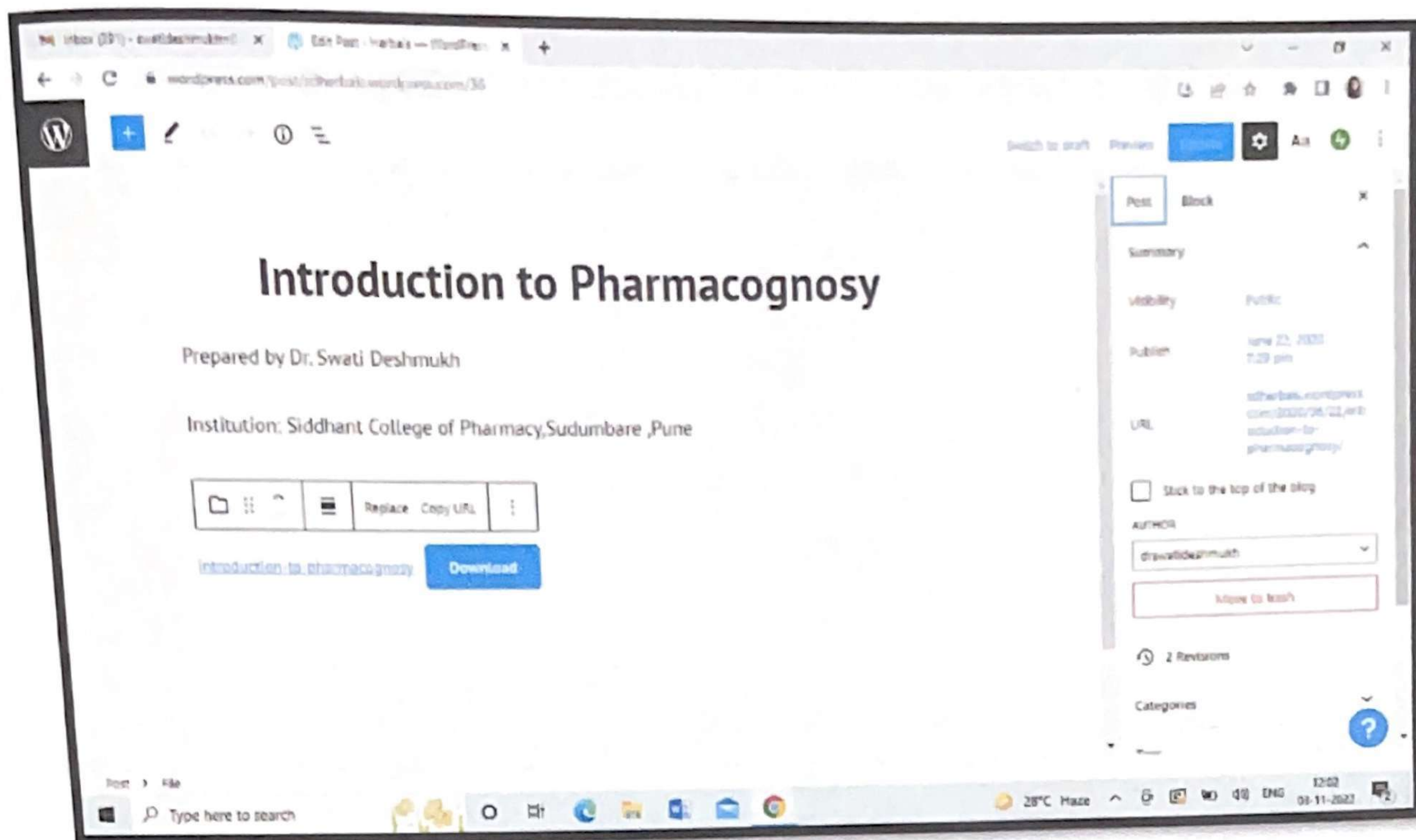
Quizzizz is a web-based assessment tool that allows you to present quizzes on science, social sciences, computer science, technical education, and art to students as a timed test or homework with a specified deadline



13. WORDPRESS

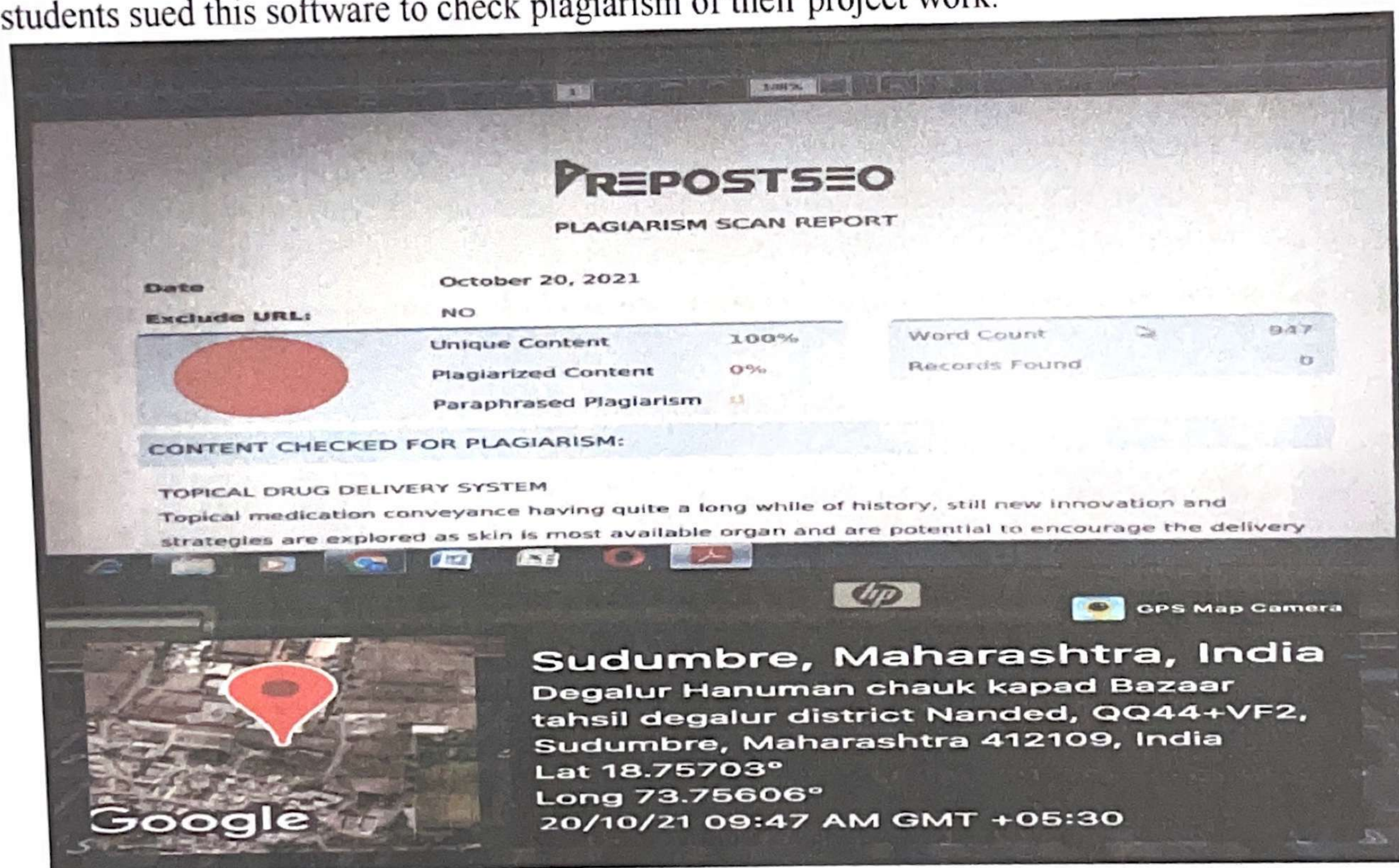
WordPress.com allows to build a website that meets unique needs. Start a blog, business site, portfolio, online store, or anything else can imagine. Teachers created blog pages and shared study material.





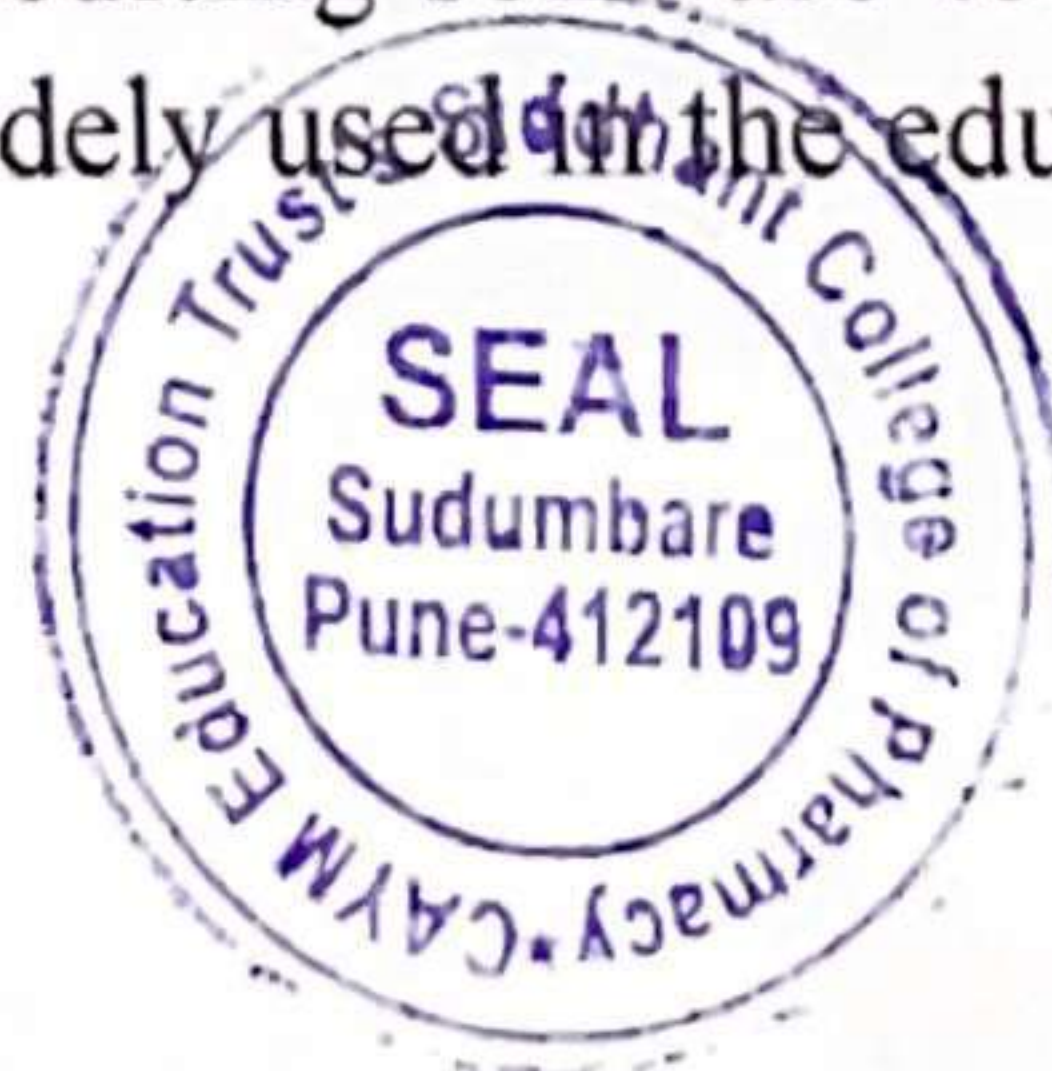
14. PLAGIARISM CHECKER SOFTWARE

The plagiarism checker free by Prepostseo is very easy to use. All the features are prominently displayed and the process is quick and simple. You just have to enter your content and click on the "Check Plagiarism" button to start the scan. Final year and M Pharm students used this software to check plagiarism of their project work.

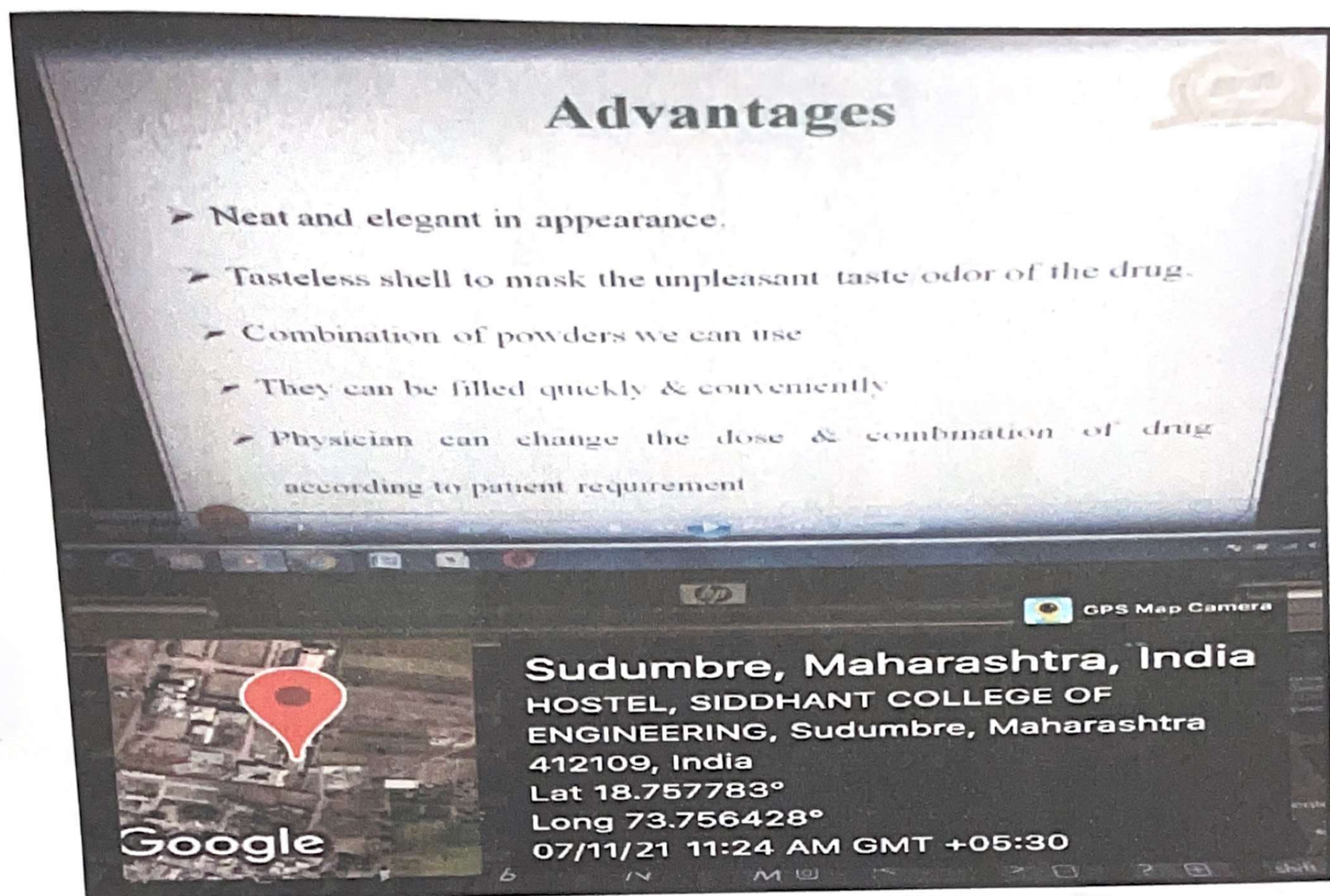


15. SCREENCAST-O-MATIC

Screencast-O-Matic is a screencasting and video editing software tool that can be launched directly from a browser. The software has been widely used in the education sector to support

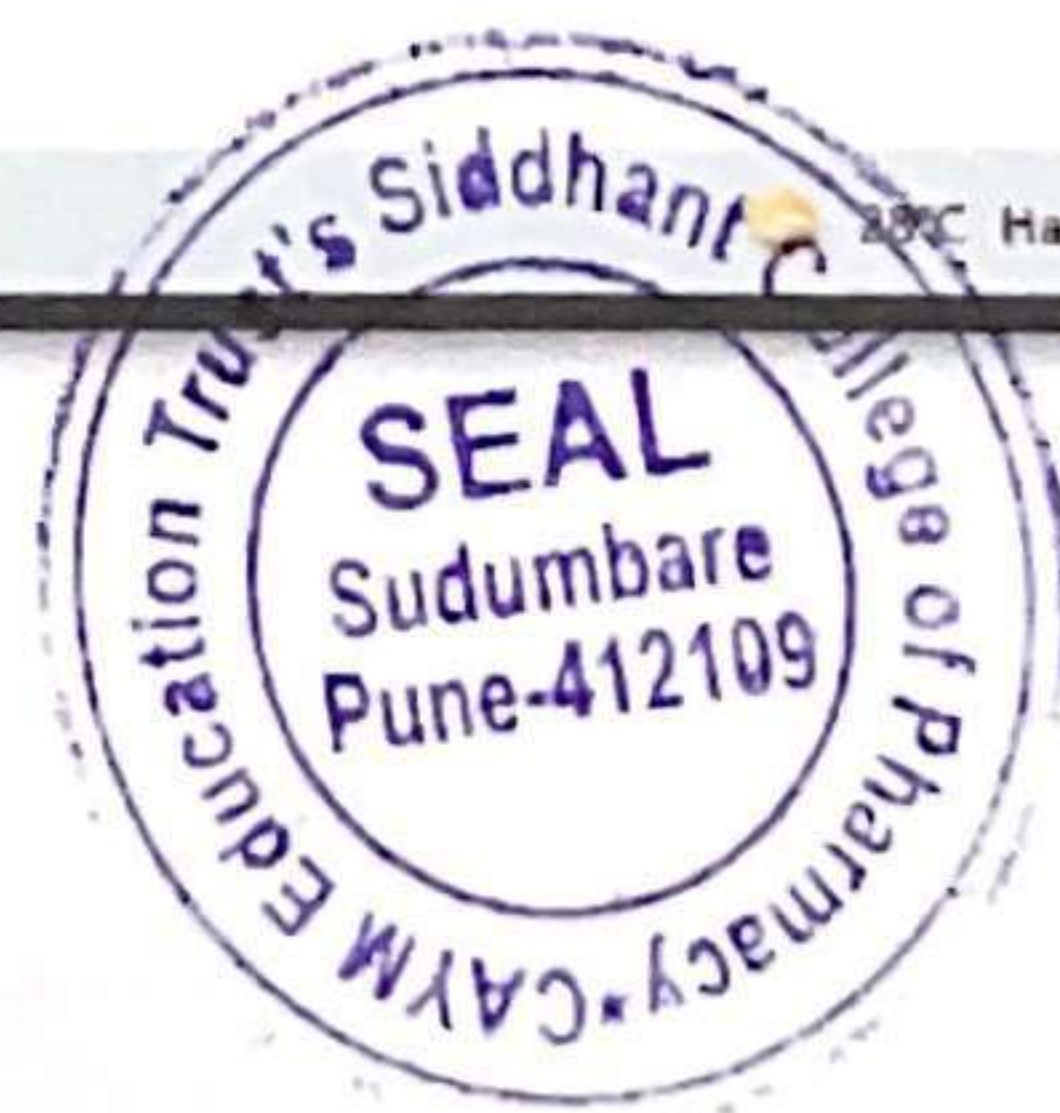
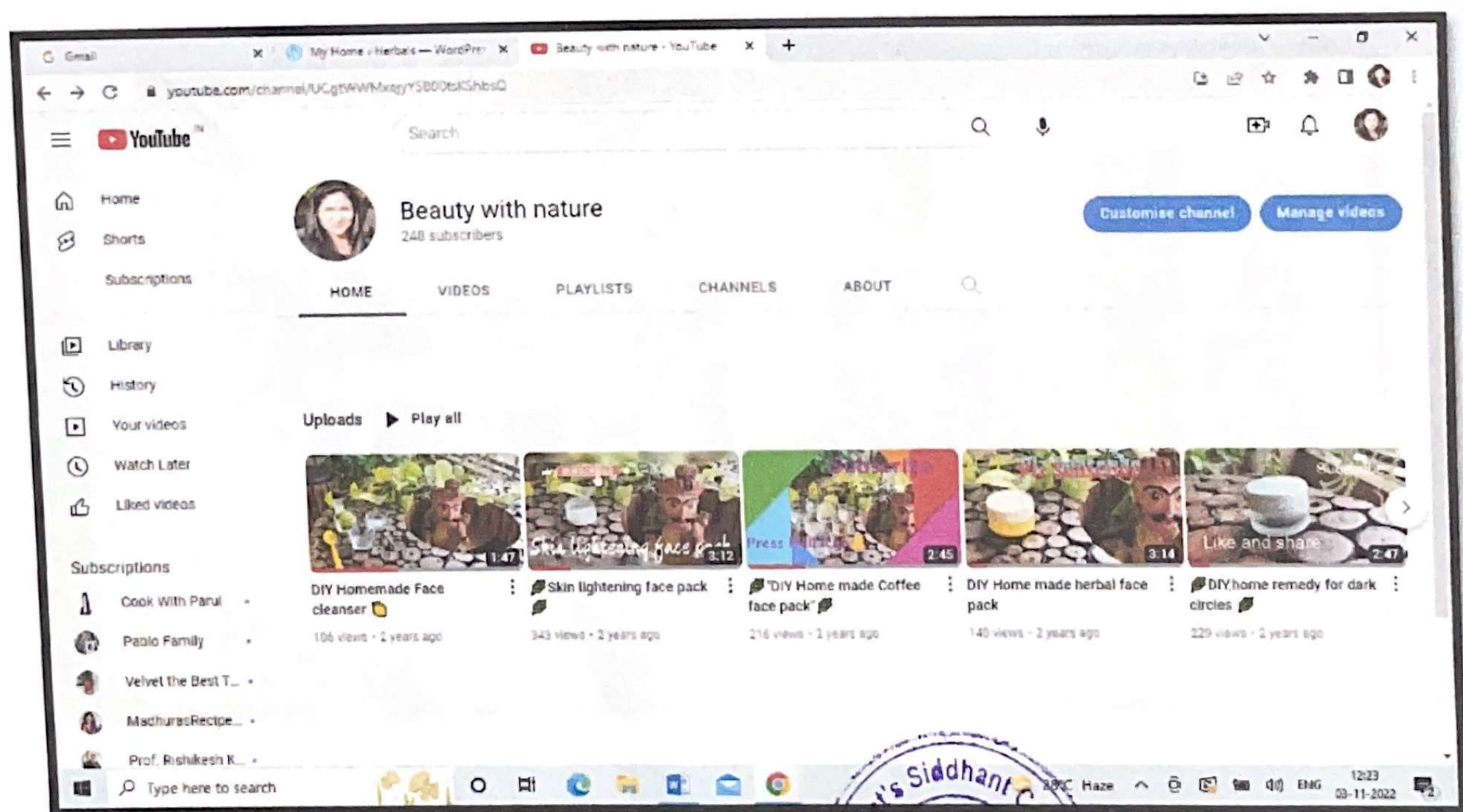


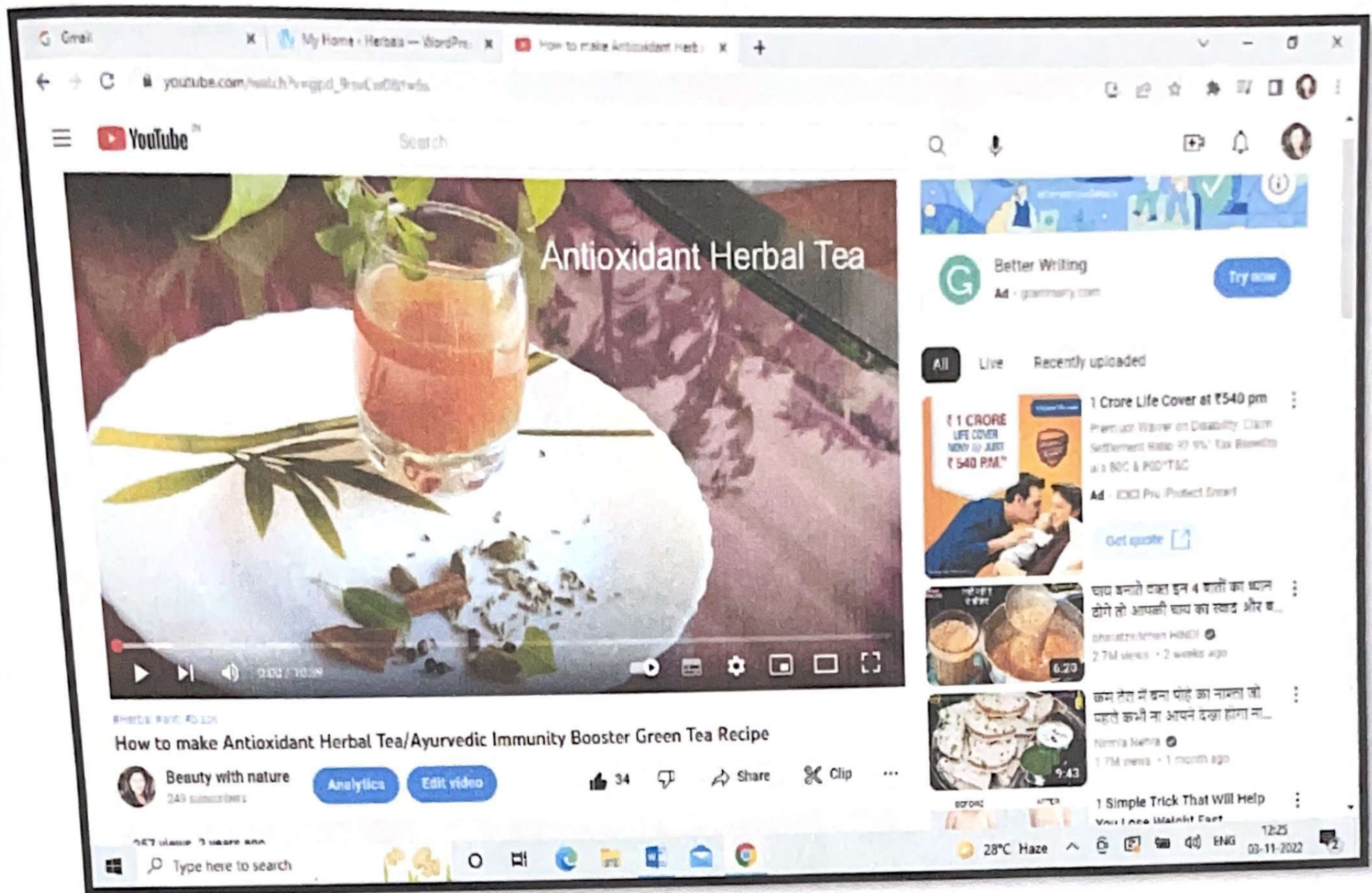
video creation for flipped classrooms, bi-directional student assessments, lecture capture, and student video assignments.



16. YOU TUBE CHANNEL

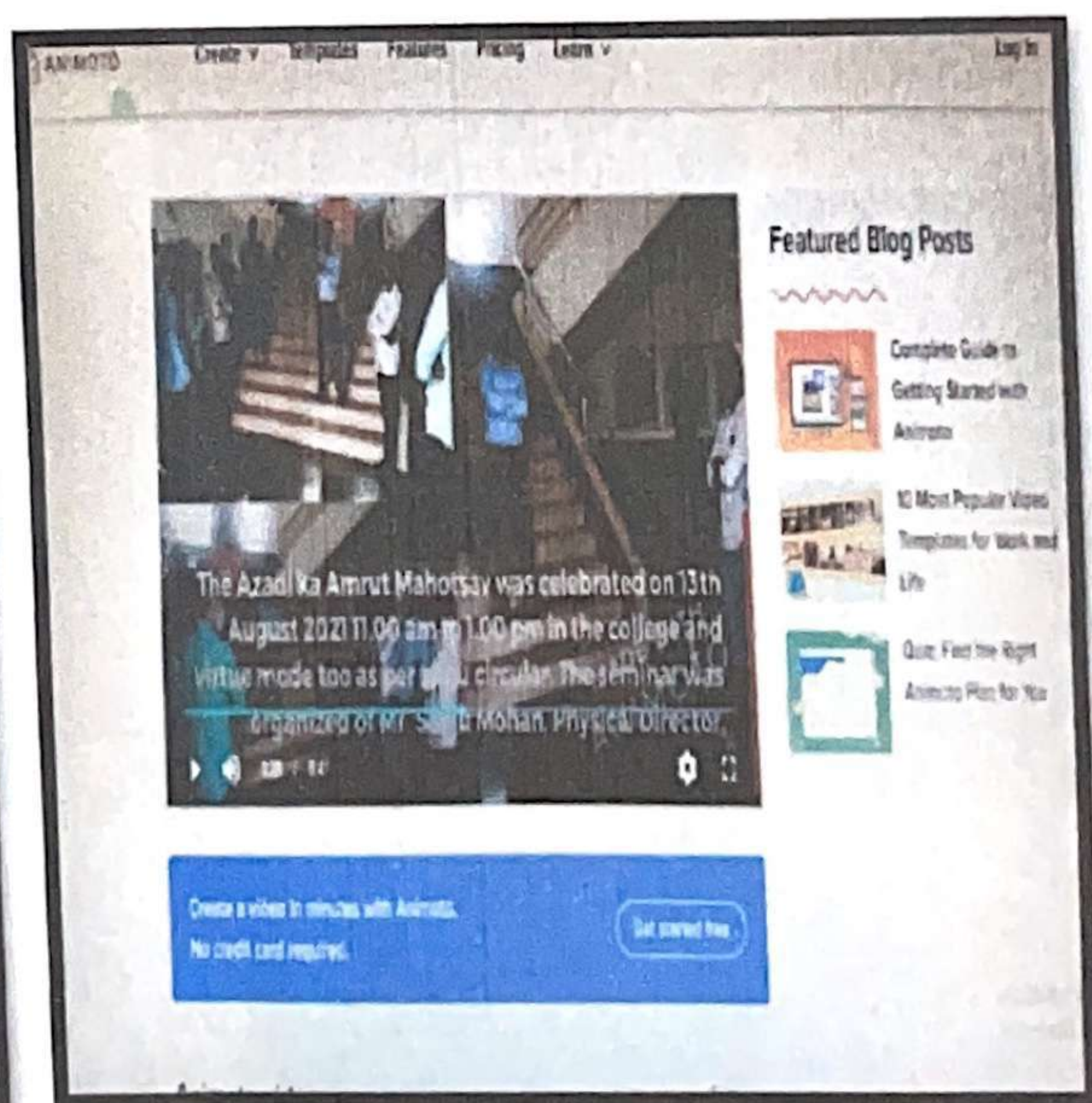
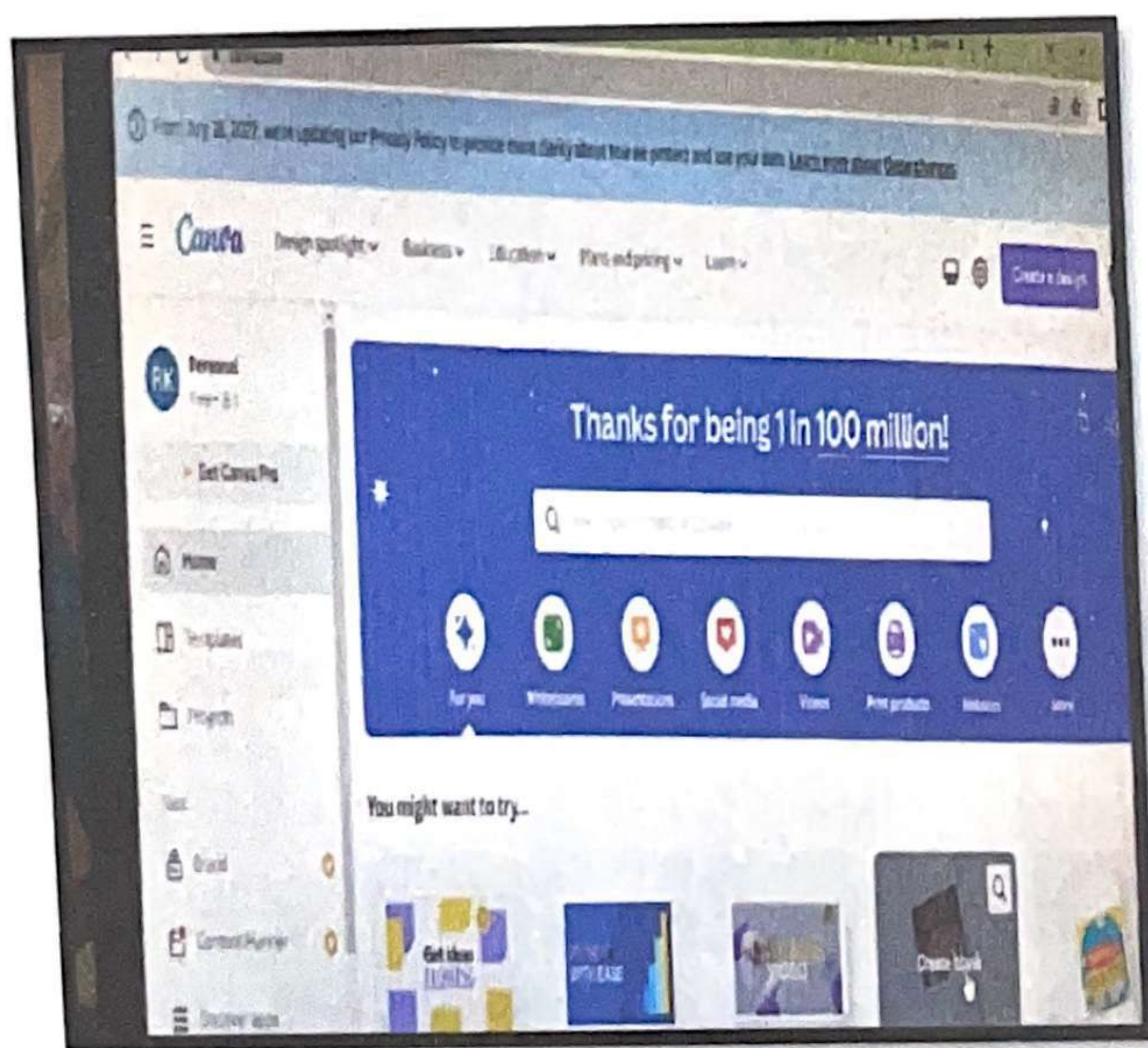
YouTube is an American online video sharing and social media platform. The Website is used to watch millions of videos. These video will clear basic concepts related to study, various working mechanisms, practical exposure, streamline videos, 24 hrs access, etc.





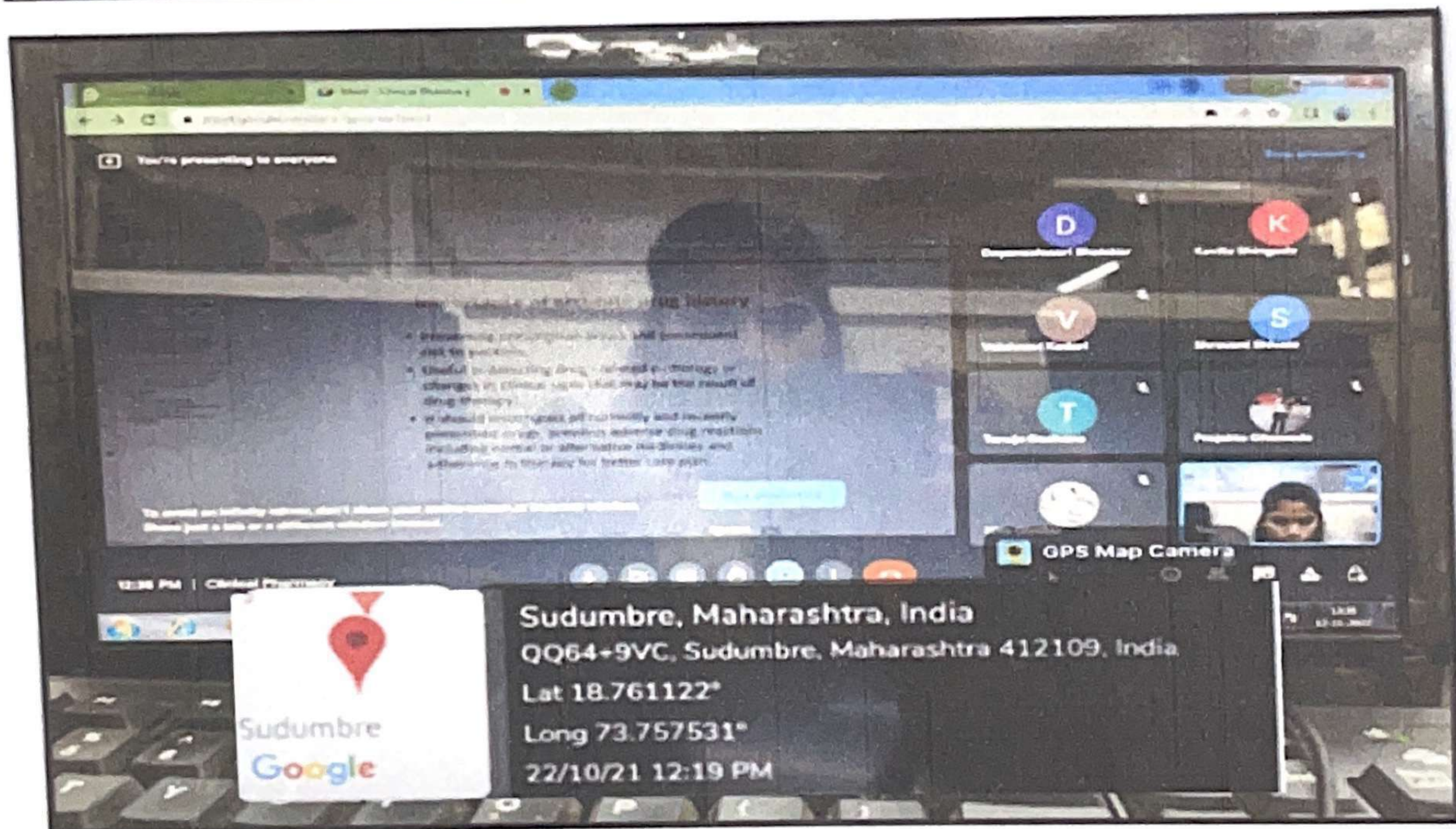
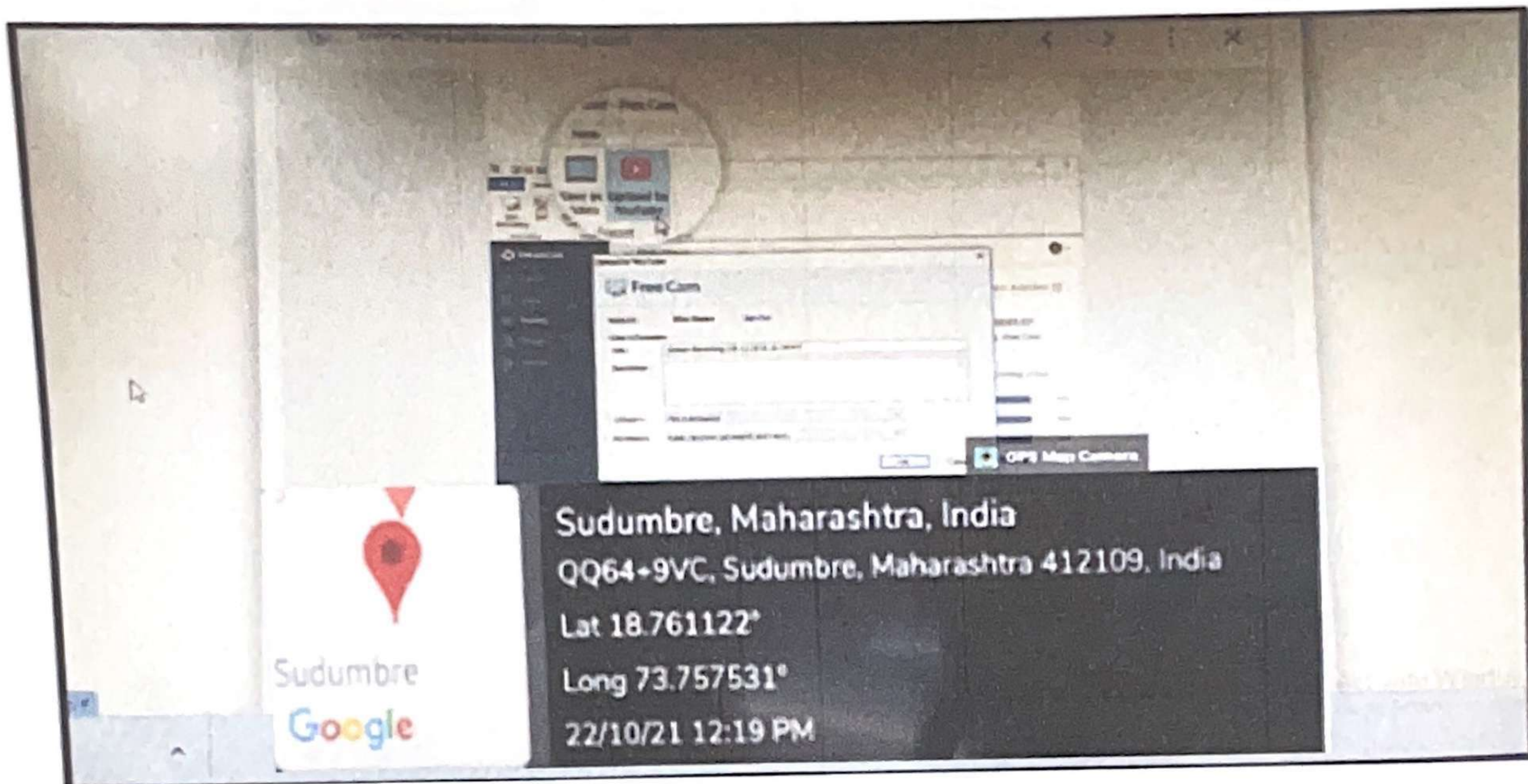
17. ANIMOTO , CANVA

Making flashy video slideshow presentations with Animoto is simple. For teachers trying to engage students in digital story telling Like magic, the site creates a video and publishes it to your Animoto account. The finished product is a modern and engaging presentation that's appealing for students. Once a video is published, users can share the link, grab an embed code, export it to other video sites including YouTube, or download a version to the desktop. New themes for projects and new music tracks, sorted by genre, are added regularly, so there's always something new.



18.FREE CAM

Free Cam tool use for the record the sounds of your programs and applications or add some background music to video. Free Cam videos are limited to 760p resolution when to share video to desktop or 720p for YouTube uploads. Free Cam provides a full set of features for creating professional video lessons and e-Learning presentations. To make video lesson more informative, can easily record a voice over with. The free cam is a popular screen recording tool for mobile and desktop. It may also use for recording videos that too for an unlimited period of time.



Jogdand
Academic in charge
Mrs. Swati Jogdand